

# PHYSICAL MEDICINE AND REHABILITATION (PM&R) PROGRAM

## 2023-2024 Academic Year

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### 4th Year Residents

Class of 2024



#### **Zeke Clemmens, DO**

**Hometown:** Tempe, AZ

**Medical School:** Rocky Vista University College of Osteopathic Medicine-Colorado

**Internship:** Internal Medicine, HonorHealth Thompson Peak Medical Center

**Clinical Interest:** Neurorehab

**Why HonorHealth?** Close to home and family. Great hospital culture. Supportive attendings and staff. Great exposure to a wide variety of clinical environments. Lots of one-on-one time with attendings.

**Fun facts/hobbies:** What are hobbies when you have three kids??? 😊 They keep us busy, but we love the outdoors. We also do a lot with our church. I have tried my hands at few things lately, bee keeping, rainwater harvesting, and gardening.



#### **Samuel Martin, DO**

**Hometown:** Minnetonka, MN

**Medical School:** A.T. Still College of Osteopathic Medicine -Missouri

**Internship:** Internal Medicine, HonorHealth Thompson Peak Medical Center

**Clinical Interest:** General PM&R, with an athletic focus

**Why HonorHealth?** I chose HonorHealth for residency after rotating through the PM&R program as a 4th year medical student. I worked directly with the director of the rehab hospital at the time and was made to feel like part of the team from day 1. HonorHealth prioritizes its residents and fosters an environment in which our voices are heard. The attendings and staff are friendly, knowledgeable, and motivated to teach. HonorHealth's PM&R Residency Program facilitates academic, professional, and personal growth, preparing residents well for the field of PM&R.

**Fun facts/hobbies:** I was born and raised in MN, and believe it or not, do miss the winters. I have been known to make and sleep in quinzhees.

## 3rd Year Residents

### Class of 2025

**Zayd Hayani, MD**

**Hometown:** Burr Ridge, Illinois

**Medical School:** Rush Medical College- Illinois

**Internship:** Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

**Clinical Interest:** Musculoskeletal medicine, Brain injury medicine, Neurorehab

**Why HonorHealth?**

I chose HonorHealth for this program's unique close-knit atmosphere and early exposure to a diverse array of clinical sites with one-on-one mentorship. I also love living in the valley with all the benefits of a metro area in a naturally beautiful setting surrounded by mountains.

**Fun facts/hobbies:** In my free time I love spending time with my family, hiking the summit trail at Piastewa peak, and traveling whenever I can. I'm also an amateur woodworker and have more recently picked up pickleball which is all the rave in Arizona!

**Kurt Herron, DO**

**Hometown:** Joplin, MO

**Medical School:** A.T. Still College of Osteopathic Medicine- Missouri

**Internship:** Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

**Clinical Interest:** General Rehab, Cancer Rehab, Interventional Spine Care

**Why HonorHealth?**

Great opportunities, mentors, and weather

**Fun facts/hobbies:** Hiking with my girlfriend and dog Baloo, training two new puppies we just got, Brazilian jiu-jitsu, traveling, historical and animal documentary, reading, mountain biking

## 2nd Year Residents

### Class of 2026



### **Erik Anderson, DO**

**Hometown:** San Ramon, CA

**Medical School:** Touro University College of Osteopathic Medicine – California

**Internship:** General Surgery, University of California-San Francisco

**Clinical Interest:**

All things physiatry however it was the ability to become a physician who will be uniquely equipped to serve a neurodiverse patient population that inspired me to pursue PM&R.

**Why HonorHealth?** I chose HonorHealth because of the opportunity to work with passionate physiatrists in the only PM&R residency program in the state of Arizona.

**Fun facts/hobbies:** I enjoy getting outdoors in any way that nature allows including snow and water skiing, mountain biking, hiking, etc.



### **Dylan Kassenbrock, DO**

**Hometown:** Phoenix, AZ

**Medical School:** A.T. Still College of Osteopathic Medicine- Mesa

**Internship:** Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

**Clinical Interest:** Traumatic brain injury and musculoskeletal disorders, which I plan on pursuing through residency and beyond.

**Why HonorHealth?** As an Arizona native, I loved the idea of caring for patients in my hometown, close to my family and friends. The program size of HonorHealth allows me to have a closer relationship with my patients and as well as my attendings, which is what drew me to this program. HonorHealth also puts the health and wellness of residents at the forefront, which is an attribute that I found enticing as an incoming resident. I could not be happier to carry on my medical training than I am here at HonorHealth.

**Fun facts/hobbies:** In my free time, I enjoy relaxing with my girlfriend, Krista and golden retriever, Lucy. I continue to write music and build guitar pedals as a hobby. I am passionate about osteopathic medicine and listening to patients



## Haroon Kisana, MD

**Hometown:** Chandler, AZ

**Medical school:** University of Arizona College of Medicine – Phoenix

**Internship:** General Surgery, University of Arizona College of Medicine – Phoenix

**Clinical Interest:** All things PM&R

**Why HonorHealth?** Multiple clinical sites to rotate at, great faculty, and resident centered program. It is also the only PM&R program in Arizona.

**Fun facts/Hobbies:** I enjoy spending time with family/friends, working out, raising farm animals, and learning how to play golf



## Kyle Malek, MD

**Hometown:** Missoula, Montana

**Medical School:** University of Washington School of Medicine-Seattle.

**Internship:** Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

**Clinical Interest:** After my preliminary year with internal medicine, I will continue my training in Physiatry with a clinical interest in Sports Medicine and Chronic Pain/Spine

**Why HonorHealth?** When applying to HonorHealth I was particularly struck by how resident centered the program seemed to be. The small and intimate ratio of students to preceptors was exactly what I was looking for. The staff seemed to truly know their residents and to be fully committed to providing excellent medical training. Honor Health also offers an extremely diverse patient base with opportunities to train under multiple specialists at several different medical centers.

**Fun fact/hobbies:** In my free time I enjoy working with my hands building and creating, whether it is with construction projects or restoring classic vehicles. I also have a passion for tennis and anything that involves a little competition, most recently this has been a small CrossFit obsession