

INTERNAL MEDICINE RESIDENCY PROGRAM

RESIDENTS

CLASS OF 2024



Joseph Lemmons, MD

Medical School: University of Minnesota Medical School

Clinical Interests: My clinical interests are in-hospital medicine as it requires in depth clinical reasoning for the diverse pathologies. Further, I am passionate about leading a medical team that strives to create a dynamic environment for open communication and patient-focused care.

Why HonorHealth? After my interview with Dr. Sall I knew HonorHealth was the place I wanted to be trained at. This program emphasized personalized feedback with rigorous training in the context of a supportive environment. I felt that resident growth and wellbeing are priorities, and this was also extremely important to me. Lastly, I am excited for the warm weather coming from the long winters of MN.



Elaine Murad, DO

Medical School: Burrell College of Osteopathic Medicine at New Mexico State University

Clinical interest: It is my goal to eventually pursue a fellowship in hematology/oncology.

Why HonorHealth? HonorHealth has had an impact on my life on a personal and professional level. Having grown up in the Scottsdale area, my family and I have trusted the HonorHealth healthcare system as patients ourselves over the years. HonorHealth also fostered my initial interest in pursuing medicine as a high school student volunteer when Thompson Peak Medical Center first opened in 2007 and later as a medical scribe at Deer Valley following my undergraduate studies. These firsthand experiences with the physicians in the HonorHealth network have genuinely led me to believe that they are some of the best healthcare providers in our state, and I am looking forward to training and learning from them while serving the community I call home.

Fun facts/hobbies: In my free time, I cherish spending time with my husband and family, hiking with friends, long-distance running, and attempting new recipes in the kitchen.



Chandresh Nandani, DO

Medical School: Arizona College of Osteopathic Medicine of Midwestern University

Clinical Interests: I am leaning towards a future as a hospitalist. However, I also find critical care pathologies fascinating and am considering a fellowship in Pulmonary/Critical Care Medicine.

Academic Accomplishments: I collaborated with the clinical education faculty at my school to update our LGBTQIA+ curriculum and helped host workshops pertaining to LGBT patient care. I was also an Ultrasound TA and worked on research pertaining to ultrasound education. My other research interest involved the implementation of Quality Improvement Projects as a part of the clerkship curriculum for rotating medical students.

Why HonorHealth? I did an audition rotation at Thompson Peak and fell in love with everything about the program. The residents were superb, and it was evident that resident wellness was taken seriously. The standard of care for patients was top-notch and I got to see a huge assortment of clinical scenarios. I left, every day, feeling more energized than when I started and knew that the HonorHealth program was special.



Alec Stanke, DO

Medical School: A.T. Still University of Health Sciences Kirksville College of Osteopathic

Clinical Interest: Going forward in my career I look forward to becoming a hospitalist and advocating for patients who are often going through a stressful situation while admitted. I want to be a jack of all trades, if you will, and take care of all aspects of a person's well-being.

Why HonorHealth? I chose HonorHealth because I truly believe they will prepare me to care for the whole person. My belief in the program is rooted in my vast experience with HonorHealth during medical school, and the interview process where resident wellness was stressed just as much as the education itself.

Fun facts/hobbies: I am originally from Kansas City, Missouri. My wife, Emily, and I have been living in Phoenix for the last two years. This past February we had our first son, Kailo. We are major foodies and love to cook and eat out! Our favorite restaurants are The Henry and Chelsea's Kitchen. I was also accepted into the honor fraternity Sigma Sigma Phi.



Zachary Trotter, MD

Medical School: University of Oklahoma Health Sciences Center

Clinical Interest: I'm interested in global health, and I'm open to all fellowship fields as of now, especially allergy/immunology

Why HonorHealth? My fiancé and I were first interested in Honor Health because of the location and after we realized what a special resident-centered program it was, we were sold!



Aaron Truong, MD

Medical School: University of Arizona College of Medicine – Tucson

Clinical Interest: My clinical interests are in primary care. I hope to serve as a hospitalist or internist where I can continue to practice broadly and continue to expand my knowledge in medicine. I feel as though internal medicine allows me to explore many different pathologies and interests and is an integral role in providing care for the community.

Academic Accomplishments: Published 3 academic manuscripts, taught first year medical students physical exam maneuvers in the teaching in medicine series, several hours of community service in the commitment to underserved people program.

Why HonorHealth? I choose HonorHealth because it was a very welcoming program that was not shy in putting resident wellness first. They were pleasant and cordial during the interview and really gave the impression that they were a truly supportive program. I am excited at the opportunity to work amongst a smaller more intimate cohort that has support from the program and each other to explore our interests.

Class of 2025



Marwah Ahmad, DO

Medical School: Idaho College of Osteopathic Medicine

Clinical Interests: I am currently interested in pursuing a career as a hospitalist. I am passionate about enhancing and promoting medical education and would like to see myself playing a role in an academic setting.

Why HonorHealth? I was drawn to HonorHealth because of their class size, emphasis on medical education, commitment to resident wellness, and overall friendliness during the interview process.

Fun facts/hobbies: My hobbies include reading poetry and attempting to write some (but don't ask me to read anything I write out loud). I enjoy bike riding and hiking, but my passion is drinking iced coffee.



Samier Deen, DO

Medical School: Arizona College of Osteopathic Medicine of Midwestern University

Clinical Interest: Cardiology or hospitalist medicine in an academic setting.

Why HonorHealth? Having completed a sub-internship at Thompson Peak, I was immediately drawn to a system that values collaboration, education, and community so highly. The small class size and superb faculty were other compelling reasons that made choosing this program an easy choice. In addition, having lived in the North Scottsdale area for many years with plans to serve others

in my home community long-term, I felt it was an honor to be a part of a system that would enable me to achieve my goals.

Hobbies/Interests: In my free time, I value spending time with my wife and family, weightlifting, and home improvement projects.



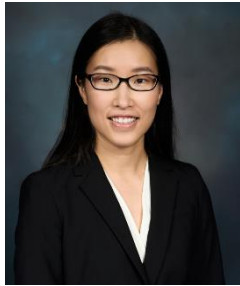
Paul Gilbert, MD

Medical School: Loma Linda University School of Medicine

Clinical Interest: I am interested in point of care ultrasound, and its ability to improve patient care while remaining affordable.

Why HonorHealth: Attending a residency which fostered a positive learning environment was particularly important for me. HonorHealth's emphasis on resident support, wellness, and mentorship made me feel confident in choosing to come here for training.

Fun facts/hobbies: I enjoy large scale projects which challenge me and broaden my skill set. My favorite project was restoring an old Corvette! I also enjoy having the opportunity to connect with people from all walks of life and learn from their unique perspectives.



Julie Lee, DO

Medical School: A.T. Still University - School of Osteopathic Medicine in Arizona

Why HonorHealth? The supportive environment, emphasis on growth, and the kind faculty, staff, and residents stood out to me the most about HonorHealth.

Hobbies/Interests: Running, bike riding, and yoga



Simmi Singh, MD

Medical School: Howard University College of Medicine.

Clinical interests: Quality improvement, preventive medicine, and oncology.

Fun facts/hobbies: I enjoy spending time with my husband, hiking, and yoga. HonorHealth stood out as a cultivating program with a robust academic curriculum and tight-knit group of nurturing faculty and residents.



Alexa Viniotis, DO

Medical School: Western University of Health Sciences College of Osteopathic Medicine of the Pacific Northwest.

Clinical Interest: Include primary care, hematology, immunology, and rheumatology.

Why HonorHealth? I chose the program because of the supportive community where faculty and co-residents value my professional and personal goals.

Fun fact/hobbies: In my spare time, I enjoy vacationing with my family, walking my dog, singing, ballet, and cooking. On occasion, I consult Amazon Echo "Alexa" for advice.

Class of 2026



Jacob (Jake) Harris, MD

Medical School: University of Utah

Clinical Interests: Hematology/Oncology

Why HonorHealth? Was attracted to HonorHealth by its small size, passionate faculty, and family in the area. I also had a great interview experience that left a very good impression on me.

Fun facts/hobbies: I enjoy playing pickleball and tennis, hiking, gardening, playing the piano and cello, and reading. I'm passionate about having good conversations with good people. I was attracted to HonorHealth by its small size, passionate faculty, and family in the area. I also had a great interview experience that left a very good impression on me.



Bradley Poindexter, DO

Medical School: Burrell College of Osteopathic Medicine Las Cruces, NM

Clinical Interest: I chose internal medicine because I plan on working as a hospitalist. I enjoy the inpatient atmosphere and workflow and as a hospitalist, I will be able to care for many types of patients with a wide range of pathologies. I am also interested in clinical informatics; especially as it relates to improving clinical workflows and improving patient outcomes.

Why HonorHealth? I did a sub-internship here as a fourth-year medical student and was impressed with the quality of the residents and attending physicians. I found the "vibe" of the program to be incredibly focused towards professional learning and development without sacrificing a positive environment.

Hobbies and Interests: Watching professional basketball, especially the Phoenix Suns! I also enjoy cooking, doing Pokémon puzzles, and playing tennis with my wife.

Passion: One of my most important passions in life is working towards a growth mindset, especially as it relates to being a lifelong learner, both in my professional and personal life.



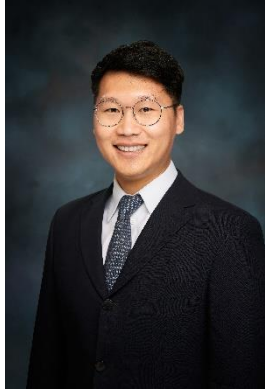
Lorna Rapaich, MD

Medical School: University of Arizona College of Medicine- Phoenix

Clinical Interests: My interests include hospital medicine, POCUS, and pulmonary/critical care.

Why HonorHealth? In addition to being a top-ranked teaching hospital, I was drawn to the program's class size, diverse patient population, and its emphasis on resident wellness.

Hobbies/Interests: In my spare time, I enjoy spending time with my family, watching true crime documentaries, and learning how to cook all of my mother's old recipes.



Michael Son, DO

Medical School: Marian University College of Osteopathic Medicine

Clinical Interests: I want to pursue Hospitalist medicine, but have current interests in fellowships for geriatrics, hospice & palliative, or critical care. Overall, I want to keep an open mind for fellowships.

Why HonorHealth? I was drawn to HonorHealth for its focus on resident teaching and well-being. All the residents, faculty, and staff were friendly and passionate about what they do and made sure that you felt well-supported. They highly focus on developing you into a highly competent and confident physician with growth mindsets.

Hobbies/ Interests: I recently have been really into tennis and rock climbing. Otherwise, I follow football (college and professional), casually play video games, tinker with PCs and electronics, and traveling to other countries.

Passion: I don't have any one specific passion aside from wanting to provide the highest level of care for my patients and maintaining strong camaraderie with my team. I am an avid traveler and hope that I can volunteer and provide medical care in areas of the world that need it.



Alexandra (Ally) Winski, DO

Medical School: A. T. Still University - Kirksville College of Osteopathic Medicine in Kirksville, Missouri.

Clinical Interest: Ally has been passionate about becoming a physician since she was a little kid when her and her twin brother would take turns acting as either the physician or the patient. She feels so fortunate that their dream has become a reality as both her and her brother will be completing their residencies in their home state of Arizona.

Why HonorHealth? As a former patient in this hospital system, HonorHealth was Ally's top choice when applying for residency. Being able to have the opportunity to provide the same great care to her patients that she once received is truly an honor.

Fun facts/hobbies: After residency, Ally is still deciding on whether she wants to work as a hospitalist or complete a fellowship - possibly in critical care. In her free time, she enjoys hiking, ice skating, boating, cooking, photography and spending time with her family, friends, and pets.



Boris Yushuvayev, DO

Medical School: Burrell College of Osteopathic Medicine

Clinical Interest: Cardiology, Hospitalist Medicine

Why HonorHealth? I chose this program because of the warm community presence, strong mentorship opportunities and emphasis on growth mindset for both professional and personal values.

Hobbies/Interests: In my free time I enjoy playing basketball, working out, exploring nature, and traveling to new destinations.

Preliminary – PGY-1

Class of 2027



Daniella Allevato, MD DERM

Medical School: University of California, Irvine School of Medicine

Clinical Interest: Immunodermatology, contact dermatitis, and dermatopathology

Why HonorHealth? Passionate team of educators that care about nurturing our development as physicians, working with our community to promote patient centered care and collaboration. I was also very impressed by the commitment to resident wellness and a creative mindset.

Hobbies/Interests/Passion: I enjoy exploring nature, discovering new plants on my hikes as well as taking care of my garden. When I have the chance, I also love to watercolor, sing, and cook/bake.



Arash Babadjouni, DO DERM

Medical School: Midwestern University – AZCOM

Clinical Interest: Exploring the field of dermatology. I am also passionate about exploring novel therapies for dermatologic disorders through clinical research.

Why HonorHealth? After rotating at HonorHealth, it became clear how much this program offers its trainees. I found most impressive the supportive and collegial environment, outstanding medical and procedural training, and its strong and supportive house-staff.

Hobbies/Interests: When I am not working, I enjoy working out, playing basketball and soccer, snowboarding, making music, and traveling.



Phoebe Johnson, DO PM&R

Medical School: Pacific Northwest University of Health Sciences in Yakima, WA.

Clinical Interests: include point of care ultrasound, sports medicine, and pain management.

Why HonorHealth? The location and small resident class size. I chose HonorHealth because I was so impressed by the close-knit community between the residents and the focus on resident wellness and educational growth.

Hobbies/Interests: I was a competitive swimmer my whole life before competing on my college's triathlon team. I continue to enjoy running and swimming, and love surfing, going on walks, and cooking.

Passion: include mentoring and hanging out with my family and friends.

**Nicholas Olson, DO PM&R**

Medical School: Lake Erie College of Osteopathic Medicine (LECOM)

Clinical Interest: Either pediatric rehabilitation or interventional spine within the field of Physical Medicine & Rehabilitation.

Why HonorHealth? As an Arizona native, I liked the idea of returning home for residency. Not only to be near family and friends but also to give back to the community that raised me. During my interview with Dr. Sall, it was obvious how much she cared for her residents and their well-being during training. I am excited to be joining a tight-knit and supportive program that will give me the tools to succeed as a physician!

Hobbies/Interests: As a dad to 2 young boys, there is never a dull moment in our home! We love playing at parks, swimming, and going out for ice cream. Other hobbies of mine include cooking, going to the gym, and snow skiing.

**Shayne Sumida, MD PM&R**

Medical School: Creighton University and Creighton University School of Medicine, Phoenix Regional Campus.

Clinical Interest: Interventional Pain, Regenerative Medicine, Spinal Cord Injury, Neurorehabilitation and Spasticity Management.

Why HonorHealth? Shayne chose to continue his clinical training at HonorHealth because of the program's supportive culture and dedication to advancing rehabilitation in the Southwest.

Hobbies/Interests: Hiking, snowboarding, and spending time with his dog. He is passionate about community service and enjoys working with Arizona's local disability and neurodiverse populations.