

## Preparing for Surgery Medication Instructions

### The Days Before Surgery

A HonorHealth Pre-Admission nurse will call you before your scheduled surgery. The two of you will review your medical history, the names of your doctors, and any allergies you have. The nurse may have detailed instruction about your medications and your upcoming surgery.

Please be ready to tell the nurse the name and dose of every medication you take. Include **all prescription, non-prescription, herbal medications, vitamins, and supplements**. If you take any of the medications below, please follow the instructions to **avoid delay or cancellation** of your surgery.

- Blood pressure medications.** If you take blood pressure medication, you may need to stop taking it before your scheduled surgery. Please read the following page called *High Blood Pressure (Hypertension) Medication*.
- Blood thinners.** If you take a blood thinner such as **Aspirin, Coumadin®, Heparin®, Xarelto®, Eliquis®, Pradaxa®, or Plavix®**, please ask your surgeon and the doctor who prescribes it if you should stop taking it before surgery.
- Hormones.** If you take a hormone such as **Estrogen** or **Testosterone**, please ask your surgeon and the doctor who prescribes it if you should stop taking it before surgery.
- Diabetes injected medications.** If you inject medication for diabetes, please skip your dose the morning of surgery. Also, ask the doctor who prescribes it if you should stop taking it before surgery.
- Diabetes pills.** If you take oral diabetes medications. Please skip your dose the morning of surgery.
- Vitamins, supplements, or herbal medications.** If you take vitamins, supplements, or herbal medications stop taking them starting **2 weeks** before surgery unless otherwise instructed by your surgeon.
- Diet pills or weight loss pills.** If you take diet pills or weight-loss pills, stop taking them starting **2 weeks** before surgery.
- Over-the-counter pain medications.** If you take over-the-counter pain medication such as **Motrin®, Advil® or Aleve®**, stop taking it **1 week** before surgery. **Exception:** Tylenol® (acetaminophen). It is OK to continue taking Tylenol® (acetaminophen).
- Opioid dependence medications.** If you take Opioid (narcotic) dependence medications such as **Suboxone®** (Buprenorphine/naloxone) this needs to be tapered before surgery. Do not stop taking it abruptly. Call your prescribing physician for instructions on how to do this safely.

#### References:

American Society of Anesthesiologists. Retrieved from <https://www.asahq.org/>

Anesthesia Patient Safety Foundation. Retrieved from <https://www.apsf.org/news-updates/page/2/>

## High Blood Pressure (**Hypertension**) Medications

If **general anesthesia** is planned for your surgery this can interact with some types of blood pressure medications. If you take one of these medications on your day of surgery, your blood pressure could get dangerously low.

Please look at the list below for the names of blood pressure medication you take. If your medication is on the list, stop taking the medication **24 hours before surgery**. Note: This applies to the medications **only** as they are listed in the **combinations** below. If your medication is **not** on the list, **continue to take it as usual**.

<u>Drug</u>	<u>Trade Name</u>	<u>Drug</u>	<u>Trade Name</u>
Accupril	Quinapril	Fosinopril	Monopril
Accuretic	Quinapril with HCTZ	Fosinopril with HCTZ	Monopril HCT
Aceon	Perindopril	Irbesartan	Avapro
Amlodipine with benazepril	Lotrel	Irbesartan with HCTZ	Avalide
Amlodipine with HCTZ <b>and</b> Olmesartan	Tribenzor	Lisinopril	Prinivil or Zestril
Amlodipine with HCTZ <b>and</b> Valsartan	Exforge HCT	Lisinopril with HCTZ	Zestoretic or Prinizide
Aliskiren with Valsartan	Valturna	Losartan	Cozaar
Altace	Ramipril	Losartan with HCTZ	Hyzaar
Azilsartan	Edarbi	Moexipril	Univasc
Azilsartan with Chlorthalidone	Edarbyclor	Moexipril with HCTZ	Uniretic
Benazepril	Lotensin	Olmesartan	Benicar
Benazepril with HCTZ	Lotensin HCT	Olmesartan with Amlodipine	Azor
Candesartan	Atacand	Olmesartan with HCTZ	Benicar HCT
Candesartan with HCTZ	Atacand HCT	Sacubitril/Valsartan	Entresto
Capoten	Captopril	Telmisartan	Micardis
Captopril with HCTZ	Capozide	Telmisartan with Amlodipine	Twynsta
Cliazapril	Inhibace	Telmisartan with HCTZ	Micardis HCT
Enalapril	Vasotec	Trandolapril	Mavik
Enalapril with Felodipine	Lexxel	Trandolapril with HCTZ	Tarka
Enalapril with HCTZ	Vaseretic	Trandolapril with Verapamil	Tarka
Eprosartan	Teveten	Valsartan	Diovan
Eprosartan with HCTZ	Teveten HCT	Valsartan with Amlodipine	Exforge
		Valsartan with HCTZ	Diovan HCT