



NAIL SERVICES

- Spa Manicure - \$25
- Gel Manicure - \$35
- Gel Manicure Removal - \$5

- Healthy Dip - \$45 (Powder Dip Gel Manicure)
- Healthy Dip Removal - \$10

- File, Buff and Polish, Hands or Feet - \$15

- Repairs - \$5
- Nail Art - \$5
- Chrome add-on - \$10



- Deluxe Pedicure with Warm Stone Massage - \$65
- Spa Pedicure - \$55
- Express Pedicure - \$35
- Paraffin Hand or Foot Treatment - \$10

WAXING SERVICES

- Lip, Brow, or Chin - \$15
- Lip and Brow - \$25
- Lip, Brow and Chin - \$40
- Full Face - \$45
- Lash or Brow Tint - \$15



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|--------------------------|--------------------------------|
| Full Leg - \$60 | Full Arm - \$30 |
| Half Leg - \$45 | Half Arm - \$20 |
| Full Leg & Bikini - \$75 | Underarm - \$20 |
| Bikini - \$30 | Buttock, Back, or Chest - \$45 |
| Brazilian Bikini - \$55 | Ear or Nose wax - \$10 |

Please ask about any other waxing areas of your needs

EYELASHES

- Lash Extensions Full Set - \$140
- Lash Extensions Half Set - \$75
- 2 Week Lash Fill - \$50
- 3 Week Lash Fill - \$75
- Latisse Lash Growth Formula - \$175
- Lash Removal - \$45
- Lash Lift - \$50
- Lash Tint - \$15

WELLNESS AND FITNESS

- Fitness Day Pass - \$5
- Monthly Membership - \$20

ESSENTIAL TOUCH PACKAGES

The Pregnancy Touch \$180
Prenatal Massage, Express Facial and Spa Pedicure

Build Your Own \$15 Off
Choose 3 one-hour treatments and receive \$15 off your total bill

The Perfect Touch \$215
Essential Touch Massage, Essential Touch Facial, Spa Manicure and Spa Pedicure

The Ultimate Touch \$295
Jojoba Body Polish, Warm Stone Massage, Essential Touch Facial and Spa Manicure and Pedicure

* Ask us about our Seasonal Monthly Specials.

WELCOME TO HONORHEALTH, YOUR PARTNER IN CARE

HonorHealth was formed by a merger between Scottsdale Healthcare and John C. Lincoln Health Network. HonorHealth's mission is to improve the health and well-being of those we serve. The healthcare system encompasses:

Five acute-care hospitals:

- HonorHealth Deer Valley Medical Center.
- HonorHealth John C. Lincoln Medical Center.
- HonorHealth Scottsdale Osborn Medical Center.
- HonorHealth Scottsdale Shea Medical Center.
- HonorHealth Scottsdale Thompson Peak Medical Center.

Specialized patient care:

- Breast Health and Research Center.
- Greenbaum Specialty Surgical Hospital.
- Heart and Vascular Institute.
- HonorHealth Virginia G. Piper Cancer Care Network, Medical Group.
- Piper Surgery Center.
- Rehabilitation Hospital.
- Research Institute.
- Sonoran Health and Emergency Center.
- Virginia G. Piper Cancer Center.
- Virginia G. Piper Pediatric Center of Excellence - Children's Emergency Center.
- Extensive specialty care physician practices, outpatient treatment and surgery centers, medical imaging and much more.

Foundation and community services:

- Adult Day Healthcare.
- Desert Mission Food Bank.
- HonorHealth Foundation.
- Lincoln Learning Center.
- Neighborhood Renewal Center.
- Neighborhood Outreach Access to Health.

Together, we can make quality care more personal and accessible. Learn more at HonorHealth.com.



HonorWellness

ESSENTIAL TOUCH

Wellness Center and Boutique

HONORHEALTH®

HONORHEALTH®



Whether you're experiencing the stress of an illness or injury or seeking a respite from your day-to-day pressures, HonorHealth's Essential Touch Wellness Center offers a calm place to refresh and restore yourself.

You can enjoy a range of healing therapies – from massages and pedicures to facials and body wraps, among other services – to give you a sense of serenity and rejuvenation. HonorHealth offers these services both to patients as in-room treatments and in our wellness center.

Our Boutique offers a variety of quality health and medical products. Specialty items for pregnant women and new mothers include breast pumps, pump rental and supplies, nursing bras, as well as infant necessities.

All proceeds go to support Women's & Children's Services. No gratuity is accepted.

MASSAGE

Essential Touch Therapeutic Massage
Light to medium pressure

30 minutes - \$55
60 minutes - \$85
75 minutes - \$95
90 minutes - \$105

(Series available)

Chair Massage
\$1 per minute (Maximum 20 minutes)
Reflexology (30 minutes) - \$55
Parent Infant Massage Instruction - \$60

SPECIALTY MESSAGES (60 minutes)

Hot Stone Massage - \$100
Pre/Post Natal - \$90
Deep Tissue - \$90
Lymphatic Drainage - \$80
Fascia Toning (75 min) - \$100
Fascia Toning Add-On - \$15
(1-2 areas only)
Cupping Add-On - \$15



FACIALS

Essential Touch Signature Facial (60 minutes) - \$85
Essential Express Facial (30 minutes) - \$55
Deep Pore Treatment Facial (60 minutes) - \$90
Back Refresher Facial - \$85

ANTI-AGING & SPECIALTY FACIALS (60 minutes) \$100

Caviar & Pearl, Youth Timeless
Luma Firm Lighten, Brighten, & Tighten
Vita C Quench Oxygenating
Anti Free Radical Moisturizing
Rosacea Relief
Make-Up Application - \$50



BODY TREATMENT THERAPIES

Seasonal Body Wrap (60 minutes) - \$90
Jojoba Body Polish (30 minutes) - \$65



AIRBRUSH TANNING

Single session - \$25
Series of five - \$100
Upper or lower body only - \$12

PHYSICIANS CHOICE PEELS (30 minutes) \$100

Acne Corrective
Pigment Control
Smoothing Anti Aging
(Series Available)

MICRODERMABRASION (30 - 45 minutes)

Face - \$95
Face & Neck - \$105
Face, Neck & Décolleté - \$130
Microderm add on to Peel or Facial - \$40
(Series Available)
Dermaplane - \$65
Dermaplane add-on to peel or facial - \$40

ESSENTIAL TOUCH WELLNESS CENTER FEATURING ANTI-AGING MENU

Botox Rejuvenation	\$11 per unit
Juvederm XC Plus Rejuvenation	\$525 first syringe \$950 for 2
Voluma	\$750 first syringe \$1400 for 2
Volbella	\$450 first syringe \$750 for 2
Vollure	\$625 first syringe \$1200 for 2
PCA Skin Care	
Physicians Choice Corrective Peels.....	\$100

HonorHealth Employees, Volunteers and Physicians receive 10% off all services

Please call 480-323-3655 or visit HonorHealth.com/spa to book your appointment.
9003 E. Shea Blvd., Scottsdale, AZ 85260
HonorHealth Shea Medical Center, 1st Floor