

DERMATOLOGY RESIDENCY PROGRAM

2020-2021 Academic Year

4th Year Residents

Class of 2021



Heidi Mullen, DO

Medical Education: Midwestern University – Arizona College of Osteopathic Medicine

Dr. Heidi E.K. Mullen joined HonorHealth/Affiliated Dermatology as a resident physician in July of 2018 after completing a General Surgery Internship at Maricopa Integrated Health System, a Level 1 Trauma Center, in Phoenix, Arizona. She earned her undergraduate degree from the University of California at San Diego in Biochemistry and Cell Biology. After a career in the biotechnology industry, she decided to pursue a medical degree at Midwestern University/ Arizona College of Osteopathic Medicine, where she graduated in May 2017. She will complete her dermatology training at Affiliated Dermatology in 2021. Professional memberships include American Academy of Dermatology, American Medical Association, American Osteopathic Association, Sigma Sigma Phi Honor Medical Society, and American Osteopathic College of Dermatology.

3rd Year Residents

Class of 2022



Lydia Shedlofsky, D.O.

Medical Education: Lake Erie College of Osteopathic Medicine

Dr. Shedlofsky joined HonorHealth Dermatology Residency Program in July of 2019 after completing a traditional rotating internship at Larkin Community Hospital in Miami, Florida. She is a native of Lexington, Kentucky but completed her undergraduate degree in Biology at Guilford College in Greensboro, North Carolina. After graduation she moved to Beira, Mozambique and worked as a research assistant and intern at a free clinic. She completed a Post-Baccalaureate program and subsequently earned a Masters in Medical Education and her Doctorate of Osteopathic Medicine from the Lake Erie College of Osteopathic Medicine. She is excited to join the Arizona community, and is slowly acclimating to the heat.



Brigitte Sledge, DO

Medical Education: Texas College of Osteopathic Medicine

Dr. Sledge began her residency training with HonorHealth/Affiliated Dermatology in July 2019. She received her bachelor of science degree in Biology from Southwestern University in Georgetown, TX. She then spent one year at UNT Health Science Center earning a master's of medical science degree before completing medical school at Texas College of Osteopathic Medicine in Fort Worth, TX. Dr. Sledge then trained at Sky Ridge Medical Center in Lone Tree, Colorado where she completed her medical internship.

In addition to caring for patients, Dr. Sledge likes to play sports including softball as well as play with her French Bulldog Coco.

2th Year Residents

Class of 2023



David Baltazar, DO

Medical Education: Western University of Health Science

Dr. Baltazar joined HonorHealth/Affiliated Dermatology as a resident in July of 2020 after completing a Preliminary Medicine Internship with HonorHealth in Scottsdale, AZ. He earned his undergraduates degree from University of the Pacific in Stockton, CA. Afterwards he completed his Doctorate in Physical Therapy from University of the Pacific and worked as a Physical Therapist for 7 years. After deciding to pursue medicine, he completed his medical degree at Western University of Health Sciences in Lebanon, OR, where he graduated with honors in May of 2019.

Dr. Baltazar enjoys spending time with his family, cooking, and Brazilian jiu-jitsu.



Michael McBride, DO

Medical Education: Ohio University Heritage College of Osteopathic Medicine

Dr. McBride began his residency with HonorHealth/Affiliated Dermatology in 2020. He was born and raised in Cleveland, Ohio and completed his Bachelor of Science degree in Biology from The Ohio State University. He went onto receive his Doctorate of Osteopathic Medical Degree from Ohio University. He finished his medical internship at Riverside Methodist Hospital in Columbus, Ohio. Dr. McBride choose dermatology to interact with a variety of patient ages, treat a vast array of complex medical diseases, and perform many different procedures.

In his free time, he enjoys running, golfing, and staying active