

Balance and Vestibular Center Patient Intake Form

Name: _____ Age: _____ Today's Date: _____

Home Phone: _____ Cell Phone: _____

Email address: _____ Best way to contact: Home__ Cell__ Email__

Describe the major problem or reason you are seeing us:

When did your symptoms begin? _____

Did your symptoms begin gradually ___ or suddenly ___?

Do you experience any of the following? ___ dizziness ___ vertigo ___ spinning
 ___ lightheadedness ___ nausea ___ vomiting

If you have spinning, do you see the room spin or do you feel yourself spin?

___ room spinning ___ self spinning

How long do your symptoms last? Seconds ___ Minutes ___ Hours ___ Days ___

If your symptoms are episodic, do you feel free of symptoms between episodes? Yes ___ No ___

Y N If yes, please describe

Do you experience a spinning sensation? What movements or positions cause it?			
Do you experience a feeling of being off balance?			
Are you more off balance in the dark?			
Are you more off balance on uneven surfaces?			
Have you had "near falls?"			
Have you fallen to the ground?			
Have you injured yourself due to your symptoms?			
Do you stumble, stagger, or side-step while walking?			
Do you drift to one side when walking? To the right or left?			

Are you currently experiencing any of the following?

Y N

Y N

Spinning sensation?			Severe or recurrent headaches		
Nausea and/or vomiting			Fainting when dizzy		
Fullness and/or pressure in ears			Lightheadedness		
ringing in ears			Weakness/clumsiness in arms/legs		
Change in hearing			Confusion/memory loss		
Double, blurry, or jumping or lag in vision			Dizziness when standing up quickly		



Medical History (Check yes or no)

	Y	N		Y	N
Diabetes			Meniere's Disease		
Heart Disease			Head Injury		
Pacemaker/Defibrillator			Seizures		
High or Low Blood Pressure			Stroke		
Arthritis			TIA		
Migraine			Back Trouble		
Depression			Whiplash or neck trouble		
Anxiety			Motion sensitivity		
Hearing Problems			Visual problems		
Cancer			Parkinson's Disease		
Breathing trouble			Other (please explain)		

Have you had any of the following?

	Y	N	Date		Y	N	Date
Ear surgery				Heart Surgery			
Neck surgery				CT Scan			
Back surgery				VNG			
Leg surgery				MRI			

Have you been in an accident? Yes ___ No ___

If yes, describe _____

What medications do you take? _____

Have you taken any of the following medications for your dizziness/imbalance?

	Y	N		Y	N
Meclizine (Antivert)			Diphenhydramine (Benadryl)		
Scopolamine (Transderm Scop patch)			Dimenhydrinate (Dramamine)		
Diazepam (Valium)					

Social History

Occupation _____

Do you have stairs in your home? Yes ___ No ___ If so, how many? _____

Do you smoke? Yes ___ No ___ If yes, how much per day _____

Do you drink alcohol? Yes ___ No ___ If yes, please indicate how much _____

What recreational activities do you do on a regular basis? _____

What are your goals for therapy? _____

Patient signature: _____ Date: _____