

HOSPICE AND PALLIATIVE MEDICINE FELLOWSHIP PROGRAM

CLASS OF 2021



Sarah Salama, DO

Residency: Internal Medicine – Philadelphia College of Osteopathic Medicine

I grew up in Virginia where I went to undergraduate at the University of Virginia and medical school at Edward Via College of Osteopathic Medicine. I studied Bioethics and Religious Studies in college. I spent a lot of my childhood with my church community and travelling on mission trips with my parents, which sparked my interest in Medicine. I continued to complete residency in Philadelphia in Internal Medicine. Hospice and Palliative Medicine has been a fellowship I have been interested in since residency and find so important for patients and families. HonorHealth has been a great workplace and is somewhere I would like to continue to grow professionally.

I have always enjoyed traveling and experiencing new cultures but locally, I enjoy finding new restaurants and local coffee shops to try. When the weather allows, I will spend my time outdoors hiking. Family is very important to me and I am spending as much time as possible with my niece and nephew.



Oliver "Grey" Waldrop, MD

Residency: Family Medicine - University of Mississippi Medical Center

I am originally from Mississippi and I earned my Bachelor of Science in Biology from Pepperdine University. I then earned my medical degree from the University of Mississippi Medical Center and subsequently completed residency in Family Medicine at the University of Mississippi Medical Center. During my residency, I served as Chief Resident and was awarded the George Lally Bevill Memorial Fellowship in Family Medicine. I have practiced as a hospitalist in Mississippi and Arizona for a number of years, which I have always found special interest in hospice and palliative care, recognizing the important role that this area of medicine plays in improving the quality of life of patients and families. I have chosen to further my training at HonorHealth, because of HonorHealth's outstanding faculty and

commitment to the community.

I enjoy singing and songwriting. I am an active member of the praise choir and First United Methodist Church of Phoenix. I also enjoy home improvement projects and spending time with my family.

CLASS OF 2022



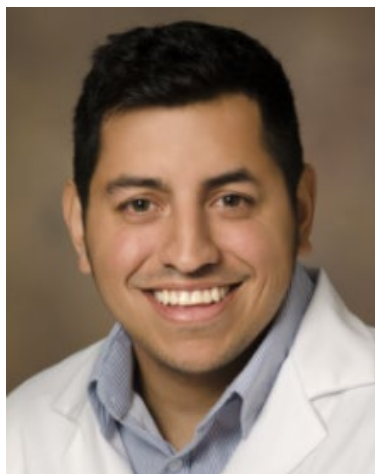
Jonathan Theriot, DO

Residency: Internal Medicine – HonorHealth

I grew up in the picturesque city of Santa Barbara, CA, and attended one of the best city colleges in the nation, Santa Barbara City College. With the beach as my classroom, I studied criminal justice, got certified as an emergency medical technician and began working in the emergency department. I transferred to UC Santa Barbara, where I majored in the classics with an emphasis in Greek and Roman culture. After college, I accepted a position continuing my work in the hospital, which fatefully led my family and I to Phoenix, AZ. I studied biomedical science in graduate school and completed medical school at Midwestern University. I was fortunate enough to stay in town longer when I was accepted into residency at HonorHealth for internal medicine.

Some of my achievements in residency training include participating in several quality improvement projects aiming to improve advance directive utilization in the outpatient clinics. I have led a great debate on examining the pros and cons of cardiopulmonary resuscitation in the elderly and conducted journal clubs exploring the end-of-life wishes of retirees. I hold a variety of clinical interests, from critical care, toxicology and addiction medicine, to high quality transitional care, primary care and geriatrics. The most meaningful moments in my training have occurred while befriending, learning from, and caring for the terminally ill and dying. It is my hope that further training in hospice and palliative medicine will give me the specialized tools to better the field of end-of-life care.

My journey would not have been possible alone. I owe everything to my wife and children, whom are my pillars of strength, resilience and joy. When we have time off together, you will find us exploring our world, Phoenix weather permitting.



Joshua Sifuentes, MD, MPH

Residency: Internal Medicine - University of Arizona

I earned my Bachelor of Science from New Mexico State University and my Master of Public Health also from New Mexico State University. I then earned my medical degree from University of New Mexico and subsequently completed by Internal Medicine residency at University of Arizona – Tucson. I have practiced as a hospitalist in Arizona and Texas for the last year. Over the last year I have gained a special interest in Hospice/Palliative care. I believe that this particular field of medicine improves quality of health not only for patient's but their families as well. I chose Honor Health because of the faculty and the comradery that I felt on interview day. I especially liked that it was a newer program and I would have the opportunity to help mold the program.

I enjoy spending time with friends and family. I enjoy running and looking forward to joining running groups/clubs in Phoenix.