

# HONORHEALTH PELVIC HEALTH PHYSICAL THERAPY

## What to expect with your referral to Pelvic Floor Physical Therapy:

- HonorHealth has eight Doctors of Physical Therapy at seven locations throughout the valley that specialize in Pelvic Floor Physical Therapy.
- Your evaluation with one of the specialists listed below will take place in a private treatment room at one of our outpatient therapy locations for optimal privacy and comfort as we know these topics are very personal.
- Common diagnoses treated with Pelvic Floor Physical Therapy:
  - Bowel and Bladder Dysfunctions
  - Pelvic Pain and Pelvic Floor Dysfunction
  - Dyspareunia
  - Post-Partum Pain and Dysfunctions
  - Pelvic Organ Prolapse
  - Pre- and Post-Prostatectomy
- Plan to wear comfortable clothing as an examination may be indicated following the discussion with your therapist regarding the history of your symptoms.
- Please reach out to the clinic directly to speak with one of our therapists if you have any further questions prior to your initial visit.

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