

Lecture/Lab Outline for HonorHealth Orthopedic Residency Program

1. Orientation to Residency Program and Subjective History Lecture
2. Evidence Based Practice and Clinical Reasoning Lecture
3. Medical and Vestibular Screening Lectures
4. Lumbar Spine and Sacroiliac Joint Lecture
5. Thoracic Spine and Ribs Lecture
6. Cervical Spine Lecture

7. SPINE LAB

8. Temporomandibular Joint Lecture
9. Hip Lecture
10. Knee Lecture
11. Ankle/Foot and Gait Lecture

12. LOWER EXTREMITY LAB

13. Shoulder Lecture
14. Elbow, Wrist, Hand # 1 Lecture
15. Elbow, Wrist, Hand # 2 Lecture

16. UPPER EXTREMITY LAB

17. Regenerative Rehabilitation Lecture
18. Pain Science Lecture
19. Case Studies and Preparing for OCS Lecture