

## **2022-2023 HonorHealth Orthopaedic Residency Faculty Staff**

### **Kelly Chavez-Allen PT, CHT, CLT-LANA**

#### **Lecture Faculty Member**

Dr. Chavez-Allen graduated from the University of Arizona with a BS in Physiological Sciences in 1998 and then continued on at Northern Arizona University in Flagstaff, AZ where she was awarded a Doctor of Physical Therapy degree in 2001. Early in her career Kelly developed a passion for treating upper extremity injuries and this lead her to become a Certified Hand Therapist (CHT) in 2007 through the Hand Therapy Certification Commission. Kelly began working at HonorHealth in 2011 as a hand therapist and a faculty member of the HonorHealth Orthopaedic Residency Program. Kelly is a member of several professional organizations, the American Physical Therapy Association, the Hand Therapy Section, and the American Society of Hand Therapists. Kelly excels at fabricating splints and treating patient with traumatic injuries, chronic pathologies, and post-operative patients. Outside of work Kelly enjoys spending time with her husband and daughters.

### **Daniel Cooper PT, DPT, OCS**

#### **Lecture Faculty Member**

Dr. Cooper earned his undergraduate degree in Communication from Arizona State University. He later graduated from Midwestern University receiving a Doctorate in Physical Therapy. After a short stint at Wickenburg Community Hospital, he accepted a position at HonorHealth in 2017. Dan successfully passed the OCS exam in 2018 and began a Fellowship in Orthopaedic Manual Physical Therapy at Regis University in 2019. Dan is certified in dry needling and his clinical interests include treating the spine and vestibular conditions. He is a member of the APTA, the Orthopaedic Section, and the American Academy of Orthopaedic Manual Physical Therapists. Dan enjoys spending time with his family, learning, and skateboarding.

### **Maggie Chamberlain, PT, DPT, OCS**

#### **Lecture Faculty Member**

Dr. Maggie Chamberlain graduated with a BS in Human Physiology from Gonzaga University in Spokane, WA in 2106 and continued on to Creighton University in Omaha, NE where she received her Doctorate of Physical Therapy in 2019. Maggie then stayed in Omaha to pursue orthopedic residency at Creighton University in 2019-2020. Maggie moved to Arizona shortly after where she began working at HonorHealth and earned her Board Certification in Orthopedics (OCS). She currently works at the Bob Bove Neuroscience Institute primarily treating patients with orthopedic spine conditions. While living in Omaha, Maggie served as adjunct faculty at Creighton University for musculoskeletal lab courses and plans to continue this with the opening of a Creighton campus in Phoenix. During her career as the physical therapist, Maggie has developed passions for treating underserved populations, promoting generalized health and wellness, educating patients with chronic pain utilizing pain neuroscience education, return to sport training, and interprofessional care coordination. Outside of the clinic, Maggie enjoys hiking, traveling, knitting, and watching Gonzaga basketball.

### **Michelle Cornwell PT, MPT**

#### **Lecture Faculty Member**

Michelle Cornwell graduated from Northern Arizona University in 1991 with a BS in Exercise Science. She earned her Master's degree in Physical Therapy from Northern Arizona University in 1994. Her credentials include Advanced Certification of Competency in Vestibular Rehabilitation. Michelle's clinical expertise involves treating patients suffering from neurological and vestibular disorders. Treatment focus includes but is not limited to unilateral/bilateral vestibular loss, Benign Paroxysmal Positional Vertigo (BPPV), vestibular migraine, post-concussive syndrome and general imbalance. Michelle enjoys regular exercising, cake decorating and spending time with her husband and two boys

### **Dalton Derthick, PT, DPT, OCS, CSCS**

#### **Lecture Faculty Member**

Dr. Dalton Derthick graduated from the University of Toledo with a Bachelor's degree in Exercise Science and then completed his Doctorate of Physical Therapy at A.T. Still University in 2017. During his studies he was able to pursue his Strength and Conditioning specialty certification in 2016 and later obtained Board Certified Orthopedic Clinical Specialty in July of 2020. Dalton has had experience with treating a multitude of demographics ranging from professional athletes to general population, which now makes up his primary orthopedic caseload at HonorHealth's John C. Lincoln location as a staff therapist. Dalton is a believer in the innate ability of the body to heal which has led to his strong interest in persistent pain and factors that should be considered. In Dalton's free time he enjoys weight training, playing and watching sports such as basketball and golf, as well as spending time with his girlfriend Jacqueline and their dog.

### **Evan Hansen PT, DPT, OCS, FAAOMPT**

#### **Lecture Faculty Member**

Dr. Evan Hansen graduated with a Bachelor's degree in Science and Health Sciences as well as his Doctorate of Physical Therapy from Creighton University in 2013. He then completed Creighton's orthopedic residency program where he earned his Board Certification in Orthopedics (OCS) and published research utilizing hand-held dynamometry. After residency he went on to complete a fellowship in manual therapy in San Antonio through The Manual Therapy Institute in 2018. He is member of the APTA and American Academy of Orthopedic and Manual Physical Therapists (AAOMPT). Evan has served as adjunct faculty for Creighton University's Doctor of Physical Therapy program and currently teaches at A.T. Still University's Doctor of Physical Therapy Program as adjunct faculty in their musculoskeletal courses. Prior to moving to Phoenix in 2019 to work for HonorHealth, he served as Clinical Mentor for Creighton University's Orthopedic Residency Program. Clinically Evan utilizes an eclectic combination of manual therapy and movement system impairment model to diagnose and treat complex patient presentations. He also has an interest in pain neuroscience education and treatment of runners utilizing gait analysis and retraining.

### **Griffin Lee PT, DPT, OCS, FAAOMPT**

#### **Lecture Faculty Member**

Dr. Lee attended Arizona State University where he received a BS degree in Kinesiology. He then attended Duke University where he earned his Doctor of Physical Therapy degree in 2010. Following graduation from Duke, Griffin completed the Scottsdale Healthcare Orthopaedic Residency program. He went on to complete a fellowship program in manual therapy in 2014

through The Manual Therapy Institute. Griffin is a board certified clinical specialist (OCS). He is an APTA certified clinical instructor, certified in dry needling, and trained in instrument assisted soft tissue mobilization (IASTM). Griffin's clinical interests include evaluation and treatment of lumbar and cervical spine disorders, including headaches. Griffin is a member of the APTA, the Orthopaedic Section, and the American Academy of Orthopaedic Manual Physical Therapist (AAOMPT). Griffin serves as adjunct faculty for Midwestern University Doctor of Physical Therapy program.

**Jennifer Hinsberger PT, DPT, CSCS, OCS, PMA-CPT**  
**Clinical Faculty Member**

Ms. Hinsberger has her BS from University of Arizona in Nutritional Sciences and Exercise Physiology, and her Masters of Physical Therapy from Wichita State University. Jennifer has been treating orthopedic and sports injuries since 1996. Jennifer has been certified as a strength and conditioning specialists (CSCS) through the National Strength and Conditioning Association since 1997 and nationally certified (PMA-CPT) in Pilates Training through the Pilates Method Alliance since 2007. She focuses on movement impairments and postural corrections to improve the economy of motion, reduce pain, and improve function. She utilizes manual skills to treat joint and soft tissue restrictions and neuromuscular re-education to improve each person's coordination and strength. Jennifer values each client and encourages reaching for optimal outcomes. Jennifer lectures in the HonorHealth Orthopaedic Residency with special focus on hip pathology, sacroiliac dysfunction, and Movement Impairment Syndromes. Jennifer has been part of the American Physical Therapy Association House of Delegates representing the physical therapy voice of Arizona in with the goal of improving the profession. She has been an APTA member since 1993 and has served on the House of Delegates for the ATPA. Outside of work, she enjoys cycling, swimming, and functional training. She also enjoys travelling for Fencing tournaments and mixed martial arts tournaments with her husband and two children.

**Margaret Klausing PT, DPT, MSCI, OCS, CCI**  
**Director of Orthopaedic Residency**  
**Lecture Faculty Member**

Dr. Maggie Klausing graduated from Washington University in St. Louis in 2012 with her Doctorate in Physical Therapy and Masters in the Science of Clinical Investigation. She then completed the Scottsdale Healthcare Orthopedic Residency Program in 2013 and obtained her board certification as an Orthopedic Specialist in 2014. Margaret is well versed in the Movement System Impairment approach and utilizes manual interventions as well to facilitate recovery for individuals with various orthopedic conditions. Margaret is a member of the American Physical Therapy Association Orthopedic Section and Arizona Physical Therapy Association. She is also an active member of the American Board of Physical Therapy Specialties Academy of Content Experts in the field of orthopedics. Margaret is director of the orthopedic residency program as well as staff therapist at the Thompson Peak Outpatient Therapy Services location. In her free time, she enjoys swimming, yoga, going to concerts and spending time with her husband, Jonathan, daughter Sadie, son Ethan and their 2 pets.

**Alyson N Lowrey, PT, DPT, OCS**  
**Clinical Faculty Member**

Dr. Lowrey attended the University of New Mexico where she received a BA degree in Psychology in 2011. She then attended the University of New Mexico school of Medicine to earn her Doctor of Physical Therapy degree in 2014. Following graduation from UNM, Alyson completed the HonorHealth Orthopaedic Residency program in 2015 and became a board certified orthopedic specialist (OCS) in 2016. She is an APTA certified clinical instructor and is certified in dry needling. Alyson's clinical interests include evaluation and treatment of lumbar and cervical spine disorders, foot and ankle disorders, and clinical instruction. She is a member of the APTA and the Orthopedic Section.

**Kenzie Petersen PT, DPT, OCS, CSCS**

**Lecture Faculty Member**

Dr. Petersen is a graduate of Florida State University where she earned her Bachelor of Science degree in business management while obtaining prerequisites for physical therapy school. She attended Nova Southeastern University's Doctor of Physical Therapy program while obtaining her certified strength and conditioning specialist certification in her 3rd year. Interested in an orthopedic residency, Dr. Petersen sought out orthopaedic physical therapy residency programs that had a large focus in manual therapy and became a graduate of Honor Health's Orthopaedic Residency program in 2016. Since graduating, Dr. Petersen became a Board-Certified Specialist in Orthopaedics while specializing in Temporomandibular Joint Dysfunctions and continuing to practice at Honor Health. She also has joined Midwestern University's Doctor of Physical Therapy program as adjunct faculty assisting in lab for Biomechanics, Kinesiology and Musculoskeletal courses and lecturing for the Temporomandibular Joint. Clinically, Dr. Petersen enjoys using movement science principals, manual therapy techniques, and pain science education to evaluate, treat and empower patients. She is passionate about her work, family and friends and also enjoys being involved in her church, working out, hiking, and anything relating to the Florida State Seminoles.

**Benjamin Stern MS, DPT**

**Lecture Faculty Member**

Dr. Stern received his Doctorate in Physical Therapy from Duke University in Durham, North Carolina. Prior to attending Duke, Ben received his Master's Degree in Exercise Physiology from Western Washington University in Bellingham, WA. In addition to helping coach a local high school soccer team, working with local golfers, performing research and occasionally writing articles for ESPN Rise, Ben takes special interest active individuals of all levels. He has published articles in multiple journals and books, including "Orthopedic Physical Examination Tests: An Evidence-Based Approach", the British Journal of Sports Medicine and JAMA. Ben has written multiple grant proposals and his research has been funded by NIH. He has also been awarded a patent. His research interests include the application of nonlinear approaches and complex systems dynamics to non-contact injury prediction, diagnostic accuracy and outcomes research. In addition to seeing patients at Honor Health, Ben is an assistant professor in the School of Medicine, Dept. of Physical Therapy at Tufts University.

**Cindy Wissink-Ghost PT, MPT, FAAOMPT**

**Clinical Faculty Member**

Cindy Wissink-Ghost PT, MPT, FAAOMPT obtained her Bachelor's degree in Special Education and Rehabilitation from the University of Arizona in Tucson and her Master's in

Physical Therapy from the University of Southern California in Los Angeles, CA in 1993. She has worked for Honor Health Outpatient Therapy Services for over 20 years of her PT career. Cindy has furthered her education by following a track of continuing education in the area of manual therapy and has completed her training and had obtained her Fellowship in Manual Therapy (FAAOMPT) through The Manual Therapy Institute in 2017. She has worked full time in the outpatient orthopedic setting for most of her career and has been a clinical instructor for therapy students of all levels and has been a lab instructor at in the AT Stills Physical Therapy program early in her career.