

Implementation Plan 2019 – 2021





Confidential and Proprietary © 2019 Sg2 | Sg2.com

# **Executive Summary**

### About HonorHealth John C. Lincoln Medical Center

With 262 beds, this hospital serves North Central Phoenix, is a leader in robotic and scarless surgery and offers extensive cardiac imaging and heart services.

An American College of Surgeons-verified Level I trauma center serving severely injured patients, the hospital also provides a care program for trauma patients age 60 and older.

The hospital is a cardiac arrest center certified by the Arizona Department of Health Services and a primary stroke center. Other services include medical/surgical care; intensive care unit; cardiovascular intensive and progressive care; cardiac, orthopedic and cardiac surgery; neurosurgery; urology; neurology; reconstructive surgery, and inpatient and outpatient medical imaging.

On the campus are:

- inpatient and outpatient rehabilitation services
- an outpatient surgery center
- a satellite Breast Health and Research center
- a general surgery residency program

#### Purpose of Implementation Strategy

This implementation strategy has been prepared in order to comply with federal tax law requirements set forth under Internal Revenue Code section 501(r) requiring hospital facilities owned and operated by an organization described in Code section 501(c) to conduct a community health needs assessment (CHNA) at least once every three years and adopt an implementation strategy to meet the community health needs identified through the community health needs assessment.

### Needs Addressed in Implementation Strategy

As a result of the needs identification and prioritization framework described in the community health needs assessment, hospital and community leadership prioritized five health needs, all of which will be addressed in HonorHealth's implementation strategy:

- Mental Health (including substance abuse and homelessness)
- Access to Care
- Chronic Diseases
- Access to Healthy Food/Food Insecurity
- Maternal and Child Health (including domestic violence)

While still important to community health, other identified needs received lower priority scores from system and community leadership, due in part to a lack of alignment with HonorHealth's resources, service offerings, or vision as a healthcare provider. As such, these needs will not be addressed directly by HonorHealth. However, HonorHealth will continue to refer community members to appropriate existing community resources to meet these needs, which include unintentional injury, poverty, vaccine-preventable disease, early childhood education, sexual health, access to dental care, public transportation and language barriers.

# Implementation Strategies

## Mental Health

| Objective  | Anticipated Impact   | Metrics   | Programs and<br>Resources<br>Committed   | Collaboration   | Hospital                          |
|--|--|---|--|---|-----------------------------------|
| Partner with<br>community<br>behavioral health<br>providers                      | Increase access to behavioral<br>health and substance abuse<br>services through referral to<br>Neighborhood Outreach Access<br>to Health (NOAH), Circle the City<br>and other community partners | Number of referrals for<br>behavioral health and<br>substance abuse<br>services; number of<br>adults receiving mental<br>health counseling at<br>NOAH | Case manager and other staff resources   | NOAH and other<br>community<br>behavioral health<br>providers | All HonorHealth<br>Hospitals      |
| Integrate behavioral<br>health screenings<br>into primary care                   | Improve early detection of<br>depression by administering the<br>PHQ-9 questionnaire on an<br>annual basis at HonorHealth<br>medical group practices   | Number of adults<br>screened for depression<br>per year; Number of<br>people diagnosed with<br>depression in the primary<br>care setting per year     | HonorHealth<br>medical group and<br>Innovation Care<br>Partners (ICP) staff<br>resources | ICP, NOAH   | All HonorHealth<br>Hospitals      |
| Support senior<br>adults with cognitive<br>impairment or<br>mental health issues | Provide a socially interactive and<br>enriching environment for seniors<br>with cognitive impairment issues<br>at the Adult Day Healthcare<br>Center   | Number of member visits annually  | Financial support<br>and staff resources   | HonorHealth<br>Desert Mission<br>and Adult Day<br>Health Care | John C. Lincoln<br>Medical Center |

### Access to Care

| Objective  | Anticipated Impact  | Metrics  | Programs and<br>Resources<br>Committed | Collaboration  | Hospital                          |
|--|---|--|--|--|-----------------------------------|
| Strengthen<br>partnerships with<br>NOAH and<br>community-based<br>facilities and<br>programs to improve<br>consumer access<br>points to care | Improve access to primary care<br>and behavioral health services;<br>prevent avoidable readmissions;<br>reduce inappropriate hospital<br>utilization for care that is better<br>managed in primary care through<br>the Hospital-to-NOAH program | Number of hospitalized<br>patients referred to<br>NOAH or Circle the City;<br>average length of days<br>from hospital discharge to<br>follow-up appointment;<br>time to first appointment<br>for new patients; number<br>of clients referred to<br>eligibility services and<br>NOAH clinics                              | Staff resources                        | NOAH, Desert<br>Mission, Circle<br>the City  | All HonorHealth<br>Hospitals      |
| Address economic<br>barriers to accessing<br>care through<br>financial coaching<br>and employment<br>services (Living Well<br>program)       | Help individuals develop financial<br>management strategies and self-<br>sufficiency through quality<br>employment  | Number of individuals<br>assisted; number of<br>financial health classes<br>provided; number of jobs<br>readiness classes<br>provided; number of jobs<br>filled; number of people<br>with increase in net worth<br>and improved FICO<br>score; number of patients<br>receiving eligibility<br>assistance through<br>NOAH | Staff resources                        | Desert Mission<br>Living Well<br>Program, St.<br>Joseph the<br>Worker, Human<br>Resources, LISC,<br>NOAH | John C. Lincoln<br>Medical Center |
| Increase urgent care<br>locations for<br>HonorHealth<br>Medical Group  | Improve access to care for low<br>acuity emergent healthcare<br>needs; reduce inappropriate<br>hospital utilization for care that is<br>better managed in primary care  | Number of urgent care<br>locations; number of<br>urgent care visits  | Staff resources                        | HonorHealth<br>Medical Group   | All HonorHealth<br>Hospitals      |
| Expand<br>telemedicine<br>capabilities and<br>access   | Improve access to primary care<br>and behavioral health services;<br>prevent avoidable readmissions;<br>reduce inappropriate hospital<br>utilization for care that is better<br>managed in primary care   | Number of telemedicine<br>visits   | Staff resources                        | HonorHealth<br>Medical Group   | All HonorHealth<br>Hospitals      |

| Expand behavioral<br>health capabilities<br>and access through<br>construction of<br>behavioral health<br>hospital | Improve access to behavioral<br>health services; increase number<br>of behavioral health beds;<br>decrease time to service | Development of new<br>behavioral health<br>hospitals | Staff resources | UHS | All HonorHealth<br>Hospitals |
|--|--|--|-----------------|-----|------------------------------|
|--|--|--|-----------------|-----|------------------------------|

## Chronic Diseases

| Objective  | Anticipated Impact   | Metrics  | Programs and<br>Resources<br>Committed   | Collaboration  | Hospital  |
|--|--|--|--|--|---|
| Provide individuals<br>diagnosed with or at<br>risk for diabetes with<br>education classes at<br>the HonorHealth<br>Diabetes Center and<br>the "Community<br>Classroom" at<br>Desert Mission | Increase awareness and<br>education to adults about how to<br>prevent and self-manage<br>diabetes  | Number of adults<br>receiving diabetes self-<br>management education;<br>number of adults<br>participating in cooking<br>demonstrations; number<br>of adults participating in<br>group diabetes education<br>classes in partnership<br>with NOAH | Diabetes Center<br>financial and staff<br>resources;<br>Community<br>Classroom at Desert<br>Mission                                    | HonorHealth<br>Medical Group,<br>NOAH, Desert<br>Mission | Scottsdale Shea<br>Medical Center,<br>John C. Lincoln<br>Medical Center |
| Provide health<br>screenings for heart<br>disease, cancer,<br>other chronic<br>diseases and stroke   | Increase early detection of<br>chronic diseases and connect<br>clients with eligibility services and<br>NOAH medical services                                | Number of adults and<br>children receiving<br>recommended chronic<br>disease and stroke<br>screenings  | Virginia G Piper<br>Cancer Center<br>screening initiatives;<br>additional chronic<br>disease screening<br>resources; Desert<br>Mission | HonorHealth<br>Medical Group,<br>NOAH, Desert<br>Mission | All HonorHealth<br>Hospitals<br>*(Virginia G. Piper<br>Cancer Center)   |
| Scale and<br>continuously<br>improve Innovation<br>Care Partners (ICP)<br>care coordination for<br>chronic diseases  | Increase resources deployed to<br>clinics to manage patients with<br>high risk conditions and chronic<br>diseases, while facilitating<br>transitions in care | Total volume of patients<br>receiving care<br>coordination services;<br>Number of eligible<br>patients seen after<br>discharge   | Innovative Care<br>Partners staff<br>resources   | Innovation<br>Care Partners                              | All HonorHealth<br>Hospitals  |

| Access | to | Healthy | Food / | Food | Insecurity |
|--------|----|---------|--------|------|------------|
|--------|----|---------|--------|------|------------|

| Objective  | Anticipated Impact   | Metrics   | Programs and<br>Resources<br>Committed                  | Collaboration   | Hospital                     |
|--|--|---|---|---|------------------------------|
| Offer a variety of<br>programs to<br>address food<br>insecurity and<br>nutrition at Desert<br>Mission Food Bank<br>and NOAH          | Desert Mission Food Bank:<br>Provide monthly emergency food<br>packages, reduced price grocery<br>items, monthly food packages for<br>newborns, Snack Packs for low-<br>income children, and nutritional<br>education/cooking and seasonal<br>gardening classes. Complete<br>eligibility screenings for WIC and<br>SNAP to help clients access<br>nutrition assistance. Distribute<br>and sell "wellness baskets" at<br>Desert Mission Food Bank.<br>Participate in the Double Up<br>Food Bucks offering incentives<br>for SNAP purchases.<br>NOAH: Implement social<br>determinants of health<br>screenings, including food<br>insecurity, with referral to<br>services | Number of emergency<br>food boxes provided;<br>number of Snack Packs<br>provided to schools;<br>number of clients<br>served; number of<br>nutritional education and<br>cooking classes<br>provided; number of<br>gardening classes<br>provided; number of<br>Granite Reef Senior<br>Boxes delivered;<br>number of wellness<br>baskets distributed;<br>amount of Double Up<br>coupons redeemed;<br>number of patients<br>receiving nutrition<br>assistance in integrated<br>model; number of<br>individuals screened at<br>NOAH for social<br>determinants of health<br>and referred to services | Desert Mission<br>financial and<br>staff resources      | Desert Mission<br>Food Bank, NOAH   | All HonorHealth<br>Hospitals |
| Offer fresh, local<br>produce at cost for<br>employees and<br>patients at all<br>HonorHealth<br>cafeterias<br>(Farmstand<br>program) | Increase access to healthy food,<br>reduce chronic disease and<br>readmission rates, and send a<br>strong message to the<br>community that "food is medicine"  | Number of individuals<br>participating; number of<br>pounds of produce<br>purchased   | HonorHealth<br>and Desert<br>Mission staff<br>resources | HonorHealth<br>Culinary Service<br>Department;<br>numerous local<br>Arizona farms | All HonorHealth<br>Hospitals |

| Support community    | Increase sustainability and       | Number of individuals | Desert Mission  | Desert Mission      | John C. Lincoln Medical |
|----------------------|-----------------------------------|-----------------------|-----------------|---------------------|-------------------------|
| gardens in the       | quantity of community gardens,    | attending gardening   | staff resources | Food Bank,          | Center                  |
| Sunnyslope           | leading to improved access to     | classes; number of    |                 | Maricopa County     |                         |
| neighborhood by      | healthy foods                     | gardens               |                 | office of Nutrition |                         |
| providing garden     |                                   |                       |                 | and Physical        |                         |
| and nutrition        |                                   |                       |                 | Activity; Lincoln   |                         |
| education and        |                                   |                       |                 | Learning Center,    |                         |
| technical assistance |                                   |                       |                 | Sunnyslope          |                         |
|                      |                                   |                       |                 | Manor, Keep         |                         |
|                      |                                   |                       |                 | Phoenix Beautiful   |                         |
| Provide healthy      | Improve access to heart-healthy   | Number of food boxes  | HonorHealth     | N/A                 | John C. Lincoln Medical |
| food boxes to        | food and identify food insecurity | provided; number of   | financial and   |                     | Center, Scottsdale      |
| cardiovascular       | among cardiovascular patients at  | patients screened for | staff resources |                     | Osborn Medical Center   |
| patients upon        | John C. Lincoln Medical Center    | food insecurity       |                 |                     |                         |
| discharge            | and Scottsdale Osborn Medical     |                       |                 |                     |                         |
|                      | Center                            |                       |                 |                     |                         |

# Maternal and Child Health

| Objective   | Anticipated Impact  | Metrics   | Programs and<br>Resources<br>Committed   | Collaboration   | Hospital                          |
|---|---|---|--|---|-----------------------------------|
| Offer quality<br>education and<br>screenings in a safe<br>and healthy<br>environment at the<br>Lincoln Learning<br>Center, as well as<br>through partnership<br>with NOAH | Increase access to early care,<br>education and developmental<br>screenings for children from the<br>ages of 6 weeks to 12 years  | Number of children<br>receiving early care and<br>education; number of<br>children assessed for<br>kindergarten; number of<br>children receiving tuition<br>assistance; number of<br>children receiving vision,<br>hearing, and<br>sensory/developmental<br>screenings; number of<br>children receiving free<br>physicals, screenings,<br>and immunizations<br>provided by NOAH | Desert Mission staff<br>time and financial<br>resources; NOAH  | Desert Mission<br>Food Bank,<br>Lincoln Learning<br>Center, NOAH,<br>Foundation   | John C. Lincoln<br>Medical Center |
| Provide specialized<br>care for women<br>experiencing trauma<br>through the<br>HonorHealth<br>Forensic Nurse<br>Examiner Program  | Improve physical and<br>psychological well-being of<br>women and children affected by<br>sexual assault, sex trafficking,<br>domestic violence and other<br>forms of trauma in Maricopa<br>County | Number of medical-<br>forensic exams provided;<br>number of screenings for<br>human trafficking<br>provided; number of<br>mental health screenings<br>provided; number of<br>referrals to NOAH  | HonorHealth<br>forensic nurse<br>resources (6 staff<br>forensic nurses, 2<br>full-time nursing<br>supervisors,<br>approximately 20<br>on-call forensic<br>nurses); grant<br>provided for victim<br>advocates | Law enforcement<br>agencies, victim<br>advocates, crisis<br>intervention<br>specialists, Child<br>and Adult<br>Protective<br>Services | All HonorHealth<br>Hospitals      |

| Partner with local<br>schools to teach<br>classes on healthy<br>behaviors to prevent<br>pediatric trauma   | Improve youth awareness of<br>alcohol, drugs, risk taking<br>behaviors, seatbelt usage and<br>distracted driving. | Number of classes<br>taught; number of youth<br>receiving education on<br>healthy behaviors and<br>trauma prevention | HonorHealth staff<br>and educational<br>resources | Local school<br>districts in the<br>area of our three<br>Level One<br>Trauma Centers | Deer Valley<br>Medical Center,<br>Scottsdale<br>Osborn Medical<br>Center, John C<br>Lincoln Medical<br>Center |
|--|---|--|---|--|---|
| Provide<br>comprehensive<br>maternal and<br>prenatal care with<br>the addition of<br>midwives to meet<br>the adapting<br>demands of the<br>community |   | In devel   | lopment   |  |   |