

AMPUTEE AND PROSTHETIC THERAPY

People experiencing limb loss require rehab before and after a prosthetic fitting, as well as throughout their journey as amputees. Outpatient physical therapy takes place after hospital/rehab stay and should be scheduled prior to discharge.

At HonorHealth, we:

- Have therapists at four different locations across the Valley who serve as prosthetic rehab professionals. They have studied amputee gait and adaptive sports, and understand the challenges, possibilities and potential issues.
- Offer continuous care with the same team throughout the rehab process and coordination with your care team.
- Perform functional evaluations to optimize prosthetic billing, ensuring you get the best possible equipment.
- Provide managed care that prevents unnecessary hospital visits.

Rehab topics

- Incision management, contracture prevention, balance training, core stability, transfer safety, coping skills, finding a prosthetist, pre-gait strengthening, fall prevention and recovery training, and return to running/sports

What to expect

- Safe but challenging workouts that focus on achieving your goals (plan to wear clothes you can work out in).

Our providers

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