BARIATRIC SURGERY TIMELINE

Bariatric surgery involves more than just your scheduled procedure date. There are pre- and postoperative steps that need to be followed to ensure long-lasting weight loss success. That's why we have created this helpful timeline to guide you throughout your journey. From day one and beyond, our Bariatric Center team is here to support you.





- Contact your insurance to verify coverage.
- Call you to schedule your initial consultation.



Recovery time in hospital may vary depending on which procedure you get.



- Schedule one-year follow-up.
- Attend support groups. (offered twice monthly).

1-7 DAYS

14 - 21 DAYS

2 - 7 MONTHS

1 - 3 DAYS

SIX MONTHS AFTER

ONE YEAR AFTER

- Watch seminar.
- Fill out new patient packet.
- Send in new patient packet.



- Get preoperative tests/labs done.
- Attend your initial consultation appointment.
- Schedule psychiatric evaluation.
- Attend monthly medically supervised weight loss sessions (one to six sessions depending on your insurance).
- Submit completion of medically supervised weight loss to insurance for surgery approval.
- Schedule surgery.

- Schedule follow-up visits:
 - One week after
 - ▶ Two months after
 - ▶ Six months after
- Attend a postoperative group educational class one week after.
- Attend support groups. (offered twice monthly).



