

FAMILY MEDICINE RESIDENCY PROGRAM

FACULTY



Cynthia L. Kegowicz, MD
Program Director

Dr. Kegowicz is a Board-Certified Family Physician who grew up in upstate New York and attended Georgetown University where she received a Bachelor Science degree in nursing and subsequently attended Georgetown University School of Medicine.

Dr. Kegowicz completed her Family Medicine residency training at HonorHealth as a Chief Resident, followed by a Faculty Development Fellowship at the University of Arizona. Dr. Kegowicz joined the residency faculty in 1999 and has remained committed to the program's excellence in education; as evidenced by her multiple teaching awards over the past two decades. She is an assistant professor of clinical family and community medicine at the University of Arizona College of Medicine-Phoenix and is an adjunct assistant professor for Midwestern University Arizona College of Osteopathic Medicine.

Dr. Kegowicz's passion for resident education and excellence in clinical care made her transition to Program Director in 2011 an easy one. She participates on multiple local and regional committees supporting education, healthcare disparities, and high-quality patient care. In November 2019, Dr. Kegowicz was named Associate Designated Institutional Official for HonorHealth. In this role, she assists with the oversight of new residency and fellowship programs at HonorHealth and the institutional clinical learning environment. Dr. Kegowicz is thrilled to be a leader in graduate medical education in the ever-changing healthcare and educational environments.

Dr. Kegowicz's clinical interests include women's health, adolescent medicine, pediatrics, and preventive care. She has established a loyal patient following over the past 25 years and still maintains an active clinical practice. Her husband, Alex Onofrei, MD, is also a graduate of the HonorHealth Family Medicine Residency Program. They are the proud parents of Megan, their college aged daughter and Sadie, their yellow Labrador, and Maverick, their chocolate Labrador puppy. Dr. Kegowicz's hobbies include cooking, trying new restaurants, shopping, and travel.



Dmitry Bisk, MD
Associate Program Director

Dr. Bisk is a Board-Certified Family Physician who grew up in Walnut Creek, CA. He completed his undergraduate degree at California Polytechnic State University and received his medical degree from Ross University School of Medicine. After medical school, he moved to Arizona and completed his residency training with HonorHealth. During his time as a resident, he was elected Resident Association President. In his final year of training, he served as Chief Resident and was awarded Resident Teacher of the Year.

Following residency, Dr. Bisk joined the HonorHealth medical group where he practiced comprehensive outpatient medicine. Dr. Bisk transitioned into a full-time Associate Director role in 2017. His clinical interests include preventative care, chronic disease management, population health, and informatics. In 2019, he completed a Faculty Development Fellowship through the University of Arizona. His scholarly activity in population health, resident well-being, and medication assisted treatment for opioid addiction has been accepted to numerous national conferences.

Dr. Bisk and his wife, Shiloah, have two daughters, Matilda and Quinn. He loves to spend time with his family and their multiple pets. He enjoys traveling, trying new restaurants, cooking, drinking coffee, and rooting for his hometown basketball team, the Golden State Warriors.



Andrea Darby-Stewart, MD
Associate Program Director

Dr. Darby-Stewart completed her medical education at UCLA and her Family Medicine Residency training at Mayo Clinic Arizona. She has extensive experience in graduate medical education; having served several years as residency faculty and subsequently as a Family Medicine Program Director at both Mayo Clinic Arizona and Dignity Health in Phoenix, AZ. Dr. Darby-Stewart was previously an Associate Director of the Family Medicine Residency program at HonorHealth prior to her transition into the Program Director position at Dignity Health. Dr. Darby-Stewart returned to her position in 2014 after serving in medical administrative roles at Dignity Health and Banner Health system.

Dr. Darby-Stewart's clinical interests have evolved to include care for transgender youth and adults, facilitated group visits (Centering) for diabetes, clinical patient safety, and enhancing the patient experience and physician joy in practice.

In addition to her extensive graduate medical education experience, Dr. Darby-Stewart brings several other skills to her Associate Director position including population health management, scholarly activity, a regional/national presence with several healthcare organizations, and a true passion for medical education and excellence in patient care.

Dr. Darby-Stewart is married to her high school sweetheart, a Phoenix Firefighter, and has two teenage sons. She is an avid hiker and reader, and has a long-standing yoga and meditation practice.



Darlene Moyer, MD
Associate Program Director

Dr. Darlene Moyer graduated from Lycoming College with a Bachelor of Science degree in biology and attended George Washington University School of Medicine. She completed both her family medicine residency at HonorHealth and a faculty development fellowship at the University of Arizona in 2008.

During her early career Dr. Moyer spent three years working as a hospitalist at HonorHealth while also teaching for the Family Medicine Residency program in both the inpatient and outpatient settings. Dr. Moyer became a full-time Associate Director in 2011 and subsequently completed the Society of Teachers of Family Medicine Emerging Leaders Fellowship.

Her clinical interests include hospital-based medicine, geriatrics, chronic disease management and medical simulation training. She oversees the residency inpatient teaching service and actively participates in multiple HonorHealth committees related to inpatient care. In addition, she serves as the physician chair for the HonorHealth Faculty Development Committee and the co-chair of the HonorHealth Network Simulation Committee.

In her free time Dr. Moyer enjoys spending time with her husband, two daughters, and two dogs. Her hobbies include hiking, traveling, reading, painting and spending time outdoors.



Richard Rutkowski, MD
Associate Program Director

Dr. Rutkowski rejoined the faculty of HonorHealth Family Medicine Residency in 2013. A native of Illinois, he graduated with honors from the College of the University of Chicago, received his MD degree from the University of Chicago Pritzker School of Medicine, and completed a family medicine residency at Hinsdale Hospital in Illinois, where he served as chief resident.

Dr. Rutkowski practiced in the Chicago suburbs and also was involved in resident education before moving to Arizona in 2001. He provided direct patient care and taught medical students and resident physicians at HonorHealth from 2001 to 2009.

For the next four years, Dr. Rutkowski was a Senior Associate Consultant in the Department of Family Medicine at Mayo Clinic - Arizona and an instructor in Mayo Medical School. He is a Clinical Assistant Professor of Family, Community and Preventive Medicine as well as a member of the Doctoring Faculty at University of Arizona College of Medicine - Phoenix and is board-certified by the American Board of Family Medicine.

In June, 2013, Dr. Rutkowski returned to HonorHealth. His medical interests include preventive medicine, office procedures, patient education, and the business aspects of medical practice. Dr. Rutkowski also serves as a medicolegal consultant for the defense in professional liability litigation and is an active volunteer in several community organizations. He is married and has two adult children.



Alethea Turner, DO, FAAFP
Associate Program Director

Dr. Alethea Turner is a Board-Certified Family Physician who was raised in Arizona. She graduated from the University of Arizona earning a Bachelor of Science in Physiology and minors in Chemistry and Journalism. Dr. Turner completed her Family Medicine residency at HonorHealth in 2012, where she served as chief resident and won multiple awards.

After completing residency, Dr. Turner worked in a group practice where she provided a wide spectrum of care to her patients. In 2017 she returned to HonorHealth and the Family Medicine Residency program as an Associate Director. Dr. Turner has since completed a Faculty Development Fellowship through the University of Arizona, and has earned the Degree of Fellow from the American Academy of Family Physicians.

Her interests include preventive medicine, population health, physician wellness, and reducing disparities in healthcare. Dr. Turner also has an enthusiasm for medical journalism and the promotion of evidence-based medicine and health equity. She is devoted to making healthcare more inclusive and believes that this starts with education and embracing diversity.

Dr. Turner is married and has one child. She enjoys travel, music, dance, and design. Outside of work, she is happiest spending time with her family and friends.



Samuel Tytler, MD
Associate Program Director

Dr. Tytler was born in Lagos, Nigeria, and moved to Arizona at a young age with his family. He completed his undergraduate degree in Biomedical Engineering at Arizona State University and received his medical degree from Ross University School of Medicine. He then moved to Indiana, where he completed residency training in a combined Internal Medicine and Family Medicine program at St Vincent Hospital. He is board certified in both Family Medicine and Internal Medicine. Dr. Tytler completed a Faculty Development Fellowship at the University of Arizona – Phoenix in May 2020.

Dr. Tytler has broad interests in Family Medicine including global health, obstetrics, underserved medicine, pediatrics, and hospital medicine. His approach to medicine is to provide comprehensive and holistic care to his patients, and to help reduce the gap in healthcare disparities. He believes that high- quality medical and specialty care should not be limited by socioeconomic status.

He enjoys traveling, learning about different cultures, international mission trips, hiking, playing tennis, and spending time with his family. He has 7 siblings and a lot of nephews and nieces.



Javier Zayas-Bazan, MD
Associate Program Director

Dr. Zayas-Bazan attended the University of Nevada, Las Vegas, where he received a Bachelor of Science degree in biology. He attended the University Of Nevada School Of Medicine, then moved to Arizona and completed his Family Medicine residency training at HonorHealth, serving as chief resident during his final year. He earned multiple clinical accolades during this time and has since completed a Faculty Development Fellowship through the University of Arizona.

Since completing his residency training in 2008, Dr. Zayas-Bazan worked in Tennessee, helping to stabilize a struggling hospitalist program before moving back to Arizona at the completion of his wife's fellowship training. He continued his work as a hospitalist and began teaching HonorHealth Family Medicine residents on the inpatient teaching service before transitioning to a full-time Associate Director position in 2012.

Since his arrival, Dr. Zayas-Bazan has nurtured his love of hospital medicine while also feeding his other passions – caring for the underserved and addressing health disparities, primarily food insecurity. Outside of work, he enjoys cooking, spending time with his wife, Kristina, and their three children, Lilliana, Gabriella and Benjamin. He's also a huge football fan.

Program Coordinators



Stephanie Sanders
Family Medicine Program Coordinator

Stephanie Sanders is a native of Arizona and began her career as a Certified Medical Assistant with Phlebotomy. Stephanie joined HonorHealth two years ago; working at a HonorHealth Medical Group site with our Internal Medicine Residency Program. She played an integral role in the residency's continuity clinic scheduling, patient experience, and quality initiatives. Stephanie transferred in March 2021 to the Family Medicine Residency Program as residency coordinator. Stephanie's enthusiasm, commitment to excellence, and superior communication skills perfectly align with our program's dedication to exemplary resident education and patient care. In her spare time, Stephanie enjoys spending time with her husband, Ray, family and enjoys party planning, crafting, etc.



Raquel Dominguez
Family Medicine Program Coordinator

Raquel Dominguez is our new Program Coordinator supporting both our Family Residency Program and Graduate Medical Education in the Department of Academic Affairs.

Raquel earned her Bachelor's Degree from Colangelo College of Business at Grand Canyon University and has experience working in public and non-profit organizations. After completing her undergrad, Raquel worked in the non-profit organization Boys and Girls Club of Metro Phoenix for 5 years and was a Program Manager at the end of her tenure with experience managing up to 16 full time and part time employees at a time. She cherishes creating relationships and impacting the lives of today's youth and tomorrow's future.

Thereafter, she joined the Undergraduate Medical Education field by working for The University of Arizona College of Medicine - Phoenix for nearly 4 years in Academic Affairs supporting the Clinical Curriculum for year 3 medical students. As a Coordinator at UAZ she enjoyed being a part of the future of medicine and building a network of relationships across various specialties with faculty in Arizona and New Mexico. Raquel is an Arizona native who is a first generation Mexican-American and finds joy in traveling and spending time with loved ones.