

## HOSPICE AND PALLIATIVE MEDICINE FELLOWSHIP PROGRAM

### Fellows

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#### CLASS OF 2023



**Bethany Rose Jackson, DO**

Residency: Utah Valley Hospital

Medical School: Lincoln Memorial University

I was born and raised in the Seattle, Washington area where I spent much of my childhood in the woods and outdoors. I attended undergraduate college at Central Washington University, where I studied biology, chemistry and math which solidified my interest in medicine. I then spent time overseas doing aide work in rural Uganda and Sierra Leone before attending medical school at Lincoln Memorial University, an Osteopathic school in East Tennessee. Additionally, during my medical school training I pursued an education in business, and completed by Masters of Business Administration. I then continued my medical training at Utah Valley Family Medicine Residency in Provo, Utah. During my residency I became interested in Hospice and Palliative Medicine. The things that drew me to this field are the collaborative approach Hospice and Palliative

Medicine takes, and the meaningful relationships you develop with patients and their families. HonorHealth stood out to me as an ideal place to continue my training because of the comprehensive experience they are able to provide, and because of the warm, inviting staff and faculty.

Outside of medicine I enjoy spending time with friends and family as well as many hobbies. I enjoy traveling and all outdoor activities, particularly running, bicycling, hiking, backpacking and camping.



**Kristina Silke Lundeen, MD**

Residency: University of Pittsburgh

Medical School: Munich Technical University

I grew up in a small town right outside of Frankfurt. I then went on to medical school at Technical University in Munich, Germany until I decided to trade the Bavarian mountains for the Appalachians and the steep hills of Pittsburgh. During my medical school I was interested in research, which helped me in my interim position as a research fellow with Allegheny General Hospital in Pittsburgh where I had a great time doing research on oncology treatment modalities. In 2019 I went on to start my residency at the UPMC McKeesport Family Medicine program, where I spent the last 3 years, and had the good fortune of not only learning *from* incredibly dedicated attendings, and *about* treating an underserved population, but also made what I hope will be lifelong friends.

Treating patients in all the aspects of their lives and meeting them where they are at has always been my passion and it is the commitment to fulfilling the diverse wealth of needs a patient may have with compassion and dedication that drew me to the palliative medicine program at HonorHealth.

Outside of work I enjoy cooking (ideally for friends) and going to trivia shows, concerts, love hiking and being outside as well as nights on the couch with my cat Bowie. Add a sturdy love for traveling, and my nickname “Energizer Bunny” starts making sense. I am excited to explore Phoenix and to finally be close to family again, since my two sisters live in the area.