

HONORHEALTH PELVIC HEALTH THERAPY

What to expect with your referral to Pelvic Floor Therapy:

- HonorHealth has several therapists throughout the Valley who specialize in pelvic floor therapy.
- Your evaluation with one of the specialists listed below will take place in a private treatment room at one of our outpatient therapy locations for optimal privacy and comfort as we know these topics are very personal.
- Common diagnoses treated with pelvic floor therapy:
 - Bowel and bladder dysfunctions
 - Pelvic pain and pelvic floor dysfunction
 - Dyspareunia
 - Post-partum pain and dysfunctions
 - Pelvic organ prolapse
 - Pre- and post-prostatectomy
- Plan to wear comfortable clothing as an examination may be indicated following the discussion with your therapist regarding the history of your symptoms.
- Please reach out to the clinic directly to speak with one of our therapists if you have any further questions prior to your initial visit.

[See our locations](#)