

CARDIOVASCULAR DISEASE FELLOWSHIP

Fellows

Class of 2024

**Lydia M. Taranto, MD**

Residency: Internal Medicine - HonorHealth

Medical School: University of Arizona

I was born and raised in Arizona, I did my undergraduate at Northern Arizona University, and I went to medical school at the University of Arizona in Tucson. Following this, I did an intern year of general surgery at the Phoenix Integrated Surgical Residency, before discovering my passion and moving to the HonorHealth Internal Medicine Residency.

My clinical interest has always been congenital cardiology; over time it has evolved to become adult congenital electrophysiology. I am passionate about the congenital heart population, and I want to be a part of exploring and developing the field of adult congenital heart disease, particularly the EP aspect.

I spent many years in bench-side research, during my time in medical school and residency I transitioned to clinical research. My posters and papers focus on my passion: the heart and the ailments that affect it, be they acquired or congenital.

I chose HonorHealth for many reasons, but the foremost in my mind is the culture. Here I have found a culture that I believe is a model for the future of medical training: respect, constant growth, integrity of academia and clinical work, wellness, and authentic dedication to crafting high-quality physicians. I firmly believe that HonorHealth provided the perfect environmental milieu for me to grow into and to flourish as a physician, and I'm grateful for the opportunity to continue my training here.

**Juan Arturo Siordia, MD**

Residency: Internal Medicine – Banner University Medical Center South

Medical School: University of Arizona

I am an Arizona Native originating from Nogales, AZ. I have been in Arizona nearly all of my life, including completing Undergraduate, Medical School, and Residency at the University of Arizona College of Medicine – Tucson/Banner University Medical Center (South Campus). My clinical/research interests include Transcatheter Aortic Valve Implantation/Replacement (TAVI/TAVR), Aortic Diseases, and Medical (Cardiovascular) Bioengineering. I was named the resident of the year during my residency and have managed to develop my own patent as well as multiple publications. I aim to become an Interventional Cardiologist capable of doing aortic procedures and have matched with The Deborah Heart and Lung Center Interventional Cardiology Fellowship Program.

HonorHealth provides everything that I desire (let alone being situated in Arizona). The Cardiovascular Disease Fellowship at HonorHealth contains all my desires throughout the whole field of cardiology; it provides all the education needed to be a unique and excellent cardiologist. Hosting the Scottsdale Interventional Forum, the fellowship also is deemed one of the highest -- if not the highest -- volume of interventions among all the programs in Arizona. I can safely secure my education in becoming a leading and innovating cardiovascular disease specialist while remaining in my home state.

Class of 2025



Lili Barsky, MD

Residency: University of Missouri – Columbia Program
Medical School: Rush University

Originally from Chicago, I completed my undergraduate training at Northwestern University, where I majored in Biomedical Engineering and minored in Film and Media Studies. I then attended medical school at Rush University Medical Center, followed by residency training at Yale New Haven Health/Bridgeport Hospital and Chief Residency at AMITA Saint Francis Hospital. Subsequently, I completed fellowship training at the Barbra Streisand Women’s Heart Center of the Cedars-Sinai Smidt Heart Institute in Los Angeles, California. To merge my clinical and engineering backgrounds, I returned to Northwestern, to obtain a Master of Science in Artificial Intelligence, with a focus on cardiovascular disease. Outside of my clinical activities, I also love leading quality improvement initiatives! I have earned two patents for my “Liability Intervention Logistical Innovation” (LILI) technology for hospital-acquired infection tracking and control and the “Improving Cardiovascular Health Outcomes Award” at the 2016 National American Medical Association Research Symposium. My passion for advocating for marginalized patient populations most recently manifested in my writing and illustrating Understanding the Misunderstood, a guidebook aimed at optimizing interactions between individuals with special needs and their emergency, inpatient and ambulatory care providers.

My hobbies and interests include painting, filmmaking, writing, theater, singing, escape rooms, haunted houses, and serving as a medical script consultant for television series and films!

My reasons for choosing HonorHealth’s Cardiovascular Disease Fellowship Program are multifold. I am inspired by HonorHealth’s ICARE model, and I appreciate the health system’s diverse patient population, spirit of innovation and emphasis on patient-centered care and shared decision-making. I believe that training at HonorHealth will provide me with the best opportunity to make the most out of my unique background and experiences.

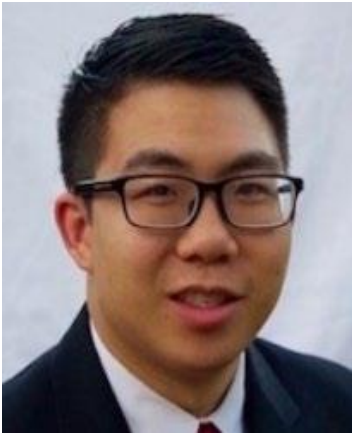


Sami Hashmi, MD

Residency: University of Southern California
Medical School: Northwestern University

I grew up originally in Florida, and my family has since moved to Phoenix. I attended undergrad and medical school at Northwestern University in Chicago. Afterwards, I went to the University of Southern California in Los Angeles for residency in internal medicine. My passion for cardiology grew during my residency training, and I was excited to apply to HonorHealth for the opportunity to train at an excellent program, in the same city as my family. I am interested in working with underserved patient populations. I enjoy reading, hiking, playing PC games, astronomy, and chess. Always open to new book recommendations.

Class of 2026



Christopher Low, MD

Residency: Kaiser Permanente

Medical School: California Northstate University

I was born in Sacramento, California, and was raised in Stockton, a city in the California central valley. I completed my undergraduate education at UCLA and medical school at California Northstate University. I completed my residency training at Kaiser Permanente-Santa Clara Medical Center. I have published research on the interaction between diabetes and coronary artery disease and the use of imaging to evaluate for coronary artery disease in patients prior to liver transplant. I am interested in providing high value, evidence-based care for my patients and building strong patient-physician relationships. Outside of medicine, I am an avid basketball fan of all levels and am a huge Sacramento Kings fan. I love

outdoor activities like hiking and snowboarding. I was drawn to Honor Health's commitment to the Phoenix and Scottsdale community. The program leadership is personable and committed to fellow education. I felt Honor Health was the perfect program to allow me to train and grow as a Cardiologist and get involved with the community.



Cece E. Ibeson, MD, MPH

Residency: Maimonides Medical Center

Medical School: Rollins School of Public Health, Emory University, and University of Benin, Nigeria

When I think of medicine—and cardiology—I think of family. Growing up as the child of a nurse, I was exposed to the world of healthcare from an early age. I witnessed fragility and discovered empowerment in evidence and empathy. Seeing my mother's resolve at the hospital reminded me that few things in life are more gratifying than helping people in their most dire moments.

After obtaining my medical degree from the University of Benin, I received a Master's in Public Health in Global Epidemiology (with a focus on infectious diseases) from Emory University. Engaging in clinical research and quality improvement initiatives allowed me to contribute to several peer-reviewed journals. While in residency, I realized that cardiology challenges me the most cerebrally while giving me the utmost sense of fulfillment.

Home is where the heart is; in that sense, I am honored to be training at HonorHealth CVD, a place that reminds me of what family should be. We relentlessly pursue knowledge. We innovate. We care. That is the philosophy of the ICARE model—to be ready to intervene, acutely or electively, to prolong life—values I intend to carry with me for the entirety of my career. My dream is to be an exceptionally skilled interventional cardiologist, and the collegial environment at HonorHealth CVD makes that dream a palpable reality.

Outside the hospital, I enjoy traveling, exploring diverse cultures, savoring new culinary experiences, and indulging my love for the movies and sports.