

# FAMILY MEDICINE RESIDENCY PROGRAM

## RESIDENTS

### 3<sup>rd</sup> Year

#### Class of 2024



#### **Mitchell Ducett, DO**

Hometown: Milwaukee, WI

Medical School: Arizona College of Osteopathic Medicine of Midwestern University

#### **Passions in Family Medicine – why do you love the specialty?**

Family medicine gives me so many opportunities to have a positive impact on patients, from preventative medicine to the acute care setting. Building relationships with patients and their families is something I look forward to in family medicine as well.

#### **Hobbies outside of residency:**

Golfing, fishing, hiking, watching baseball, going to concerts, spending time with family, crossword puzzles.

#### **Why HonorHealth?**

The people here are the best. When I rotated at HonorHealth during my 4th year of medical school, the residents were very supportive of each other and fun to work with. The faculty were welcoming and loved to teach. It was easy to see this is a great place to learn Family Medicine.

#### **Fun Fact about living in Scottsdale/Arizona:**

It is pretty much impossible to get bored in Scottsdale, with all the restaurants, breweries, golf courses, sporting events, hiking trails, and beautiful weather.



#### **Christine Gibson, DO – Chief Resident**

Hometown: Springfield, MO

Medical School: Arizona College of Osteopathic Medicine of Midwestern University

#### **Passions in Family Medicine – why do you love the specialty?**

After medical school I was fortunate to obtain a general surgery residency position, but after two years decided that I missed working closely with my patients and following them for life. So, I decided to pursue a career in family medicine where I can do what I truly love, which is maintain continuity of patient care while continuing to perform office procedures that I thoroughly learned during my time in surgery. Which leads me to my clinical interests of procedural medicine, sports medicine, and outpatient medicine.

#### **Hobbies outside of residency:**

Dog agility training and competitions, for which I enjoy traveling with my husband to various doggie activities throughout the country. Spending time by a body of water of some kind, usually one of the lakes in Arizona.

#### **Why HonorHealth?**

I chose HonorHealth because even while interviewing through ZOOM in the time of COVID-19 Pandemic I felt at home and at ease with the faculty and residents. Additionally, of all of my interviews, Dr. Kegowicz was the only program director who told me how HonorHealth Family Medicine Residency would allow me to continue to grow as an already established physician instead of having to “start over”. Also, there is no better place to go through residency than in sunny Arizona!

#### **Fun Fact about living in Scottsdale/Arizona:**

There is an endless supply of outdoor activities if that is something you are interested in. Plus, Phoenix has everything you could want in a big city with a small-town feel. I have enjoyed living here for the past 8 years and will continue to live here after residency. And lastly, despite the sizzling summer, the weather in Arizona cannot be outdone.



## Annette Liao, DO

Hometown: Boston, MA

Medical School: Midwestern University Arizona College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I love the versatility and diversity in Family Medicine. I can take care of many different patients and handle a wide variety of presentations both in the inpatient and outpatient setting. Most of all, I love the ability to care for patients longitudinally and build connections with them.

### Hobbies outside of residency:

Running, hiking, yoga, video games, baking, photography, learning any new skill

### Why HonorHealth?

After completing a sub-internship rotation with the family medicine residency program, I was so impressed by the caliber of resident physicians that I knew I would receive the best possible training at this program. On top of that, the residents, faculty, and program coordinators were extremely warm and made me feel at home. Everyone works tirelessly to care for their patients and each other and is a culture I am excited to be part of.

### Fun Fact about living in Scottsdale/Arizona:

There is something for everyone here – outdoor activities, great restaurants, professional sports, craft breweries, and more!



## Monica Mansour, MD

Hometown: Houston, TX

Medical School: Wayne State University School of Medicine - Detroit, MI

### Passions in Family Medicine – why do you love the specialty?

Family Medicine is my specialty of choice for several reasons. My heart has been tugged in two different directions – pediatrics and women's health. Becoming a Family Medicine physician would give me the best of both worlds. I am also excited by the opportunity to meet new people, understand what brought them in, identify the healthcare barriers they are facing, and continue to follow up with them in order to help them meet their health goals. Lastly, Family Medicine will allow me to take care of a diverse group of patients when volunteering abroad.

### Hobbies outside of residency/How do you spend your time away from work?

Foodie, Cooking, Orange Theory Fitness, Traveling, Dog Parks, Family Time, Hiking, Netflix and Chill, Game Nights

### Why HonorHealth?

I plan to build my family medicine career around the fields of women's health and pediatrics. Therefore, I was impressed with the excellent opportunities HonorHealth provides in both these fields of interest including excellent inpatient and outpatient pediatric rotations, and a women's health concentration. Additionally, the fact that HonorHealth has formed relationships abroad gives me confidence that I would be able to learn how to incorporate this into my future practice with the goal of creating sustainability in communities that are in need abroad. Furthermore, the entire faculty, staff, and residents were beyond kind and welcoming during my interview! Lastly, being able to attend HonorHealth allows me to be reunited with my husband after doing long distance for 2 years.

### Fun Fact about living in Scottsdale/Arizona that will attract applicants:

A foodie's dream! Tons of amazing food at your fingertips!



## Tyler Pascavis, MD

Hometown: Bloomington-Normal, IL

Medical School: The University of Arizona College of Medicine – Phoenix

### Passions in Family Medicine – why do you love the specialty?

I chose family medicine because I love the continuity of care and being able to serve patients at all stages of life. The relationships that you build as a Family Medicine physician are unique, as you care for patients in their best moments, such as the birth of a child, and in their hardest moments.

### Hobbies outside of residency:

When I'm not working, I can be found spending time with my wife! We love board games, traveling (when safe to do so), photography and videography. One of our goals is to visit all the National Park Sites in the United States!

### Why HonorHealth?

I had the privilege to rotate with the HonorHealth Family Medicine Residency in my fourth year of medical school. The camaraderie and relationships between residents, faculty, and staff made the program feel like home! I also love the willingness of the residency to innovate and improve!

### Fun Fact about living in Scottsdale/Arizona:

My wife and I absolutely love the beautiful weather and diverse landscape. You can go from the desert in the Phoenix area up to mountains and pine trees in only a couple hours! One of my favorite places to go to in Arizona is Show Low, AZ. The views along the Mogollon Rim are spectacular in that area!



## Leslie Shelton, DO

Hometown: Mesa, AZ

Medical School: Arizona College of Medicine at Midwestern University

### Passions in Family Medicine – why do you love the specialty?

I fell in love with family medicine because of its breadth and its unique position of being many patient's central compass in the healthcare system. Being able to care for a patient's physical, mental and spiritual health while forming lasting bonds with them and their families is what drew me to the specialty. I am especially passionate about mental health, education and healthcare legislation.

### Hobbies outside of residency/How do you spend your time away from work?

I enjoy playing video games, cooking, camping, reading fantasy and sci-fi and am always looking to try new things!

### Why HonorHealth?

During my audition rotation at HonorHealth I immediately felt the camaraderie amongst the residents and faculty here. I was impressed by their full-spectrum training, strong academics and how they care for their residents.

### Fun Fact about living in Scottsdale/Arizona:

With over 120 restaurants and multiple food festivals per year this is a great city for food lovers. Another fun fact is that the city's firetrucks are a brilliant chartreuse instead of the traditional red - can't miss them!



## **Olivia Wong, DO – Chief Resident**

Hometown: Bellevue, WA

Medical School: Arizona College of Osteopathic Medicine of Midwestern University

### **Passions in Family Medicine – why do you love the specialty?**

My passion in Family Medicine stems from my desire to foster relationships, to serve communities, and to treat beyond diseases. I hope to cultivate meaningful partnerships with my patients and empower them to engage with their own health.

### **Hobbies outside of residency/How do you spend your time away from work?**

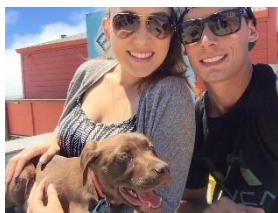
My hobbies include spending time with family and friends, cooking/eating, watching movies, traveling, and heading outdoors to get some fresh air.

### **Why HonorHealth?**

I chose HonorHealth for the program's robust training, the great sense of community and camaraderie amongst everyone, and the family I would get to grow in as a resident. I believe HonorHealth will provide a strong platform to become the well-rounded, empathetic, and diligent physician I aspire to be.

### **Fun Fact about living in Scottsdale/Arizona:**

For certain, the cacti and the palm trees! Being from Washington State, living in Arizona makes me feel like I am on vacation every day. Let's not exclude the gorgeous sunrises and sunsets.



### Allison DeHart-Marsh, DO

Hometown: Cupertino, CA

Medical School: William Carey University College of Osteopathic Medicine

#### Passions in Family Medicine – why do you love the specialty?

I love the specialty because you get to treat patients potentially for their whole life. You also get to create relationships that other specialties don't get to create.

#### Hobbies outside of residency:

I love to cook and bake. I also enjoy spending time outdoors with my husband, stepson, and dog Zoey!

#### Why HonorHealth?

I was lucky enough to rotate at HonorHealth during my fourth year of medical school. During my time here I felt welcomed and supported by all the residents, faculty, and staff. I was impressed by the learning environment and really felt a strong sense of community between everybody.

#### Fun Fact about living in Scottsdale/Arizona:

Scottsdale is a food paradise! There are a ton of amazing restaurants to try.



### Sunil Kataria, DO

Hometown: Phoenix, AZ

Medical School: Burrell College of Osteopathic Medicine

#### Passions in Family Medicine – why do you love the specialty?

What I love most about Family Medicine is the get-up-and-go nature of the people it attracts. Having such a wide breadth of knowledge under my belt means I could be a service wherever I go, whether in a hospital here or a mission trip abroad. Furthermore, being that we are the type of physician a person sees most, we are in an opportune position to address social determinants of health. I strive to be a provider that patients feel comfortable sharing whatever their issues and concerns are with, so that I can lend a helping hand.

#### Hobbies outside of residency/How do you spend your time away from work?

Cycling, graphic design, watercolor painting, movie-watching, traveling

#### Why HonorHealth?

The privilege to train with HonorHealth will push me to learn and grow as a competent and caring physician. From the strong inpatient service, a focus on the underserved, and a beautiful location, there is much to offer. Furthermore, the opportunity to train amongst physicians I looked up to when I was an ED scribe with HonorHealth is very special.

#### Fun Fact about living in Scottsdale/Arizona:

In 2017 Vogue magazine stated Phoenix is poised to be the coffee capital of the Southwest. Whether you're looking for something chic and modern, or something homey and cozy, there is no shortage of excellent cafes to visit.





## Aaron Kubinski, DO

Hometown: Albuquerque, NM

Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

I'm passionate about being able to take care of patients at all stages of life. I love the continuity that can be seen with patients in family medicine and the relationship that are built over the years. I'm also passionate about guiding patients towards long-term health prevention strategies to help them live their healthiest life possible.

### Hobbies outside of residency

Golfing, Basketball, Skiing, Cooking

### Why HonorHealth?

I chose HonorHealth because I wanted a program that not only prepared me for any scope of practice after residency, but also have a true “family” feel. After my interview, I felt confident that HonorHealth could provide all of that for me and more. Also, since completing medical school in Arizona, I've fallen in love with the state and wanted to stay here for residency and possible future practice.

### Fun Fact about living in Scottsdale/Arizona:

I have self-proclaimed that the Scottsdale/Phoenix area is the Brunch capital of the world. You can find a delicious brunch spot on every corner... and all of them will be packed.



## Michael Schnepf, DO

Hometown: Mesa, Arizona

Medical School: Campbell University School of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I love the broad scope of family medicine! Any problem your patient presents with you can help them, your day can be as varied as you make it.

### Hobbies outside of residency:

I enjoy spending time with my family, hiking, swimming, and boating.

### Why HonorHealth?

I chose this program because it allows me to get everything I was looking for in a residency in strong inpatient medicine, robust addiction medicine, and opportunity to serve underserved populations. On top of that, I get to return to the valley and live nearby family!

### Fun Fact about living in Scottsdale/Arizona:

The valley has really grown significantly in recent years that brings all the amenities you could ever wish for while still being within easy driving distance to lakes and mountains for just about every outdoor recreational activity you could want!



## Shayan Shiehzadegan, DO

Hometown: Chandler, Arizona

Medical School: Western University of Health Sciences

### Passions in Family Medicine – why do you love the specialty?

I am drawn to family medicine because I get to treat and prevent disease in patients of all ages and in all specialties. The long-term bonds I get to form with my patients is also an important reason why I love family medicine.

### Hobbies outside of residency:

My hobbies include spending time with family and friends, mountain biking, and trying out the many restaurants that the Scottsdale area has to offer!

### Why HonorHealth?

I chose HonorHealth because of the robust training and the people of this program. I knew I would get excellent training in both inpatient and outpatient medicine in a supportive culture.

### Fun Fact about living in Scottsdale/Arizona:

Arizona has a very diverse landscape. Near Scottsdale the landscape is desert. However, just 1-2 hours north you will find cooler temperatures with pine trees and even snow in the winters!



## Kaleb Ward, DO

Hometown: Idaho Falls, ID

Medical School: Kansas City University College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I have always loved getting to know people and learn more about their lives. Some of my earliest jobs included selling clothes and gym memberships because I always just loved chatting. I knew once I started my family medicine rotation in medical school that this was exactly the type of people family medicine physicians were. They had a passion for learning about their patients and getting to know their stories. I also loved both sports medicine and obstetrics and I figured if I pursued family medicine, I could do both!

### Hobbies outside of residency/How do you spend your time away from work?

My hobbies include a wide array of things from playing video games, to hitting the links and playing pickleball, or just having a barbeque with friends. Recently I've found a new love for Spike ball, such a simple yet incredibly addictive game. Mostly though, I love being able to spend time with my wife, Hayden, and my two kiddos, Knox and Kartney. We also added a new member to our family while in medical school. Her name is Bailey and she's a very loveable and energetic goldendoodle. We love being able to take her to the dog park whenever we have some free time.

### Why HonorHealth?

One of the most intriguing things about HonorHealth was the sense of camaraderie among the residents. Even through a virtual interview with the program, I was able to tell that the residents are not only coworkers, but they're family. I also felt that the unopposed residency allows for residents to truly learn full scope family medicine.

### Fun Fact about living in Scottsdale/Arizona:

Scottsdale holds the record for the largest number of destination spas per capita in the entire nation



## Caitlin Warlick, DO

Hometown: Phoenix, AZ

Medical School: A.T. Still – Kirksville College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I chose family medicine because I love establishing relationships with patients and following them over time. Through building relationships with my patients I believe I can help them live healthier lives with a focus on longevity and disease prevention, meaning more time with loved ones.

### Hobbies outside of residency:

I actually did a Sub-I at HonorHealth and fell in love with the attendings, patient diversity, hospital, and residents. I was impressed by the teaching and knew I would finish residency feeling prepared and ready to pursue any of my interests.

### Why HonorHealth?

I chose HonorHealth for the program's robust training, the great sense of community and camaraderie amongst everyone, and the family I would get to grow in as a resident. I believe HonorHealth will provide a strong platform to become the well-rounded, empathetic, and diligent physician I aspire to be.

### Fun Fact about living in Scottsdale/Arizona:

I am biased being a native, but we love it here and don't have any plans to leave. There are endless things to do, amazing dining and an easy drive to Flagstaff for cooler weather in the summer, Sedona for beautiful views and hiking, or to California to visit the beach.



## Montgomery "Monty" Young, DO

Hometown: Orange County, California

Medical School: Midwestern University – Arizona College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I love having the ability to form life-long relationships with our patients and having the opportunity to guide them and their family through their wellness journey.

### Hobbies outside of residency:

Hiking, lifting weights, cooking, traveling, spending time with my fiancé Lisa and my golden retriever Oliver.

### Why HonorHealth?

I knew I wanted to join the HonorHealth family because of the welcoming and enthusiastic atmosphere they emitted when we first met. I knew they would provide my colleagues and I with first-rate training and the opportunity for personal and professional growth.

### Fun Fact about living in Scottsdale/Arizona:

Scottsdale has some of the best sporting events, shows, food, and artisan cocktails in Arizona. If you have some free time, take your loved ones (dog included) to the Desert Botanical Garden to see some of the most beautiful cactus, trees, and flowers in Arizona!



## 1<sup>st</sup> Year Class of 2026



### Christi Eudy, DO

Hometown: Tampa, FL and Apache Junction, AZ

Medical School: Campbell University School of Osteopathic Medicine

#### Passions in Family Medicine – why do you love the specialty?

One of the things that attracted me to family medicine is the broad scope of practice. I've always been drawn towards women's health, but I didn't want to stop there! Family medicine truly allows you to become a jack of all trades and gives you the ability to tailor your practice to suit your passions. In my case, that allows me to practice everything from prenatal care to geriatrics, with a sprinkle of international and wilderness medicine. Additionally, I cherish the patient-physician relationship and enjoy listening and connecting with patients of all ages and walks of life. I get fulfillment from sharing knowledge and educating patients to help them further their goals, both within healthcare and beyond.

#### Hobbies outside of residency:

Knitting, painting, cooking, hiking, traveling – pretty much any kind of craft or anything that takes me outside!

#### Why HonorHealth?

The overall feel I got from the program, faculty, and residents was one of support and wellbeing. I was specifically looking for a program in the Valley that provided this type of culture, was unopposed, and had a robust curriculum that would allow me to focus on my clinical interests – and I found it!

#### Fun Fact about living in Scottsdale/Arizona:

The amount of hiking and happy hour opportunities (AKA views and brews)

### Erin Herbert, DO

Hometown: Ahwatukee, AZ

Medical School: A.T. Still University School of Osteopathic Medicine

#### Passions in Family Medicine – why do you love the specialty?

Some of my clinical interests and passions include health education and disease prevention. I really enjoy the physician-patient relationship that family medicine allows.

#### Hobbies outside of residency/How do you spend your time away from work?

Outside of medicine some of my hobbies include hiking, traveling, and spending time with my family and dog Lulu.

#### Why HonorHealth?

I was motivated to choose HonorHealth because of the robust training and camaraderie of the program. I was fortunate to complete a rotation at HonorHealth and saw firsthand the excellence of the program! Lastly, as a person born and raised in Arizona it was important for me to continue my training in the community that I love and to create even stronger bonds where I hope to practice long-term.

#### Fun Fact about living in Scottsdale/Arizona:

Despite being the desert, Arizona does have water! I love exploring the many lakes and rivers that AZ has to offer.





## Amitis Karrys, DO

Hometown: Albuquerque, NM

Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

My passion for family medicine stems from being able to have long-lasting and meaningful relationships with my patients. I love the idea of being able to be someone's physician from the time they are born all throughout their life.

### Hobbies outside of residency

Some of my hobbies include spending time with family and fiancé Jordan, tending to my plant collection, watching hockey, book club, and trying new restaurants.

### Why HonorHealth?

During my time as a sub-I at Honor Health, I felt at home. You can feel the sense of community among the residents, and you can tell the program values their opinions. I was also impressed by how comfortable and confident they were handling many different clinical scenarios.

### Fun Fact about living in Scottsdale/Arizona:

A fun fact about living in Arizona is there are now many great places to enjoy dinner & drinks, as well as the option to drive to Sedona or Flagstaff on weekends to enjoy cooler weather & gorgeous views.



## Oksana Klimenko, MO

Hometown: Seattle, Washington

Medical School: Elson S. Floyd College of Medicine at Washington State University

### Passions in Family Medicine – why do you love the specialty?

I fell in love with Family Medicine for its emphasis on patient relationships and the vast scope of practice. I am particularly interested in procedural and sports medicine.

### Hobbies outside of residency:

Outside of medicine, I love the outdoors, whether it's rollerblading, hiking, paddleboarding, or just going on a walk. I also enjoy painting, cooking, baking, and spending twice the amount on a DIY project rather than just buying the thing at the store.

### Why HonorHealth?

I chose HonorHealth because the faculty really seemed to care about creating an environment where I can pursue my passions. And spending almost my whole life in rainy Seattle, a little Arizona sun is just what I need.

### Fun Fact about living in Scottsdale/Arizona:

I really enjoy the sunshine as well as exploring the nearby restaurants and hikes.



## Yasmine Krunz, DO

Hometown: Tucson, Arizona

Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

My passion in medicine and primary care stemmed from working with refugee populations in my hometown. Growing up as an Arab American Muslim in today's climate exposed me to the multitude of healthcare disparities that exist close to me.

### Hobbies outside of residency:

In my free time I like to travel, ski/snowboard, play tennis, work out, and go shopping.

### Why HonorHealth?

What stood out to me about HonorHealth was a mix of the friendly culture but also the excellence that the program promotes. On my sub-I rotation I noticed all the residents operated at a high level with ease, and I realized that that was the type of training I was looking for. I also am from Arizona and wanted to stay in Scottsdale, so location was a big part for me as well.

### Fun Fact about living in Scottsdale/Arizona:

What I like about Scottsdale is the variety of nice restaurants and activities there is to do.



## Kendyl Melton, DO

Hometown: Scottsdale, Arizona

Medical School: Burrell College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I want to practice in full-spectrum care, but have interests in women's health/OB, acute care, and procedures.

### Hobbies outside of residency/How do you spend your time away from work?

When I have free time, I like to relax and read or catch up on television shows/movies, bake, and visit with family and friends.

### Why HonorHealth?

I chose HonorHealth because of the conversations with the residents and faculty during my virtual resident dinner, virtual interview, and in-person second look event. The residents felt well-prepared by the program and the faculty seemed passionate about teaching their residents. As someone who wants to practice full-spectrum family medicine, I appreciate that the residents are unopposed at the main hospital, the many opportunities for electives, and the variety of patients and diseases seen in the hospital and clinic.

### Fun Fact about living in Scottsdale/Arizona:

Fun fact about AZ is that our sports teams have been really good in the last few years (hopefully this doesn't jinx us) and the planet Pluto was discovered up in Flagstaff!



## Scott Mitchell, DO

Hometown: Mesa, AZ

Medical School: Idaho College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I chose Family Medicine because it is the specialty that encompasses the type of physician I want to be. Family Medicine physicians provide care to patients in all stages of life, have the broadest knowledge in treating numerous diseases, place an emphasis on preventive care, and can form strong, ever-lasting bonds with their patients.

### Hobbies outside of residency/How do you spend your time away from work?

Exercising, playing/watching sports (especially football and basketball), golfing, spending time with family and friends, trying new restaurants and different types of foods!

### Why HonorHealth?

Out of all of my audition rotations in my 4th year of medical school, my rotation with HonorHealth was easily my best experience. All the residents, faculty and staff came across as supportive and caring, while also feeling “real” with each interaction. In addition, HonorHealth is a well-established program that has a track record with helping their residents achieve both residency and post-residency goals!

### Fun Fact about living in Scottsdale/Arizona:

Growing up in Arizona, Scottsdale is known to be a great place to get drinks, food, and scenic hikes, all in one central area. Truly is a great place to be!



## An-Thu (Annie) Nguyen, DO

Hometown: Phoenix, AZ

Medical School: Edward Via College of Osteopathic Medicine-Carolinas

### Passions in Family Medicine – why do you love the specialty?

Throughout third year of medical school, I truly enjoyed every rotation. This paired with strong clinical interests in integrative medicine, preventative medicine, pediatrics, global health, LGBTQ+ health, and wilderness medicine led me to pursue Family Medicine as a specialty.

### Hobbies outside of residency/How do you spend your time away from work?

When not working, I pursue other passions of exploring different cultures, immersing myself in nature, and creating art. My hobbies include hiking, traveling, yoga, cooking and trying new foods, creating content for my Instagram blog, screen-printing t-shirts for my Etsy store, crocheting, petting other people's dogs, and catching up with friends.

### Why HonorHealth?

During my HonorHealth sub-I, I was impressed with how every resident and faculty were kind, competent, and driven to go above and beyond to meet their patients' needs. The true family culture and collaborative support solidified my decision to join the HonorHealth family.

### Fun Fact about living in Scottsdale/Arizona:

I'm a native Arizonan, lived in the East valley and Tucson, and have yet to see a javelina or rattle snake in real life. BUT they truly are out there and should be heeded with caution!