

## NEUROLOGICAL PHYSICAL THERAPY RESIDENCY FACULTY 2023-2024

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Name & Credentials:

**Dr Taylor McCann, PT, DPT, NCS**

Title:

**Residency Program Director**

Bio:

Dr McCann received her bachelor's degree in psychology with a biology focus from Truman State University. She then received her Doctor of Physical Therapy from Des Moines University in Des Moines, IA. She worked 4 years at HonorHealth Acute Rehabilitation hospital where she received her Neuro-Developmental Treatment Certification and Certified Brain Injury Specialist and was involved in CVA and Amputee committees. She transitioned to HonorHealth neurologic outpatient therapy at Shea in 2021 and received her Board-Certified Clinical Specialist in Neurological Physical Therapy in 2022. She is also certified in LSVT BIG for Parkinson's Disease and is trained in vestibular rehabilitation. She enjoys the variety, challenge and reward of working with the neurological population. Taylor is also a 200-hour certified yoga teacher and loves to incorporate mindfulness to movement in therapy sessions.

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### HonorHealth Mentors and NAU Faculty



Name & Credentials:

**Dr. Tanya Herman Lee, PT, DPT, NCS**  
**NAU Faculty Mentor**

Bio:

Dr. Lee graduated from Duke University with her Doctor of Physical Therapy Degree in 2010. She then completed the Scottsdale Healthcare/NAU Neurologic Residency Program in 2013 and is currently the Director of the HonorHealth/NAU Neurological Residency. She is adjunct faculty in the vestibular and neurologic labs for NAU and Midwestern and serves as a mentor in the residency program in Outpatient Shea. Tanya is a board-certified Neurologic Specialist and has taken the Emory University Vestibular course. She is certified in LSVT BIG and is very passionate about post rehab wellness for people with Parkinson's. Outside the clinic she enjoys coaching youth basketball, volunteering for Baehr Challenge to benefit Parkinson's, and most of all traveling and spending time with her husband, Griffin and their sons, Grayson and Bryce. She is an active member of the American Physical Therapy Association.



Name & Credentials:

**Dr. Kim Kulovitz Gatewood, PT, DPT, NCS**  
**Mentor Acute, NAU Faculty Mentor**

Bio:

Dr. Gatewood is an Associate Clinical Professor at Northern Arizona University's Program in Physical Therapy at the Phoenix Biomedical Campus. She also works as a therapist at HonorHealth John C. Lincoln Medical Center and a mentor in the HonorHealth/Northern Arizona University Residency in Neurologic Physical Therapy. Dr. Gatewood earned a physical therapy degree from Marquette University in 1981 and a Clinical Doctorate in Physical Therapy from Northern Arizona University in 2008. She is a board-certified specialist in Neurologic Physical Therapy and has over 40 years of clinical experience, primarily in the areas of adult neurologic rehabilitation and acute care. Special interests include serial casting, the treatment of medically complex patients, and mindful rehabilitation of individuals with severe TBI and SCI. Dr. Gatewood has a rich history of teaching and mentoring therapists, neurologic residents, and students and has instructed in educational workshops on proprioceptive neuromuscular facilitation throughout the United States and internationally. She is an active member of the American Physical Therapy Association and enjoys hiking and spending time with her family.



Name & Credentials:

**Dr. Kyle Christakos, PT, DPT, NCS**  
**Mentor Outpatient**

Bio:

Dr. Christakos received his bachelor's degree in Kinesiology with a pre-Physical Therapy focus from the University of Illinois at Urbana-Champaign before receiving his Doctor of Physical Therapy from A.T. Still University in Mesa, AZ. He has been specializing in neurologic and vestibular conditions in the outpatient setting at HonorHealth Shea since 2016 and became a Board-Certified Clinical Specialist in Neurologic Physical Therapy in 2019. In addition to his NCS, Kyle is certified in LSVT BIG for Parkinson's Disease and is trained in vestibular rehabilitation. He will be starting as adjunct faculty at Tufts University in the upcoming year and is passionate about teaching graduate students as a clinical instructor.



Name & Credentials:

**Dr. Christopher McElderry, PT, DPT, NCS  
Mentor Outpatient**

Bio:

Dr. McElderry received his Doctor of Physical Therapy degree from Midwestern University in 2017. He then completed the Neurologic Residency Program at HonorHealth, where he had extensive training in the acute care, inpatient rehabilitation, and outpatient settings. He received his Neurologic Certified Specialist (NCS) credentials in 2019.

He is also certified in the LSVT BIG program for Parkinson's Disease and is trained in vestibular rehabilitation as well. He currently is an adjunct faculty member Midwestern University for both acute care and neurologic rehabilitation classes. Dr. McElderry has presented a poster at CSM regarding reactive balance training for individuals with chronic stroke. He currently works full-time in the outpatient neurologic setting along with per diem work at Mayo Clinic in the acute setting.

Name & Credentials:



**Dr. Ariana Seif-Naraghi, PT, DPT, NCS  
Mentor Outpatient**

Bio:

Dr. Ariana Seif-Naraghi PT, DPT, NCS received her BS in Kinesiology from Barrett Honors College of Arizona State University 2011. Completing her Honors thesis "Effects of Exercise on the Gait of Students with Intellectual Disability". Ariana then received her Doctorate in Physical Therapy from USC in 2014. She is a licensed therapist in AZ and passed the NCS exam in 2018. Ariana presently works at HonorHealth Bob Bove Neuroscience Institute specializing in treatment of people with neurological and vestibular disorders. She

has been a certified LiteGait therapy clinical trainer since 2014. She enjoys clinical education as she is adjunct faculty for three local PT programs, is a clinical instructor, and is the SCCE for all outpatient clinics for HonorHealth.



Name & Credentials:

**Dr. Taylor Boulos, PT, DPT, NCS**

**Mentor Outpatient**

Bio:

Dr. Boulos received her bachelor's degree in Exercise Science with a minor in Health and Wellness Coaching from Northern Arizona University prior to receiving her Doctorate in Physical Therapy from Midwestern University in Glendale, AZ. She has been working with patients with varying neurological and vestibular disorders at

HonorHealth John C. Lincoln since 2018 and became a Board-Certified Clinical Specialist in Neurologic Physical Therapy in 2021. In addition to her NCS, she is also an ImPACT trained physical therapist for concussion and is certified in LSVT BIG and PWR! for Parkinson's Disease.



Name & Credentials:

**Michelle Cornwell, PT**  
**Vestibular Outpatient**

Bio:

Ms. Cornwell graduated from Northern Arizona University in 1991 with a BS in Exercise Science. She earned her master's degree in physical therapy from Northern Arizona University in 1994. Her credentials include Advanced Certification of Competency in Vestibular Rehabilitation. Michelle's clinical expertise involves treating patients suffering from neurological and vestibular disorders. Treatment focus includes but is not limited to unilateral/bilateral vestibular loss, Benign Paroxysmal Positional Vertigo (BPPV), vestibular migraine, post-concussive syndrome, and general imbalance. Michelle enjoys regular exercising, cake decorating and spending time with her husband and two boys.