

PHYSICAL MEDICINE AND REHABILITATION (PM&R) PROGRAM

2024-2025 Academic Year

4th Year Resident Class of 2025

**Zayd Hayani, MD, Chief Resident****Residency:** PM&R**Internship:** Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale**Medical School:** Rush Medical College- Illinois

Bio: I was born and raised in Burr Ridge, Illinois, a Chicago suburb, and went on to attend the University of Illinois at Urbana-Champaign. There, I graduated with a B.S. in Bioengineering with a concentration in Biomechanics. After graduation, I went on to receive my M.D. from Rush Medical College in Chicago, Illinois. I then matched in Physical Medicine and Rehabilitation here at HonorHealth in Scottsdale, Arizona

What stood out the most about HonorHealth and motivated you to choose this particular program?

I chose HonorHealth for this program's unique close-knit atmosphere and early exposure to a diverse array of clinical sites with one-on-one mentorship. I also love living in the valley with all the benefits of a metro area in a naturally beautiful setting surrounded by mountains

Clinical Interest:

Spinal cord injury, brain injury medicine, neurorehab, spasticity management

Hobbies/Interest:

In my free time I love spending time with my family, hiking the summit trail at Piestewa peak, and traveling whenever I can. I'm also an amateur woodworker and have more recently picked up pickleball which is all the rage in Arizona!

Passion

I am passionate about my wonderful wife and son, who always keeps me on my toes!

4th Year Resident Class of 2025



Kurt Herron, DO, Chief Resident

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: A.T. Still College of Osteopathic Medicine- Missouri

Bio: I was born and raised in the Southwest region of Missouri, in the Ozark Mountains. I attended Pittsburg State University in Southeast Kansas, where I majored in Biology with an emphasis in Cellular and Molecular Biology. I worked my way through college as a genetics lab assistant, in group homes for intellectual disabled adults, and as an Asian food delivery driver. During the summers, I passed the time by working at the local vineyards, learning the basics of viticulture and enology, while also helping my parents rotate graze their Highland cattle, sheep, goats, and poultry

After I graduated from undergraduate school, I managed a grocery store, owned by my family, where we sold year-round locally grown vegetables and local grass-finished meats. A few years later, I realized I wanted to study medicine, and attended A.T. Still University in Kirksville, MO

What stood out the most about HonorHealth and motivated you to choose this particular program?

Great opportunities, mentors, and weather

Clinical Interest:

General Rehab, Cancer Rehab, Interventional Spine Care

Hobbies/Interest:

I enjoy hiking and exploring new places with my girlfriend and three dogs, Brazilian Jiu-Jitsu, mountain biking, reading and watching historical and animal documentaries

Passion

I am passionate about spending time with my family, sustainable agriculture, wildlife conservation, and supporting local small businesses

3rd Year Resident

Class of 2026



Erik Anderson, DO

Residency: PM&R

Internship: General Surgery, University of California-San Francisco

Medical School: Touro University College of Osteopathic Medicine – California

Bio: I spent most my educational career in the San Francisco Bay Area where I attended California State University East Bay majoring in Kinesiology with a minor in Chemistry.

During this time, I worked as a wildland firefighter during the summers. I then transitioned back to healthcare working as a medical assistant in San Francisco before attending medical school at Touro University California. I completed an internship at UCSF-East Bay Surgery Residency in Oakland before making the move south to begin training in Physiatry at HonorHealth PM&R Residency

What stood out the most about HonorHealth and motivated you to choose this particular program?

The HonorHealth PM&R Residency program stood out to me because of the passionate faculty and the opportunity to train in the only PM&R residency program in the state of Arizona

Clinical Interest

All things physiatry however it was the ability to become a physician who will be uniquely equipped to serve a neurodiverse patient population that inspired me to pursue PM&R

Hobbies/ Interest

Within Physiatry, I am especially interested in neurorehab, spinal cord injury medicine, brain injury medicine, and adaptive sports Outside of Physiatry, I enjoy getting outside and enjoying this amazing state by hiking, cycling, trail running, or paddleboarding

Passion

I am passionate about being part of a team whose goal is to help patients improve their quality of life after an injury or illness

3rd Year Resident

Class of 2026



Dylan Kassenbrock, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: A.T. Still College of Osteopathic Medicine- Mesa

Bio: I was born and raised in Phoenix, Arizona and enjoyed playing sports and making music throughout childhood. I had the opportunity to attend college at California Lutheran University in Thousand Oaks, CA, where I played one year of D3 football, followed by three years of rugby. I returned to Arizona for my medical school training at A.T. Still University School of Osteopathic Medicine. My passion for the musculoskeletal system and teaching led me to complete a fellowship year in between my 3rd and 4th year of medical school. During this time, I was able to teach first year students' anatomy and Osteopathic Manipulative Medicine (OMM)

What stood out the most about HonorHealth and motivated you to choose this particular program?

When it came time to apply to residency programs, I loved the idea of caring for patients in my hometown while remaining close to my family and friends. The program size of HonorHealth allows me to have a closer relationship with my patients as well as my attendings, which is another aspect that drew me to this program. HonorHealth also puts the health and wellness of residents at the forefront, which is an enticing attribute for incoming residents

Clinical Interest:

Traumatic brain injury and musculoskeletal disorders, which I plan on pursuing through residency and beyond

Hobbies/Interest:

In my free time, I enjoy relaxing with my wife, Krista and golden retriever, Lucy. I enjoy playing golf and pickle ball, making music (guitar and drums), side hustling with designing/producing guitar pedals, and small batch beer brewing (new hobby)

Passion:

I have interest in both interventional spine and general inpatient PM&R for my future practice

3rd Year Resident

Class of 2026



Haroon Kisana, MD

Residency: PM&R

Internship: General Surgery, University of Arizona College of Medicine – Phoenix

Medical School: University of Arizona College of Medicine – Phoenix

Bio: I was born in Salt Lake City, UT and we moved to Phoenix when I was five years old. Growing up I wrestled and played football. A wrestling injury led to my interest in becoming a doctor. I have been fortunate to stay in the Phoenix area for all of my education/training. I went to ASU for undergrad, UA Phx for med school, and stayed for residency

What stood out the most about HonorHealth and motivated you to choose this particular program?

Multiple clinical sites to rotate at, great faculty, and resident centered program. It is also the only PM&R program in Arizona

Clinical Interest:

All things PM&R

Hobbies/Interest:

I enjoy spending time with family/friends, working out, raising farm animals, and learning how to play golf

Passion:

Watching football on Sundays

3rd Year Resident

Class of 2026



Kyle Malek, MD

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: University of Washington SOM

Bio: My name is Kyle Malek, and I grew up in the mountains just outside of Missoula, MT. My path into medicine has been circuitous at best. Immediately after high school I served in the Air Force for six years as an enlisted Airborne Cryptologic Linguist. Following that, I've worked in construction, the oil fields, and commercial fishing which have taken me all over the US. I received my undergraduate degree while serving in the Air Force. I received a post-bachelor pre-med certificate from Montana State University prior to completing my medical education at the University of Washington

What stood out the most about HonorHealth and motivated you to choose this particular program?

When applying to HonorHealth I was particularly struck by how resident centered the program seemed to be. The small and intimate ratio of students to preceptors was exactly what I was looking for. The staff seemed to truly know their residents and to be fully committed to providing excellent medical training. Honor Health also offers an extremely diverse patient base with opportunities to train under multiple specialists at several different medical centers

Clinical Interest

I love talking with patients about their conditions and hearing their stories and I also love working with my hands. So far, my interests include general rehab, musculoskeletal medicine, interventional spine

Hobbies/Interests

In my free time I enjoy working with my hands building and creating, whether it is with woodworking projects or restoring classic vehicles

Passion

Tennis. I love the technical skill required, the competition, and the fact that it can be a lifelong sport

2nd Year Resident

Class of 2027



Phoebe Johnson, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Pacific Northwest University of Health Sciences

Bio: I attended Cal Poly San Luis Obispo for my undergraduate and graduate degrees in kinesiology

What stood out the most about HonorHealth and motivated you to choose this particular program?

My name is Phoebe Johnson, and I grew up in Long Beach, CA where I developed an early passion for water sports. I attended Cal Poly San Luis Obispo where I competed on my university's triathlon team and obtained my undergraduate and graduate degrees in Kinesiology. During my gap years, I coached swimming and worked in the cardiac rehab unit and emergency department as a scribe before eventually moving up to Yakima, Washington for medical school

Clinical Interest

Sports medicine, pediatric PM&R

Hobbies/Interests

I enjoy hanging out with friends, cooking, and outdoor activities including running, swimming, surfing, and learning to play tennis

Passion

Water sports and enjoying time with friends and family

2nd Year Resident Class of 2027



Nicholas Olson, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Lake Erie College of Osteopathic Medicine (LECOM)

Bio: I completed my undergraduate degree at Arizona State University and medical school in Pittsburg, PA at LECOM. As an Arizona native, I liked the idea of returning home for residency. Not only to be near family and friends but also to give back to the community that raised me. During my interview with the PM&R faculty, it was obvious how much they cared for their resident's well-being during training

What stood out the most about HonorHealth and motivated you to choose this particular program?

Being the only PM&R program in Arizona, residents rotate through some of the top hospital networks in the state. I am excited to be a part of a tight-knit and supportive program that will give me the tools to succeed as a physiatrist!

Clinical Interest

Leaning toward pediatric rehabilitation or interventional spine but keeping an open mind!

Hobbies/Interests

As a dad to 2 young boys, there is never a dull moment in our home! We love playing at parks, swimming, and trying new restaurants. Other hobbies include cooking, going to the gym, and snow skiing

Passion

Family, Food, and Fitness

2nd Year Resident

Class of 2027



Shayne Sumida, MD

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Creighton University and Creighton University School Of Medicine, Phoenix Regional Campus

Bio: I graduated from Creighton University with a B.S. In Biology and decided to continue my medical education at the same institution. I moved to Arizona for my clinical rotations and have lived here since then

What stood out the most about HonorHealth and motivated you to choose this particular program?

I chose to continue his clinical training at HonorHealth because of the program's supportive culture and dedication to advancing rehabilitation in the Southwest

Clinical Interest

Interventional Pain, Regenerative Medicine, Spinal Cord Injury, Neurorehabilitation and Spasticity Management

Hobbies/Interests

Hiking, snowboarding, and spending time with his dog. He is passionate about community service and enjoys working with Arizona's local disability and neurodiverse populations

Passion

I am passionate about fitness, cooking, and serving Arizona's local disability and neurodiverse populations

2nd Year Resident Class of 2027



Ian Villescas, DO

Residency: PM&R

Internship: Transitional Year, Mountain View Regional Medical Center

Medical School: Burrell College of Osteopathic Medicine – Las Cruces, NM

Bio: I was born and raised in Las Cruces, NM, and initially developed an interest in medicine during my undergraduate education at the University of New Mexico in an emergency medicine course. Prior to medical school, I spent 6 months working in Houston, Texas, at an internship with MD Anderson Cancer Center during which time I assisted with research projects primarily focusing on appendiceal cancer. During medical school, I became particularly interested in Physical Medicine & Rehabilitation after a third-year rotation which I absolutely loved.

What stood out the most about HonorHealth and motivated you to choose this particular program?

Early in my fourth year of medical school, I had an audition rotation with HonorHealth during my fourth year of medical school that was a fantastic experience. The residents, faculty, and mentorship offered by the program seemed like the perfect environment to continue my professional training. Plus, the opportunity to remain in the desert southwest was a nice bonus.

Clinical Interest

I've been involved in sports my entire life, and have particular interest in sports medicine, musculoskeletal medicine, and spasticity management.

Hobbies/Interests

My hobbies include running, tennis, snowboarding, rock climbing, fantasy football, watching Formula 1, and collecting vinyl records.

Passion

Outside of medicine, I am passionate about anything sports-related.