

FAMILY MEDICINE MOUNTAIN VISTGA RESIDENTS

PGY1 - Class of 2028



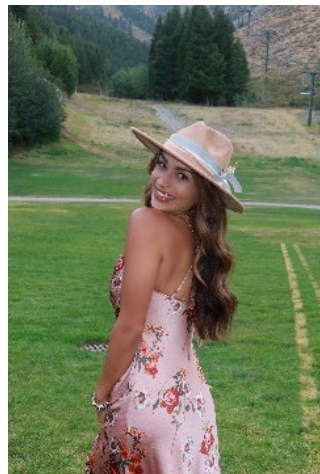
Madeline Feyrer-Melk, DO

Residency: Family Medicine

Medical School: A.T. Still – Kirksville College of Osteopathic Medicine

Dr. Feyrer-Melk grew up in Fountain Hills, AZ before attending Asuza Pacific University, where she got her undergraduate degree in Psychology. After graduating, she pursued medicine by attending A.T. Still – Kirksville College of Osteopathic Medicine.

Dr. Feyrer-Melk fell in love with Family Medicine because she loves that she can take care of patients from all stages of life and get to be involved in such a wide variety of medicine & procedures. She found that it was the perfect specialty to focus her passion of lifestyle & preventative medicine for her patients. When applying for residency, she loved the supportive culture of the faculty and residency program here at HonorHealth. She knows it will provide her with great training so she can be the doctor her patients need her to be. While not practicing medicine, she enjoys hiking, country line dancing/swing dancing, and spending time with her loved ones!



Catalina O'Toole, DO

Residency: Family Medicine

Medical School: Idaho College of Osteopathic Medicine

Dr. O'Toole grew up in Long Beach, CA before going to the University of San Diego, where she obtained her bachelor's degree with a focus in Neuroscience and Business.

After earning her undergraduate education, Dr. O'Toole decided to pursue medicine by attending Idaho College of Osteopathic Medicine. It was there that she found a passion for Family Medicine. She states, "From the miracle of pregnancy and the joy of newborns to the complexities and wisdom of the elderly, family medicine offers a unique opportunity to care for patients across every stage of life. I am deeply passionate about continuity of care and the meaningful relationships built over time with patients and their families. One of the aspects I look forward to most is integrating nutrition, lifestyle medicine, and osteopathic principles to support whole-person health." Early in 2025, Dr. O'Toole interviewed and matched with the HonorHealth program where she feels they "offer comprehensive, community-based training with a strong osteopathic foundation".

Outside of practicing medicine, she spends her time on scenic walks & hikes, trying local coffee shops & restaurants, going to country concerts, spending quality time with her favorite people.



Kyle Schultz, DO

Residency: Family Medicine

Medical School: A.T. Still – School of Osteopathic Medicine in Arizona

Dr. Schultz grew up all over the world, but calls in Mesa, AZ his home. After high school, Dr. Schultz headed north to Brigham Young University, where he obtained his bachelor's degree focusing on Military Science and Neuroscience.

After earning his undergraduate education, Dr. Schultz decided to pursue medicine by attending A.T. Still – School of Osteopathic Medicine in Arizona. It was there that his love for Family Medicine

blossomed. He states, "I love family medicine because of the continuity of care it offers, allowing me to build long-term relationships with patients and their families. I enjoy being part of their journey, supporting them through both routine care and challenges. My personality thrives in this specialty, as I enjoy connecting with people at all stages of life and making a meaningful impact on their health and well-being."

Early in 2025, Dr. Schultz elected to interview at the HonorHealth program and matched! His family packed up and made the trek home to Arizona. Dr. Schultz is excited about this program due to the "strong camaraderie among residents and the teaching style of the attendings, which aligns well with [his] learning preferences. [He] believes the program's supportive environment will help [him] grow both personally and professionally."

Outside of practicing medicine, he has a strong passion for sports, especially baseball. Whether he's watching, playing, or teaching his son how to hit and throw, it's something he truly loves. Go D-backs!



Chad Thompson, DO

Residency: Family Medicine

Medical School: Noorda College of Osteopathic Medicine

Dr. Thompson calls Yucaipa, CA his home. After high school, Dr. Schultz headed towards the Rocky Mountains of Utah to Brigham Young University, where he obtained his bachelor's degree in Neuroscience. After earning his undergraduate education, Dr. Thompson decided to pursue medicine just down the road by attending Noorda College of Osteopathic Medicine, also located in Provo, UT. He found a passion for Family Medicine because of the "variety Family Medicine offers—from treating a wide range of conditions to building meaningful relationships with patients. Every visit is a chance to meet someone new and learn something different, which keeps each day exciting and fulfilling."

After interviewing with HonorHealth, Dr. Thompson matched with the Family Medicine program. When asked why he chose to rank HonorHealth, he stated, "During my interview, I immediately

felt the family-like atmosphere. That sense of closeness and support was exactly what I was looking for, and it made my decision an easy one.”

During his time away from work, Dr. Thompson is passionate about sports and staying active. He grew up playing baseball, basketball, and football, and still enjoy anything competitive. When he's not moving, he's spending time with family and friends, reading, or getting into a good TV series.



Madison Uli, DO

Residency: Family Medicine

**Medical School: Midwestern University – Arizona
College of Osteopathic Medicine**

Dr. Uli is from Peoria, AZ. She went to the University of Arizona Tucson, where she obtained her bachelor's degree focused on Biochemistry, Biomathematics, and Religion. After earning her undergraduate education, Dr. Uli stayed close to home & pursued medicine by attending Midwestern University – Arizona College of Osteopathic Medicine. She states, “I have always viewed

medicine as a tool that we use so our patients have more quality time with their loved ones and their personal passions. Family medicine is the specialty where I can help my patients improve their daily lives and also get to hear about exciting life developments. Whether it be stories of finding a new love for tennis or attending their daughter's first dance recital, I love being a part of my patient's village!”

As an Arizona native, Dr. Uli was excited to join the HonorHealth program. She says, “Growing up in Arizona I have been on the patient side of HonorHealth and also rotated with the program during medical school. In both these two very different experiences I always felt comfortable, respected, and happy - which are qualities I looked for in a residency!”

Dr. Uli plans to be based out of Phoenix for the rest of her life because she adores the weather, dining scene, shopping, and pace of life here. Arizona has a fantastic emphasis on physical activity from Pilates, hiking, or even disc golf there is something here for everyone! While not practicing medicine, she loves all things creative, traveling, and spending time with her partner. She enjoys shopping and is often on the hunt for a new designer piece or thrifting fabric to sew something “new to her”. She & her partner both enjoy traveling and trying celiac friend foods across the globe!

HONORHEALTH MOUNTAIN VISTA MEDICAL CENTER

PGY2 - Class of 2027



Hannah Carlson, DO

Residency: Family Medicine

**Medical School: Midwestern University – Arizona
College of Osteopathic Medicine**

Dr. Carlson is an Arizona native from Surprise. She completed her undergraduate degree in Biology at Arizona Christian University. After earning her bachelor's degree, she decided to pursue medicine by attending Midwestern University – Arizona College of Osteopathic Medicine. During her education & current training, Dr. Carlson has expressed her love for how “versatile Family Medicine is and how it allows you to take care of patient's at every age and stage of life. You can really tailor it to your

strengths and interests and make it your own; which is exciting and allows you to provide better care to your patients!”

Dr. Carlson “chose this program because [she] loved the community of residents. They made [her] feel welcome starting from when [she] was a rotating student. Each of them and all of the faculty members truly want to see you succeed.”

While not working as a resident, she “enjoys spending time with her husband, Tyler, and their dog, Denver. [They] love to explore Phoenix and try new restaurants. [She] also did some graphic design during college and still likes to create things whenever the opportunity arises!”



Jeremy Dost, DO

Residency: Family Medicine

**Medical School: Midwestern University – Arizona
College of Osteopathic Medicine**

Hailing from Denver, Colorado, Dr. Dost was well prepared to begin his medical training. He obtained both a bachelor's degree in Biosciences and a master's degree in Toxicology from Colorado State University. Before heading to Midwestern University – Arizona College of Osteopathic Medicine, Dr. Dost worked as an EMT for over five years. When asked about his passions in Family Medicine, he

stated “What draws me to family medicine is the opportunity to form meaningful, long-term relationships with patients. I appreciate the continuity of care and the privilege of being part of someone's health journey over time. I also enjoy the breadth of the specialty—being a “jack of all trades” allows me to see and treat a wide variety of conditions across all ages and stages of life, which keeps every day interesting and fulfilling.”

Dr. Dost chose HonorHealth “because the Mesa program stood out for its strong sense of community and supportive culture. The faculty and residents have a close-knit relationship, and the attendings genuinely care—not just about your growth as a physician, but also about you as a person. From the moment [he] joined, [he] felt welcomed into an environment that encourages learning, connection, and success.”

Outside of medicine, he enjoys playing golf, watching his favorite sports teams (go Nuggets and Broncos!), hiking, kayaking, exploring local breweries with friends, and spending quality time with his wife, Hailey, and their family.



Gabrielle Hawes, DO
Residency: Family Medicine
Medical School: Midwestern University – Arizona
College of Osteopathic Medicine

Dr. Hawes is originally from Cornwall, Ontario, Canada. She first came to Arizona, after receiving her undergraduate degree in General Arts from the University of Ottawa, to pursue medicine by attending Midwestern University – Arizona College of Osteopathic Medicine. During her education & current training, Dr. Hawes has expressed her love for how “Family Medicine allows me to treat a wide range of conditions across all ages and life stages which keep my work dynamic and intellectually rewarding.”

Dr. Hawes is a great addition to our program & has stated that “the Family Medicine program at HonorHealth Mountain Vista Medical Center is filled with kind and supportive people. The program prioritizes a great work life balance and positive work culture.”

While not working as a resident, she enjoys spending time with her two English bulldogs, Piggy, and Mr. Boo Boo, as well as spending time with her new baby. She also enjoys hiking, squash and cooking.



Emily Perez, DO
Residency: Family Medicine
Medical School: Midwestern University – Arizona
College of Osteopathic Medicine

Dr. Perez brought her talent to our program all the way from The Woodlands, TX. She completed her undergraduate degree with a focus in Biochemistry and Genetics from Texas A & M University. After earning her bachelor’s degree, she decided to pursue medicine by attending Midwestern University – Arizona College of Osteopathic Medicine. Her passion for family medicine started during her education & has only grown from there during her

residency. She states, “I chose FM because I love having relationships with my patients and the ability to practice multiple areas of medicine including preventative care, managing chronic diseases, women's health, and office procedures.”

Dr. Perez interviewed with multiple programs but ultimately matched with her first ranked program, HonorHealth Mountain Vista! She “chose this program because of the priority placed on clinic and training excellent outpatient primary care physicians because this aligns with my career goals. I also love the class size of 5 residents- it allows me to be close with all of my co-residents!”

While not actively practicing medicine, she enjoys hanging out with her dogs, trying new restaurants, & cooking or baking.



Joseph Ruiz, DO

Residency: Family Medicine

Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Dr. Ruiz is a Phoenix, Arizona native. He completed his undergraduate degree focused on both Molecular Biological Sciences & Biotechnology at Arizona State University. He furthered his education by first attending Midwestern University where he got his master's degree in Biomedical Sciences, and then attending Midwestern's Arizona College of Osteopathic Medicine.

When asked what he loves about the specialty of Family Medicine, Dr. Ruiz stated, “I love family medicine because it offers the unique opportunity to build lasting relationships through continuity of care, make a meaningful difference in each patient's life, and grow both personally and professionally. It also aligns with my long-term vision of opening my own clinic and launching a non-profit organization to provide medical aid to underserved communities through medical missionary trips.”

Dr. Ruiz believes that “choosing HonorHealth was the best decision for me because of its unwavering support, dedication to equipping residents with the medical knowledge and practical skills needed to provide the highest quality care, and the wealth of opportunities it offers for personal and professional growth.”

Dr. Ruiz loves to spend his time outside of residency exploring new coffee shops, going on road trips in search of adventure, and spending quality time being the best dad he can be. he also loves reading, discovering inspiring new music, and hunting for Funko Pops to grow his current collection.

HONORHEALTH MOUNTAIN VISTA MEDICAL CENTER

PGY3 - Class of 2026

**Chase Adams, DO****Residency: Family Medicine****Medical School: West Virginia School of Osteopathic Medicine**

Dr. Adams is an Arizona native from Show Low. He completed his undergraduate degree in Biomedical Science at Northern Arizona University. Shortly after, he decided to pursue medicine by attending the West Virginia School of Osteopathic Medicine. Throughout his medical education & post graduate training, Dr. Adams become beloved by his patients. This is largely due to his passion for “chatting with people and encouraging them to be healthy, we become part of their family (truly an honor). We are always learning! We see everything in FM, which can be a

challenge, but it is accompanied by so many opportunities to learn”

Dr. Adams is also beloved by his co-residents and faculty. It seems the feeling was mutual when he stated, “Our program really is the best! I am surrounded by great peers and attendings. It provides constant learning opportunities and the ability to explore & master a wide range of medical experiences.”

While not actively practicing medicine, Dr. Adams is greatly involved in his faith and family. He loves being out on the lake wake surfing, checking out some cool reptiles, and playing some spike ball!

**Benjamin Claussen, DO****Residency: Family Medicine****Medical School: A.T. Still University Kirksville College of Osteopathic Medicine**

Dr. Claussen is one of our two chief residents. He is a proud native to Cambridge, Iowa. His love for the Midwest grew during his time earning his undergraduate degree at the University of Iowa, where he majored in Human Physiology. He doubled down and decided to stay in that area of the country when he pursued his medical education at A.T. Still University Kirksville College of Osteopathic Medicine.

Dr. Claussen’s talent and care is shown in each of his interactions with patients and co-residents alike. He found a passion for “the variety of Family Medicine! I also enjoy the continuity of care and the lasting relationships you create with each patient.” He has stated that this HonorHealth program was the perfect place for that love to grow due to its “supportive

culture, dedication to patient care, and strong focus on education. HonorHealth offers the resources and opportunities needed to develop into a well-rounded physician.”

When he is not busy with his regular resident or even Chief resident responsibilities, he enjoys hiking, trying new restaurants, attending Suns and Diamondback games, and cheering on the Denver Broncos and Iowa Hawkeyes! He currently holds the title in our clinic for the “Best March Madness Brackett Picker” for the 2025 season.



David Hager, DO

Residency: Family Medicine

Medical School: Arizona College of Osteopathic Medicine of Midwestern University

Dr. Hager is a native to Chandler, AZ. He decided to remain close to home by attending the University of Arizona Tucson to earn his bachelor’s degree in Molecular & Cellular Biology. He came back up north to continue his education by earning his master’s degree from Midwestern University in Biomedical Science. He stayed at Midwestern and attended their College of Osteopathic Medicine to earn his medical degree.

Dr. Hager’s love for learning and for his patients has only compounded during his post graduate training. He loves “the continuity of care offered by family medicine, as well as the comprehensive care that is offered by family medicine doctors. [He] looks forward to making long term relationships and taking care of generations of families.”

When deciding where Dr. Hager wanted to match for his residency, our program stood out because he “most appreciated the culture of the program, quality of the training, and the great mountain views!”

When not tending to his medical responsibilities, he loves to play pickleball or golf, going on hikes or to the gym, and traveling with his family. He also enjoys cooking, attending board game nights, lounging in the pool, or getting out and trying new restaurants.



Jay Knox, MD

Residency: Family Medicine

Medical School: Universidad Autónoma de Guadalajara Facultad de Medicina

Dr. Knox is from San Luis Obispo, CA. He attended California State University Sacramento for his undergraduate degree in Microbiology.

Soon after, he attended A.T. Still University of Health Sciences, where he earned his master's degree in Healthcare Administration. Dr. Knox decided to further his medical education by attending Universidad Autónoma de Guadalajara Facultad de Medicina in Guadalajara, Mexico. He followed his education by working as a Surgical First Assist for over four years before pursuing a residency in Family Medicine.

Dr. Knox loves family medicine because it is the “specialty that covers ALL specialties! The scope of practice can be as broad or narrow as you choose. The diversity of cases received never allows for a boring day and when I go home, I feel like I've learned something new each day.” He states he joined our program “held spirit of community & involvement with all of the faculty. They are all so invested in our education & growth.”

When he isn't actively practicing medicine, he loves to golf, spend time outdoors doing activities with his wife and kids, playing pickleball, and gaming.



Gary Smithson, DO

Residency: Family Medicine

Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Dr. Smithson is one of our two chief residents. He is a proud local to Gilbert, AZ. After high school, Dr. Smithson went up north to Brigham Young University to earn his bachelor's degree in Microbiology. He soon returned to his home state where he attended Midwestern University – Arizona College of Osteopathic Medicine.

Dr. Smithson has expressed his “love for being able to take care of patients over the course of many years and help direct them in all their healthcare goals. I love the diversity of patients and diagnoses.” He chose our program because he felt his values aligned with “the program's strong emphasis on outpatient primary care, which is exactly what I want to pursue. We also have a strong leadership that puts great value on taking care of yourself, your family, and your patients.”

When he is not busy with his regular resident, or even Chief resident, responsibilities, he loves spending time with his family. Any time he is not actively with them, you can find him at the golf course with his friends.