

ADDICTION MEDICINE FELLOWSHIP PROGRAM

Fellow

Class of 2026



Sarah Nasra, MD

Residency: Psychiatry – AtlantiCare Regional Medical Center

Medical School: Rutgers, Robert Wood Johnson Medical School

Dr. Nasra became interested in the field of addiction when she was surprised to see that the stigma of addiction could extend even to professionals working in the mental health field. Her clinical interests include substance use in professional groups, mental health advocacy, eating disorders and food addiction, as well as interventional psychiatry including ECT and TMS. She was drawn to HonorHealth specifically for the strong leadership and its work with physicians in monitoring programs.

As a New Jersey native, she will always stay true to the GTL (gym-tan-laundry) lifestyle, however she is excited to give the desert life a try with her partner, two step-daughters, and three cattle dogs. In her spare time, she enjoys talking about her favorite movies, shows, and books. She is hopeful that living in a place with year-round sunshine will turn her into an effortlessly athletic person.