

INTERNAL MEDICINE RESIDENCY PROGRAM RESIDENTS RESIDENTS

Class of 2026



Jacob (Jake) Harris, MD

Medical School: University of Utah

Clinical Interests: Hematology/Oncology

Why HonorHealth? Was attracted to HonorHealth by its small size, passionate faculty, and family in the area. I also had a great interview experience that left a very good impression on me.

Fun facts/hobbies: I enjoy playing pickleball and tennis, hiking, gardening, playing the piano and cello, and reading. I'm passionate about having good conversations with good people. I was attracted to HonorHealth by its small size, passionate faculty, and family in the area. I also had a great interview experience that left a very good impression on me.



Bradley Poindexter, DO

Medical School: Burrell College of Osteopathic Medicine Las Cruces, NM

Clinical Interest: I chose internal medicine because I plan on working as a hospitalist. I enjoy the inpatient atmosphere and workflow and as a hospitalist, I will be able to care for many types of patients with a wide range of pathologies. I am also interested in clinical informatics; especially as it relates to improving clinical workflows and improving patient outcomes.

Why HonorHealth? I did a sub-internship here as a fourth-year medical student and was impressed with the quality of the residents and attending physicians. I found the "vibe" of the program to be incredibly focused towards professional learning and development without sacrificing a positive environment.

Hobbies and Interests: Watching professional basketball, especially the Phoenix Suns! I also enjoy cooking, doing Pokémon puzzles, and playing tennis with my wife.

Passion: One of my most important passions in life is working towards a growth mindset, especially as it relates to being a lifelong learner, both in my professional and personal life.



Lorna Rapaich, MD

Medical School: University of Arizona College of Medicine- Phoenix

Clinical Interests: My interests include hospital medicine, POCUS, and pulmonary/critical care.

Why HonorHealth? In addition to being a top-ranked teaching hospital, I was drawn to the program's class size, diverse patient population, and its emphasis on resident wellness.

Hobbies/Interests: In my spare time, I enjoy spending time with my family, watching true crime documentaries, and learning how to cook all my mother's old recipes.



Michael Son, DO

Medical School: Marian University College of Osteopathic Medicine

Clinical Interests: I want to pursue Hospitalist medicine, but have current interests in fellowships for geriatrics, hospice & palliative, or critical care. Overall, I want to keep an open mind for fellowships.

Why HonorHealth? I was drawn to HonorHealth for its focus on resident teaching and well-being. All the residents, faculty, and staff were friendly and passionate about what they do and made sure that you felt well-supported. They highly focus on developing you into a highly competent and confident physician with growth mindsets.

Hobbies/ Interests: I recently have been really into tennis and rock climbing. Otherwise, I follow football (college and professional), casually play video games, tinker with PCs and electronics, and traveling to other countries.

Passion: I don't have any one specific passion aside from wanting to provide the highest level of care for my patients and maintaining strong camaraderie with my team. I am an avid traveler and hope that I can volunteer and provide medical care in areas of the world that need it.



Alexandra (Ally) Winski, DO

Medical School: A. T. Still University - Kirksville College of Osteopathic Medicine in Kirksville, Missouri.

Clinical Interest: Ally has been passionate about becoming a physician since she was a little kid when her and her twin brother would take turns acting as either the physician or the patient. She feels so fortunate that their dream has become a reality as both her and her brother will be completing their residencies in their home state of Arizona.

Why HonorHealth? As a former patient in this hospital system, HonorHealth was Ally's top choice when applying for residency. Being able to have the opportunity to provide the same great care to her patients that she once received is truly an honor.

Fun facts/hobbies: After residency, Ally is still deciding on whether she wants to work as a hospitalist or complete a fellowship - possibly in critical care. In her free time, she enjoys hiking, ice skating, boating, cooking, photography and spending time with her family, friends, and pets.

Boris Yushuvayev, DO

Medical School: Burrell College of Osteopathic Medicine

Clinical Interest: Cardiology, Hospitalist Medicine

Why HonorHealth? I chose this program because of the warm community presence, strong mentorship opportunities and emphasis on growth mindset for both professional and personal values.

Hobbies/Interests: In my free time I enjoy playing basketball, working out, exploring nature, and traveling to new destinations.

Class of 2027



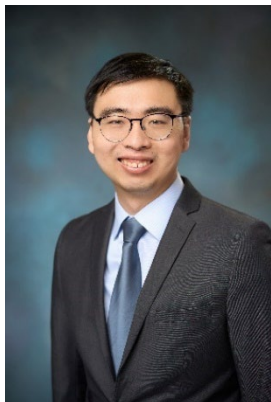
Carson Bridgers, DO

Medical School: Midwestern University – Glendale, AZ

I received my undergraduate degree in biomedical engineering from ASU, and prior to medical school I worked as a quality/regulatory engineer for a company that manufactured medical devices and an EMT. I attended medical school at Midwestern University in Glendale.

I pursued internal medicine as it allows me to manage and learn about a large breadth and depth of presentations and I can use that to better serve my communities' health needs. I'm primarily interested in hospital medicine and I'm unsure if I will specialize in the future.

In my free time I play in an (almost) weekly Dungeons and Dragons game that I've been a part of for about 6 years, go swing dancing, and spend time with my friends. What stood out to me about HonorHealth was the positive and collaborative culture that facilitates resident learning and improved patient care.



Bryan Fong, MD

Medical School: University of Queensland (Ochsner)

I graduated from Grand Canyon University here in Phoenix before going into medical school at the University of Queensland (Ochsner). I spent the first two years in Brisbane, Australia and finished my clinical years in New Orleans, Louisiana.

My clinical interests are in Gastroenterology and global health.

My family and I have had a wonderful experience as patients in the HonorHealth system and after my interview with Dr. Sall I could see that this extended to the residency program as well. I enjoyed the equal emphasis on resident welfare and education that this program provides.

I love looking up random new food places to explore! I also enjoy hiking during my free time and cooking.



Shreya Narain, DO

Medical School: Nova Southeastern University Kiran Patel College of Osteopathic Medicine

I lived in Arizona until the age of 17, when I moved to LA for college. After graduating from UCLA with a degree in Neuroscience and finishing med school at NSU-KPCOM, I'm now back in Arizona for residency and ecstatic to start this new chapter at Honor Health.

My interview at this program left an excellent impression on me. I was drawn to HonorHealth because of its focus on resident teaching, emphasis on resident wellness, and warm community presence. Everyone seemed very happy to be in this program while training to become highly competent and confident physicians.

I am currently interested in pursuing hospitalist medicine, but am also open-minded to fellowships in gastroenterology, critical care, or rheumatology.

In my free time, I enjoy traveling, sketching, Bollywood dancing, venturing out with family and friends to find the best new cafe or food spot, and mentoring those from my alma mater who are on the same path in medicine.



Anne Schmidt, DO

Medical School: Midwestern University Arizona College of Osteopathic Medicine

After residency, I hope to be a hospitalist in the Phoenix-Scottsdale area. I also have a special kinship with the geriatric population, and I have been considering inpatient geriatrics.

HonorHealth was my first choice. During my fourth year, I completed a sub-internship with HonorHealth and several other programs in the Valley. Over time, I realized that HonorHealth was the place where I grew the most as a clinician. I was given the perfect amount of independence to allow me to grow and be challenged while also being supported each day. While on sub-internship, it was easy to see why

HonorHealth is so well known for its “growth mindset.” And the people are so amazing! They immediately made me feel at home.

I was born at HonorHealth Scottsdale Shea! I am also an avid musician. I love singing ancient music, especially Renaissance-era polyphony, and Gregorian Chant. I also enjoy cooking, embroidery, swimming, reading (especially Jane Austen novels!), and hosting get-togethers with family and friends.



Taryn Wigington, DO

Medical School: A.T. Still University in Kirksville, Missouri

Born and raised in rural Arizona, I embarked on my academic journey at Northern Arizona University in the charming city of Flagstaff. It was during this time that my desire to become a physician grew, eventually leading me to A.T. Still University in Kirksville, Missouri.

As I completed my clinical rotations, I found myself drawn to hospitalist work, enjoying the array of conditions encountered daily. While I maintain an open mind about pursuing fellowship opportunities, I hope to continue developing my skills in medical education throughout residency.

Outside of medicine, I find joy in hiking with my dogs, or exploring new restaurants. I am passionate about animal welfare and hope to open an animal sanctuary one day.

I was drawn to HonorHealth because of its blend of intimate program size and expansive opportunities, offering the perfect environment to cultivate my aspirations while serving the community that has always been close to my heart.

Giovanni Zlaket, MD

Undergraduate school: Lehigh University

Medical School: University of Queensland (Ochsner)

I am currently interested in hospitalist medicine. I am also passionate about cardiovascular diseases and arrhythmias and am looking into potentially pursuing a fellowship in cardiology.

Hobbies/Interests/passion: I enjoy spending time with my family, cooking Middle Eastern cuisine, and practicing archery. In my free time, I like to watch movies and sports such as mixed martial arts.

I was drawn to HonorHealth because of its small residency size, which allows for a personalized and feedback-driven experience. My interview with the program confirmed that I would be surrounded by a supportive team that has my best interests in mind.

Class of 2029



Brittney Adams, DO

Medical School: **Midwestern University Arizona College of Osteopathic Medicine**

I was born in Wyoming and raised here in Arizona. For my undergraduate education, I attended Arizona State University where I majored in biology with a minor in psychology. I worked in various healthcare roles for six years and obtained a master's degree in biomedical sciences prior to attending medical school at Midwestern University. Throughout medical school, I had always been drawn towards internal medicine with interests in cardiology and gastroenterology.

Clinical Interests: Hospitalist medicine.

Why HonorHealth: There are so many reasons to love this program. The people, supportive environment, emphasis on growth, and overall culture of the program really stood out to me. The faculty and residents are passionate and welcoming. The program is invested in both the clinical success of the residents and resident wellness. I was also drawn to the emphasis on teaching and opportunities to grow as a future teacher and mentor.

Hobbies/Interests: Outside of medicine, I love art projects, really any hobby that gives me something to do with my hands, reading, and spending time outdoors.



Mo Bandi, DO

Medical School: **Rocky Vista University College of Osteopathic Medicine**

Why this field? I chose Internal Medicine because it's where I find the perfect mix of challenge, connection, and purpose. I love the problem-solving aspect of it where we piece together a patient's story, labs, and exam findings to make sense of complex cases. But more than that, I value the patient and family connection, and relationships built over time, guiding patients through both routine care and life-changing diagnoses. There's something incredibly fulfilling about being the person they trust to help navigate their health. Internal Medicine allows me to think critically while keeping the human side of medicine at the center, and that's exactly the kind of physician I want to be.

What stood out the most about HonorHealth and motivated you to choose this program? I felt that at HonorHealth, I will be training in a top-tier Internal Medicine Residency that prioritizes wellness, academic excellence, and a close-knit, supportive culture. Everyone endorsed a faculty that is approachable and a program director that is dedicated to resident growth and well-being. Along with all this, with the presence of multiple fellowships in my areas of interest and a growing fellowship pipeline, I felt confident I would get the best clinical training here. For these reasons and more, HonorHealth was my top choice.

My clinical interests currently are Gastroenterology and Hospital Medicine.

I love playing Volleyball, Soccer, Tennis and Pickle ball. I also love hiking, mountain/trail biking and in general just spending time in nature. When I want to just relax, I love to watch Sci-Fi, Fantasy and/or Historical Fiction movies and shows.



John Bumgarner, DO

Medical School: Idaho College of Osteopathic Medicine

I pursued medicine not only to diagnose and treat medical conditions but also to support patients emotionally during acute situations. I'm currently drawn to hospitalist medicine because of its balance of managing complex cases and helping critically ill patients regain their health, while also being a reassuring presence during what can be an unfamiliar and vulnerable time.

I was initially drawn to HonorHealth for its close-knit program size, but what truly sold me was the strong culture of growth and mentorship. The emphasis on a growth mindset and supportive learning environment made it clear that this is the ideal place to continue my training.

Outside of medicine, I find joy in exploring new places and spending time outdoors whether it's hiking, camping, trail running, fly fishing, or skiing.

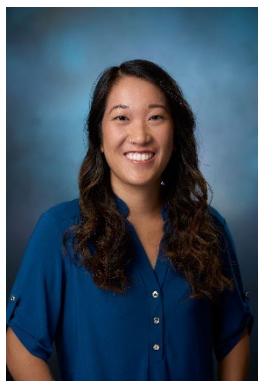


Daniel Franzese, MD

Medical School: University of Washington School of Medicine

As a medical student at the University of Washington School of Medicine, I was drawn to internal medicine for the complexity of inpatient care and the opportunity to follow patients through some of their most vulnerable moments. I take pride in being hardworking, resilient, and teachable, and I thrive in high-pressure environments where I can learn, grow, and contribute meaningfully. This has led to a specific clinical interest in hospital medicine and a strong consideration of a future fellowship in critical care, an area where HonorHealth's robust training and support further deepened my interest in the program. However, what stood out to me most about the program was the genuine camaraderie among residents and faculty, as well as the strong emphasis on hands-on learning, mentorship, and a culture that clearly supports both personal and professional growth.

Outside of medicine, I'm passionate about soccer, which nurtured a defining sense of community for me prior to my move Arizona and is something I hope to cultivate here. Overall, I love staying active and being outdoors. Otherwise, I am an avid world travel and find great satisfaction through immersing myself in a multitude of unique cultures. These days, my greatest joy comes from spending time with my wife and our 1-year-old daughter. We're excited to build our home here together, and I'm looking forward to becoming part of the HonorHealth community both inside and outside the hospital.



Ginelle Goh, DO

Medical School: Rocky Vista University

Why this field? I chose internal medicine because I enjoy the ability to form meaningful connections with patients and the high acuity of hospital-based medicine.

What stood out the most about HonorHealth and motivated you to choose this program? I chose HonorHealth because I worked as a scribe in one of its emergency rooms for two years before starting medical school. Later, during my sub-internship at Thompson Peak, I felt a strong sense of belonging—the residents were welcoming, the environment was supportive, and I immediately knew this was where I wanted to continue my training. It was one of those moments when you know you know.

-Clinical Interest: Currently I'm interested in becoming a hospitalist or going on to a GI fellowship

-Hobbies/Interests: Reading, Crafting, Traveling to new places, Trying new restaurants

-Passion: My passion is providing medical care to underserved communities and continuously learning from my patients, as I believe every person we encounter offers an opportunity to grow and learn.



Aseel Ibrahim, MD

Medical School: University of Arizona- Tucson

I chose internal medicine because it allows me to practice the art of medicine at its core- where critical thinking and empathy come together. I have always been drawn to storytelling, and internal medicine's broad scope of practice allows me to understand the stories behind the diagnoses of a wide range of patients. I am currently exploring clinical interests in allergy/immunology, rheumatology, and beyond.

I have had the privilege of completing my undergraduate studies, medical school, and now residency in our wonderful sunshine state. My personal experiences at HonorHealth shaped my understanding of how medicine truly should be: rooted in empathy. This institution provides care that sees the human behind the diagnosis. Beyond compassionate care, HonorHealth's dedication to innovation and excellence in academic medicine sealed the deal for me. Always a Sun Devil at heart, I am ecstatic about mentoring the next generation of physicians through ASU's new School of Medicine and Advanced Medical Engineering, where HonorHealth serves as the primary clinical affiliate. Outside the hospital, I enjoy photography, gaming, reading, baking, and brewing tea.



Zain Majeed, MD

Medical School: University of Arizona College of Medicine Tucson

Born in Amman Jordan, moved to the states when I was a kid, grew up as an Arab American with all my family around me. Couldn't have asked for a better upbringing. After 8 years of undergrad and medical school in Tucson, I get to come home and be with my family and practice my dream job. Looking forward to this upcoming chapter of my life :)

Internal Medicine was a wonderful combination of all the things I love about the medical field. A perfect balance of patient care, investigative and critical thinking, advocacy, and a broad range of physiology and biochemistry.

The thing that stood out most to me about HonorHealth was the community and culture. After the interview I was truly moved at how healthy and inviting the culture seemed and I am excited to be a part of the community here. Add to that, having all my family be within a 15-minute drive and you really can't ask for more.

-Clinical

Interest:

Gastroenterology

-Hobbies: Eating, Gym, Video Games, Reading, Playing music, and Hosting Family Gatherings

-Passions: Music, Astronomy, Teaching, Cooking

Class of 2029



Salman Azfar, MD (Physical Medicine & Rehabilitation)

Medical School: University of Arizona, College of Medicine - Phoenix

I am from Los Angeles, California and completed my undergraduate education at UCLA with a bachelor's degree in Physiology. After graduating and working as a medical scribe, I attended medical school in Phoenix, AZ at the University of Arizona, College of Medicine - Phoenix.

I have broad interests in PM&R that range from inpatient subspecialties such as spinal cord injury and traumatic brain injury to outpatient subspecialties like sports medicine. More than anything, I am looking forward to exploring all that the field has to offer more deeply during my training!

In my free time, I generally like to relax with family or friends and do my best to stay in close touch with non-local friends via video games. I enjoy swimming, skateboarding, and tennis, and have been trying out pickleball recently.

I had the privilege of having a 4th year rotation at HonorHealth during which I met various residents and faculty members and explored the facilities of the program firsthand. The passion everyone at HonorHealth had for the field was immediately apparent. Beyond that, it was clear that both the preliminary and advanced aspects of the training led to high levels of confidence and competence in the trainees. I had an incredible experience with the HonorHealth team and could not be more excited to be joining it myself!



Cameron Fung, DO (Physical Medicine & Rehabilitation)

Medical School: Western University of Health Sciences COM

Hi, my name is Cameron Fung. My hometown is Camarillo, CA. My passion for medicine began in high school when I volunteered at local free clinics in my area. From then on, I have continued to pursue my interests in the neuromusculoskeletal system. For example, I have worked as an intern for the UCSD sports medicine team, a physical therapy aide for Two Trees Physical therapy, and a research associate at my medical school's translational research team. I have a passion for teaching and, of course, caring for those in need.

After completing four years of undergrad at UCSD and four years of medical school at Western University of Health Sciences in Pomona, CA, I am ready to call Arizona home for the next 4 years at HonorHealth!

I chose my specialty, Physical Medicine and Rehabilitation, because it truly opens so many doors in terms of the patient populations I can take care of and the goals physiatrists live by when taking care of their patients. In the field of PM&R, there are so many subspecialties such as traumatic brain injury, spinal cord injury, amputee care, and pain medicine to name a few. I was drawn to physiatry because one of the core objectives of the field is enhancing patients' quality of life, whether that's by helping them regain functional independence or return to the activities they love.

HonorHealth immediately stood out to me during my interview day as a program dedicated towards quality patient care, physician wellness, and professional mentorship and development. I am excited to be a part of a program that will continue to push me day in and day out to be the best version of myself and the best physician I can be for the betterment of the patients and families I will care for.

-Clinical Interest: Interventional spine and MSK, Sports Medicine, Spasticity, and Spinal cord injury

-Hobbies/Interests: Golf, basketball, and woodworking
 -Passions: Traveling to explore and understand new cultures. Daily self-improvement



Adina Greene, MD (Dermatology)

Medical School: University of Arizona College of Medicine-Phoenix

Dr. Adina Greene moved to Phoenix in 2021 to attend medical school at the University of Arizona College of Medicine–Phoenix. She was born and raised in San Jose, California, and completed her undergraduate studies at the University of California, Berkeley, where she majored in Integrative Biology. After graduating from UC Berkeley, she took one gap year and worked as the head medical assistant at a private dermatology practice. It was during this time that she discovered her passion for dermatology, drawn to the opportunity to form longitudinal patient relationships and the specialty’s high degree of medical complexity. Dr. Greene chose HonorHealth for her preliminary medicine year and dermatology residency because of its

supportive mentorship, comprehensive training in both medical and surgical dermatology, and its ideal location.

Dr. Greene’s academic interests include complex medical dermatology, melanoma in high-risk populations, skin of color, geriatric dermatology, and narrative medicine. During medical school, she was honored with the Outstanding Graduate Student Achievement Award from the University of Arizona. She also completed a one-year part-time research fellowship in melanoma at Mayo Clinic Arizona, contributing to the publication of 20 research articles and receiving several research awards. Outside of medicine, she enjoys playing competitive mahjong, paddleboarding on Arizona’s lakes, hiking, writing poetry, and spending time with her family and friends.



Destin Swartz, MD (Physical Medicine & Rehabilitation)

Medical School: Chicago Medical School

Why this field? Life is hard enough without setbacks. Significant challenges and obstacles can disrupt our quality of life and derail our path toward personal goals. I want to be a helping hand for people navigating these difficulties and helping them return to what they love, even if it’s in a new way.

What stood out the most about HonorHealth and motivated you to choose this program? HonorHealth impressed me from the start with its resident camaraderie and the visible energy behind the eyes of both residents and attendings. It was clear this program values wellbeing and I believe the culture of wellness will help me better serve my patients.

-Clinical Interest: I’m interested in pain management, interventional spine, as well as sports medicine. Though I appreciate all facets of rehabilitation so far.

-Hobbies/Interests: Outside you can find me climbing, learning a new sport, camping, or snowboarding. Inside you can find me complaining about how hot it is and how I wish I could be outside. I do also love reading and learning new kinds of dancing, despite having two left feet.

-Passion: Learning new skills, going to new places, and embarrassing myself until I have nothing left to be embarrassed about.



Taylor Van Luven, DO (Physical Medicine & Rehabilitation)

Medical School: Noorda College of Osteopathic Medicine

Growing up in Tahoe City, CA, I developed a passion for living a healthy and active lifestyle and decided to dedicate my life to helping others do the same. I spent the last decade in Utah for my education, lifestyle, and starting a family. My husband and I are thrilled about this next adventure and raising our two kids back in his hometown in Arizona.

Optimizing function drew me to medicine in the first place and finding Physical Medicine and Rehabilitation was a perfect fit. I want to help patients rehabilitate and get back to activities that make life fun. I love general rehab, and my top interests currently are sports medicine and interventional spine.

We were drawn to HonorHealth for the opportunity to be near family and the many wonderful activities that Arizona offers. Receiving excellent training in PM&R in a close-knit program with an emphasis on resident well-being is a dream.

While not in the hospital, I am likely hanging with my family at home or at the pool, or off on a run/hike/bike ride with my dog. Beyond that, spare time ideally would be spent baking, reading, crocheting, gardening, or crafting, but likely I'm catching up on the never-ending laundry.



Miranda Yousif, MD (Dermatology)

Medical School: University of Arizona College of Medicine – Phoenix

Dr. Yousif is a Phoenix native and has remained in the Valley throughout high school, college, and medical school. She earned her medical degree from the University of Arizona College of Medicine – Phoenix, where she was a dual degree student and completed a Master of Public Health degree. She completed an Internal Medicine internship at HonorHealth in Scottsdale, AZ prior to starting dermatology residency.

Dr. Yousif has a passion for psychodermatology, pediatric dermatology, and dermatology in public health. She looks forward to serving her community and advancing holistic, compassionate care in the field of dermatology. Outside of work, Dr. Yousif enjoys spending time with family and friends, walking her dog, and playing chess.