

PHYSICAL MEDICINE AND REHABILITATION (PM&R) PROGRAM

2025-2026 Academic Year

4th Year Resident Class of 2026

**Erik Anderson, DO****Residency:** PM&R**Internship:** General Surgery, University of California-San Francisco, East Bay**Medical School:** Touro University College of Osteopathic Medicine – California

Bio: I have a multidisciplinary background rooted in my passion for helping others. A San Francisco Bay Area native, I earned a B.S. in Kinesiology with a minor in Chemistry from California State University – East Bay while working as a seasonal forestry firefighter. My early clinical experience as a medical assistant deepened my passion for patient care, ultimately leading to a Doctor of Osteopathic Medicine degree from Touro University in Vallejo, CA.

I completed a surgical internship at UCSF-East Bay before moving to Arizona for residency training in Physical Medicine and Rehabilitation. I remain engaged in adaptive sports and community outreach, continuing a lifelong commitment to service.

What stood out the most about HonorHealth and motivated you to choose this particular program?

The HonorHealth PM&R Residency program stood out to me for its dedicated and passionate faculty, strong clinical training across multiple healthcare sites, and the unique opportunity to be part of Arizona's only PM&R residency. The combination of supportive mentorship, diverse patient populations, and a vibrant setting made it the ideal place to grow both personally and professionally.

Clinical Interest

I am especially interested in neurological rehabilitation for patients recovering from strokes, spinal cord injuries, and brain injuries, with a focus on optimizing functional independence, improving quality of life, and supporting long-term recovery through a multidisciplinary approach.

Hobbies/ Interest

Outside of Physiatry, I enjoy exploring the natural beauty of Arizona through hiking, cycling, trail running, paddleboarding, and snowboarding. Staying active outdoors not only fuels my personal well-being but also deepens my appreciation for the movement and recovery I help patients reclaim in their own lives.

Passion

I am passionate about collaborating with a multidisciplinary team to help patients restore function and improve their quality of life after injury or illness. Supporting individuals through their recovery journey is both a privilege and a driving force behind my commitment to rehabilitation medicine.

4th Year Resident Class of 2026



Dylan Kassenbrock, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: A.T. Still College of Osteopathic Medicine- Mesa

Bio: I was born and raised in Phoenix, Arizona and enjoyed playing sports and making music throughout childhood. I had the opportunity to attend college at California Lutheran University in Thousand Oaks, CA, where I played one year of D3 football, followed by three years of rugby. I returned to Arizona for my medical school training at A.T. Still University

School of Osteopathic Medicine. My passion for the musculoskeletal system and teaching led me to complete a fellowship year in between my 3rd and 4th year of medical school. During this time, I was able to teach first year students' anatomy and Osteopathic Manipulative Medicine (OMM)

What stood out the most about HonorHealth and motivated you to choose this particular program?

When it came time to apply to residency programs, I loved the idea of caring for patients in my hometown while remaining close to my family and friends. The program size of HonorHealth allows me to have a closer relationship with my patients as well as my attendings, which is another aspect that drew me to this program. HonorHealth also puts the health and wellness of residents at the forefront, which is an enticing attribute for incoming residents

Clinical Interest:

Traumatic brain injury and musculoskeletal disorders, which I plan on pursuing through residency and beyond

Hobbies/Interest:

In my free time, I enjoy relaxing with my wife, Krista and golden retriever, Lucy. I enjoy playing golf and pickle ball, making music (guitar and drums), side hustling with designing/producing guitar pedals, and small batch beer brewing (new hobby)

Passion:

I have interest in both interventional spine and general inpatient PM&R for my future practice

4th Year Resident Class of 2026



Haroon Kisana, MD

Residency: PM&R

Internship: General Surgery, University of Arizona College of Medicine – Phoenix

Medical School: University of Arizona College of Medicine – Phoenix

Bio: I was born in Salt Lake City, UT and we moved to Phoenix when I was five years old. Growing up I wrestled and played football. A wrestling injury led to my interest in becoming a doctor. I have been fortunate to stay in the Phoenix area for all of my education/training. I went to ASU for undergrad, UA Phx for med school, and stayed for residency

What stood out the most about HonorHealth and motivated you to choose this particular program?

Multiple clinical sites to rotate at, great faculty, and resident centered program. It is also the only PM&R program in Arizona

Clinical Interest:

All things PM&R

Hobbies/Interest:

I enjoy spending time with family/friends, working out, raising farm animals, and learning how to play golf

Passion:

Watching football on Sundays

4th Year Resident Class of 2026



Kyle Malek, MD

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: University of Washington SOM

Bio: My name is Kyle Malek, and I grew up in the mountains just outside of Missoula, MT. My path into medicine has been circuitous at best. Immediately after high school I served in the Air Force for six years as an enlisted Airborne Cryptologic Linguist. Following that, I've worked in construction, the oil fields, and commercial fishing which have taken me all over the US. I received my undergraduate degree while serving in the Air Force. I received a post-bachelor pre-med certificate from Montana State University prior to completing my medical education at the University of Washington

What stood out the most about HonorHealth and motivated you to choose this particular program?

When applying to HonorHealth I was particularly struck by how resident centered the program seemed to be. The small and intimate ratio of students to preceptors was exactly what I was looking for. The staff seemed to truly know their residents and to be fully committed to providing excellent medical training. Honor Health also offers an extremely diverse patient base with opportunities to train under multiple specialists at several different medical centers

Clinical Interest

I love talking with patients about their conditions and hearing their stories and I also love working with my hands. So far, my interests include general rehab, musculoskeletal medicine, interventional spine

Hobbies/Interests

In my free time I enjoy working with my hands building and creating, whether it is with woodworking projects or restoring classic vehicles

Passion

Tennis. I love the technical skill required, the competition, and the fact that it can be a lifelong sport

3rd Year Resident Class of 2027



Phoebe Johnson, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Pacific Northwest University of Health Sciences

Bio: I attended Cal Poly San Luis Obispo for my undergraduate and graduate degrees in kinesiology

What stood out the most about HonorHealth and motivated you to choose this particular program?

My name is Phoebe Johnson, and I grew up in Long Beach, CA where I developed an early passion for water sports. I attended Cal Poly San Luis Obispo where I competed on my university's triathlon team and obtained my undergraduate and graduate degrees in Kinesiology. During my gap years, I coached swimming and worked in the cardiac rehab unit and emergency department as a scribe before eventually moving up to Yakima, Washington for medical school

Clinical Interest

Sports medicine, pediatric PM&R

Hobbies/Interests

I enjoy hanging out with friends, cooking, and outdoor activities including running, swimming, surfing, and learning to play tennis

Passion

Water sports and enjoying time with friends and family

3rd Year Resident Class of 2027



Nicholas Olson, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Lake Erie College of Osteopathic Medicine (LECOM)

Bio: I completed my undergraduate degree at Arizona State University and medical school in Pittsburg, PA at LECOM. As an Arizona native, I liked the idea of returning home for residency. Not only to be near family and friends but also to give back to the community that raised me. During my interview with the PM&R faculty, it was obvious how much they cared for their resident's well-being during training

What stood out the most about HonorHealth and motivated you to choose this particular program?

Being the only PM&R program in Arizona, residents rotate through some of the top hospital networks in the state. I am excited to be a part of a tight-knit and supportive program that will give me the tools to succeed as a physiatrist!

Clinical Interest

Leaning toward pediatric rehabilitation or interventional spine but keeping an open mind!

Hobbies/Interests

As a dad to 2 young boys, there is never a dull moment in our home! We love playing at parks, swimming, and trying new restaurants. Other hobbies include cooking, going to the gym, and snow skiing

Passion

Family, Food, and Fitness

3rd Year Resident Class of 2027



Shayne Sumida, MD

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Creighton University and Creighton University School Of Medicine, Phoenix Regional Campus

Bio: I graduated from Creighton University with a B.S. In Biology and decided to continue my medical education at the same institution. I moved to Arizona for my clinical rotations and have lived here since then

What stood out the most about HonorHealth and motivated you to choose this particular program?

I chose to continue his clinical training at HonorHealth because of the program's supportive culture and dedication to advancing rehabilitation in the Southwest

Clinical Interest

Interventional Pain, Regenerative Medicine, Spinal Cord Injury, Neurorehabilitation and Spasticity Management

Hobbies/Interests

Hiking, snowboarding, and spending time with his dog. He is passionate about community service and enjoys working with Arizona's local disability and neurodiverse populations

Passion

I am passionate about fitness, cooking, and serving Arizona's local disability and neurodiverse populations

3rd Year Resident Class of 2027



Ian Villescas, DO

Residency: PM&R

Internship: Transitional Year, Mountain View Regional Medical Center

Medical School: Burrell College of Osteopathic Medicine – Las Cruces, NM

Bio: I was born and raised in Las Cruces, NM, and initially developed an interest in medicine during my undergraduate education at the University of New Mexico in an emergency medicine course. Prior to medical school, I spent 6 months working in Houston, Texas, at an internship with MD Anderson Cancer Center during which time I assisted with research projects primarily focusing on appendiceal cancer. During medical school, I became particularly interested in Physical Medicine & Rehabilitation after a third-year rotation which I absolutely loved.

What stood out the most about HonorHealth and motivated you to choose this particular program?

Early in my fourth year of medical school, I had an audition rotation with HonorHealth during my fourth year of medical school that was a fantastic experience. The residents, faculty, and mentorship offered by the program seemed like the perfect environment to continue my professional training. Plus, the opportunity to remain in the desert southwest was a nice bonus

Clinical Interest

I've been involved in sports my entire life, and have particular interest in sports medicine, musculoskeletal medicine, and spasticity management

Hobbies/Interests

My hobbies include running, tennis, snowboarding, rock climbing, fantasy football, watching Formula 1, and collecting vinyl records

Passion

Outside of medicine, I am passionate about anything sports-related

2nd Year Resident Class of 2028



Kian Bagheri, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Campbell University School of Osteopathic Medicine, Lillington, NC

Bio: I was born and raised in Davis, California, and later attended Pomona College in Southern California, where I earned a B.A. in Biology with a minor in Spanish. Before beginning medical school, I worked as an EMT in the Bay Area and as a clinical research coordinator at the UCSF Movement Disorders Clinic. I went on to earn my D.O. from Campbell University School of Osteopathic Medicine in Lillington, North Carolina, and subsequently matched at HonorHealth for my residency training in PM&R.

What stood out the most about HonorHealth and motivated you to choose this particular program?

I chose HonorHealth because of the excellent clinical training as well as the focus on resident wellness. The fact that it is the only PM&R program in Arizona ensures ample opportunities for learning and growth. I'd also be lying if I didn't say I was excited about the sunny weather year-round!

Clinical Interest

My interests are broad but currently I have a passion for sports medicine, pain management, orthobiologics, general rehabilitation, and telehealth.

Hobbies/Interests

In my free time I love staying active. Whether that is working out at the gym, going on a hike, or playing pickleball with friends, I prioritize being outdoors as much as I can. I also enjoy trying new places to eat as well as spending time with my partner and two cats.

Passion

I grew up playing soccer and was fortunate to be able to play in college and beyond. I am a huge fan of anything related to the sport, especially watching the Premier League as well as European soccer.

2nd Year Resident Class of 2028



William O'Neill, MD

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: University of Cincinnati College of Medicine, Cincinnati, OH

Bio: I was born in the Chicago area but have lived in several states throughout the Midwest including Wisconsin, Indiana, and Ohio. I received my undergraduate degree from Kenyon College and medical degree from the University of Cincinnati. I have enjoyed experiencing the unique quirks and strengths of all the communities that I've lived in, and I look forward to doing the same here in Arizona.

What stood out the most about HonorHealth and motivated you to choose this particular program?

As the only PM&R residency in the state of Arizona, I was excited to join the HonorHealth community and train in a program that serves one of the largest metro areas in the US. Small resident class size, the ability to train in locations all over the PHX area, and the opportunity to explore a new part of the country were all appealing to me.

Clinical Interest

I have a variety of clinical interests within the field of PM&R including general rehabilitation, sports medicine, and pain management.

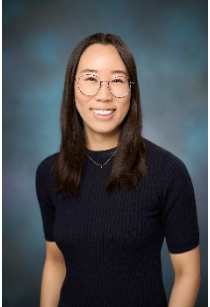
Hobbies/Interests

I enjoy almost all outdoors hobbies, cooking family style meals, homebrewing what I'll grade as C+ beer, and supporting my favorite professional soccer team, Arsenal FC.

Passion

I am passionate about balancing the above-mentioned hobbies/interests with a career that I find meaningful, mentally stimulating, and rewarding.

2nd Year Resident Class of 2028



Jennifer Song, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Western University of Health Sciences, Pomona, CA

Bio: I grew up in Denver and moved to Los Angeles during high school. After graduating from college, I was heavily involved in the improv and sketch comedy scene in Hollywood while also working as a full-time caregiver to a low-functioning autistic child. Eventually I decided to go to medical school which is where I learned about PM&R.

What stood out the most about HonorHealth and motivated you to choose this particular program?

I was drawn to the close-knit community within the program, where both the residents and faculty seem down-to-earth and friendly. I was also impressed with the program's commitment to making sure residents get great training without sacrificing their mental health and well-being.

Clinical Interest

Spinal cord injury, Spasticity management, General rehab

Hobbies/Interests

Finding hole in the wall restaurants, attending my friends' improv and sketch comedy shows, obsessing over getting bangs but not getting them, bed rotting lol

Passion

Passionate about finding good Asian food in the Valley

2nd Year Resident Class of 2028



Cara Wyant, DO

Residency: PM&R

Internship: Internal Medicine, HonorHealth Thompson Peak Medical Center-Scottsdale

Medical School: Touro University Nevada, Henderson, NV

Bio: I graduated from Haverford College with a fine arts degree. I spent my gaps years as a project manager for Epic and as a research assistant in a deep brain stimulation lab at the Cleveland Clinic Lerner Research Institute.

What stood out the most about HonorHealth and motivated you to choose this particular program?

I was drawn to pursue my post graduate training at HonorHealth because of this program's combined emphasis on quality training and resident wellness. Its academic pursuits combined with the Phoenix metropolis made it an ideal place to grow into my career.

Clinical Interest

My medical interests are centered in pain management and interventional pain

Hobbies/Interests

Any spare time is spent hiking, indulging in horror/macabre movies and culture, arts/festivals, relaxing with my pets, and collecting hobbies.

Passion:

I am passionate about combining my interests with a rewarding career that serves my community