

FAMILY MEDICINE RESIDENCY PROGRAM

FACULTY



Alethea Turner, DO **Program Director**

Dr. Alethea Turner is a Board-Certified Family Physician who was raised in Arizona. She graduated from the University of Arizona earning a Bachelor of Science in Physiology and minors in Chemistry and Journalism. Dr. Turner completed her Family Medicine residency at HonorHealth in 2012, where she served as Chief Resident and won multiple awards.

After completing residency, Dr. Turner worked in a primary care group practice where she provided a wide spectrum of care to her patients. In 2017 she returned to HonorHealth and the Family Medicine Residency program as an Associate Director. Dr. Turner has since completed a Faculty Development Fellowship through the University of Arizona and has earned the Degree of Fellow from the American Academy of Family Physicians. She also completed a fellowship through the National Institute of Program Director Development to continue to advance her skills in medical education and leadership.

Dr. Turner assumed the role of Program Director in 2025 and some of her interests include mentorship, physician wellbeing, and reducing disparities in healthcare. Dr. Turner also has an enthusiasm for medical journalism and the promotion of evidence-based medicine and health equity. She is devoted to making healthcare more inclusive and believes that this starts with education and embracing diversity. Dr. Turner's scholarly pursuits and leadership in Diversity, Equity, and Inclusion have earned her national and local recognition.

Dr. Turner is married and has a daughter. She enjoys travel, music, dance, and design. Outside of work, she is happiest spending time with her family and friends and watching her daughter on the softball field.



Dmitry Bisk, MD
Associate Program Director

Dr. Bisk is a board-certified Family Physician who grew up in Walnut Creek, California. He completed his undergraduate degree at California Polytechnic State University and received his medical degree from Ross University School of Medicine. He subsequently moved to Arizona to complete his residency training with HonorHealth, where he was elected Resident Association President. In his final year of training, he served as Chief Resident and was awarded Resident Teacher of the Year.

Following residency, Dr. Bisk joined the HonorHealth Medical Group, where he practiced comprehensive outpatient medicine before transitioning into a full-time Associate Program Director role in 2017. In 2019, Dr. Bisk completed a Faculty Development Fellowship through the University of Arizona. His scholarly work has focused on population health, healthcare disparities, resident well-being, and medication-assisted treatment for opioid use disorder, with presentations accepted at numerous national conferences. His clinical interests include preventive care, chronic disease management, obesity medicine, point-of-care ultrasound (POCUS), and clinical informatics. He is also an Epic physician builder, with a focus on optimizing workflows and improving patient care through the electronic health record. In 2025, he became board-certified in obesity medicine.

Dr. Bisk is married and has two daughters. Outside of medicine, he enjoys spending time with his family, running marathons, cooking, brewing espresso, and watching the NFL and NBA.

Kara Combs, MD
Associate Program Director



Dr. Combs is a Board-Certified Family Physician who was born and raised in Indianapolis, Indiana. She completed her undergraduate degree in Human Biology at Indiana University, then earned her medical degree from Indiana University School of Medicine. After medical school, Dr. Combs moved to Arizona and completed her family medicine residency with HonorHealth where she served as Chief Resident.

After residency, Dr. Combs practiced comprehensive outpatient medicine and taught medical students at a local federally qualified healthcare center for nearly five years. Dr. Combs is passionate about providing excellent medical care to all populations.

In October 2023, Dr. Combs returned to HonorHealth as an Associate Program Director for the Family Medicine Residency Program. Her clinical interests include lifestyle medicine, preventative medicine, obesity medicine, and clinical informatics. Dr. Combs is also board certified in Lifestyle Medicine.

In her free time, Dr. Combs loves to travel, spend time with her husband, two kitties, and enjoys vegan food. She also loves hiking, reading, and knitting.



Andrea Darby-Stewart, MD
Associate Program Director

Dr. Darby-Stewart completed her medical education at UCLA and her Family Medicine Residency training at Mayo Clinic Arizona. She has extensive experience in graduate medical education; having served several years as residency faculty and subsequently as a Family Medicine Program Director at both Mayo Clinic Arizona and Dignity Health in Phoenix, AZ. Dr. Darby-Stewart was previously an Associate Director of the Family Medicine Residency program at HonorHealth prior to her transition into the Program Director position at Dignity Health. Dr. Darby-Stewart returned to her position in 2014 after serving in medical administrative roles at Dignity Health and Banner Health system.

Dr. Darby-Stewart's clinical interests have evolved to include care for transgender youth and adults, facilitated group visits (Centering) for diabetes, clinical patient safety, and enhancing the patient experience and physician joy in practice.

In addition to her extensive graduate medical education experience, Dr. Darby-Stewart brings several other skills to her Associate Director position including population health management, scholarly activity, a regional/national presence with several healthcare organizations, and a true passion for medical education and excellence in patient care.

Dr. Darby-Stewart is married to her high school sweetheart, a retired Phoenix Firefighter, and has two college age sons. She is an avid hiker and reader and has a long-standing yoga and meditation practice.



Christine Gibson, DO, MSc, DipABLM
Associate Program Director

Dr. Gibson grew up in Springfield, Missouri where she completed her undergraduate degree in chemistry and biology and subsequently pursued a career as an EEG technician and a part-time chemist for a road construction company. Dr. Gibson discovered her passion for medicine while obtaining her Master of Biomedical Sciences and moved to Arizona to attend medical school at Midwestern University – Arizona College of Osteopathic Medicine in Glendale, Arizona. She completed 2 years of a General Surgery residency at Creighton University – Phoenix but transitioned to the Family Medicine residency at HonorHealth where she served as Chief Resident in her final year of training.

Dr. Gibson is Board Certified by the American Board of Family Medicine and won multiple teaching and leadership awards throughout her medical education. After residency, Dr. Gibson practiced comprehensive outpatient medicine with the HonorHealth Medical Group before returning to the HonorHealth Family Medicine Residency Program as an Associate Program Director. She is also Board Certified by the American Board of Lifestyle Medicine to further enhance both resident and patient education. Dr. Gibson's clinical interests include procedural medicine, inpatient/hospital medicine, lifestyle and obesity medicine.

In her free time, Dr. Gibson enjoys competing around the country with her competition level agility dogs and training/riding her horse.



Cynthia L. Kegowicz, MD
Program Faculty, HonorHealth Designated Institutional Official

Dr. Kegowicz is a Board-Certified Family Physician who grew up in upstate New York and attended Georgetown University where she received a Bachelor Science degree in nursing and subsequently attended Georgetown University School of Medicine.

Dr. Kegowicz completed her Family Medicine residency training at HonorHealth as a Chief Resident, followed by a Faculty Development Fellowship at the University of Arizona. Dr. Kegowicz joined the residency faculty in 1999 and has remained committed to the program's excellence in education; as evidenced by her multiple teaching awards over the past two decades. She is a Professor of Clinical Practice for the new Arizona State John Shufeldt School of Medicine and Medical Engineering, an Assistant Professor of clinical Family and Community medicine at the University of Arizona College of Medicine-Phoenix and is an adjunct Assistant Professor for Midwestern University Arizona College of Osteopathic Medicine.

Dr. Kegowicz's passion for resident education and excellence in clinical care made her transition to Program Director in 2011 an easy one; she served in the role of Program Director role until January 2025 when Dr. Kegowicz became the Designated Institutional Official (DIO) for HonorHealth. In her role as DIO, Dr. Kegowicz provides oversight of all the residency and fellowship programs at HonorHealth; ensuring excellence in clinical training and all learning environments. She participates in multiple local and regional committees supporting medical education, healthcare disparities, and high-quality patient care. Dr. Kegowicz continues to work as clinical faculty for the HonorHealth Scottsdale Osborn Family Medicine Residency program; including precepting in both the ambulatory and inpatient settings.

Dr. Kegowicz's clinical interests include women's health, adolescent medicine, pediatrics, and preventive care. She has established a loyal patient following over the past 30 years and still maintains an active clinical practice. Her husband, Alex Onofrei, MD, is also a graduate of the HonorHealth Family Medicine Residency Program. They are the proud parents of Megan, their adult daughter and Sadie and Maverick, their Labradors. Dr. Kegowicz's hobbies include cooking, trying new restaurants, and travel.



Darlene Moyer, MD
Associate Program Director

Dr. Darlene Moyer graduated from Lycoming College with a Bachelor of Science degree in biology and attended George Washington University School of Medicine. She completed both her Family Medicine residency at HonorHealth and a Faculty Development fellowship at the University of Arizona in 2008.

During her early career Dr. Moyer spent three years working as a hospitalist at HonorHealth while also teaching for the Family Medicine Residency program in both the inpatient and outpatient settings. Dr. Moyer became a full-time Associate Director in 2011 and subsequently completed the Society of Teachers of Family Medicine Emerging Leaders Fellowship.

Dr. Moyer's clinical interests include Geriatrics, chronic disease management, hospital-based medicine, and medical simulation training. Dr. Moyer formally completed her Geriatric Medicine fellowship at HonorHealth in 2024. After fellowship she became core faculty within the HonorHealth Geriatric Fellowship and built a long-term care program in a local memory care and assisted living facility. In this setting she supervises care delivered by both residents and Geriatric fellows. She is active in numerous hospital committees and collaborates with the trauma teams to improve care delivered to our geriatric patients.

In her free time Dr. Moyer enjoys spending time with her husband, two daughters, and two dogs. Her hobbies include hiking, traveling, reading, painting, and spending time outdoors.



Melissa Reed, MD
Associate Program Director

Dr. Reed grew up on a ranch in Wyoming and pursued a career in social work before discovering her passion for medicine during a hospital based medical social work job. She attended The University of Arizona College of Medicine – Phoenix where she fell in love with each specialty in which she rotated and knew Family Medicine was the best fit due to her broad interests and passion for connecting with patients through continuity of care. She completed her residency training at the UCHHealth Family Medicine residency Program in Fort Collins, Colorado and is board certified in Family Medicine.

Dr. Reed is interested in full scope Family Medicine including obstetrics and hospital medicine. She is also passionate about medical education and provider wellness as these topics relate to optimizing compassionate patient care.

In her free time, Dr. Reed enjoys spending time with her husband and son and their menagerie of pets as well as cooking and getting outside in the beautiful Valley of the Sun.



Richard Rutkowski, MD
Associate Program Director

Dr. Rutkowski rejoined the faculty of HonorHealth Family Medicine Residency in 2013. A native of Illinois, Dr. Rutkowski graduated with honors from the College of the University of Chicago, received his MD degree from the University of Chicago Pritzker School of Medicine, and completed his Family Medicine residency at Hinsdale Hospital in Illinois, where he served as chief resident.

Dr. Rutkowski practiced in the Chicago suburbs and was involved in resident education for 15 years before moving to Arizona in 2001. He provided direct patient care and taught medical students and resident physicians at HonorHealth from 2001 to 2009.

For the next four years, Dr. Rutkowski was a Senior Associate Consultant in the Department of Family Medicine at Mayo Clinic - Arizona and an instructor at Mayo Medical School. He is a Clinical Assistant Professor of Family, Community and Preventive Medicine as well as a member of the Doctoring Faculty at University of Arizona College of Medicine - Phoenix and is board-certified by the American Board of Family Medicine.

In June 2013, Dr. Rutkowski returned to HonorHealth. His medical interests include preventive medicine, office procedures, patient education, and the business aspects of medical practice. Dr. Rutkowski also works for several law firms as a medicolegal consultant for the defense in professional liability litigation and is an active volunteer in his church and several community organizations, including serving as President of the Fountain Hills Unified School District Governing Board. Outside of work, he enjoys reading, golf, and being an “amateur handyman.” He is widowed and has two adult children.



Jaimei Wendt, MD
Associate Program Director

Dr. Jaimei Wendt grew up in the distant suburb of Gilbert, AZ. In attempt to explore different climates, she ventured to the University of Washington for her undergraduate degree and came back to the valley for medical school at the University of Arizona College of Medicine – Phoenix where she received her joint MD/MPH degree. She has wanted to be a family physician for as long as she has wanted to be a doctor and completed her Family Medicine residency at the University of North Carolina.

Following residency, she moved to Northern Virginia with her husband and worked just across the border in the eastern panhandle of West Virginia where she practiced full-spectrum family medicine including outpatient, inpatient, and OB at a critical access hospital.

While she enjoys all things family medicine, Dr. Wendt has specific interests in reproductive health, care of the pregnant patient and infant dyad, and medication-assisted treatment for opioid use disorder. In her free time, Dr. Wendt enjoys spending time with her partner, baby, dogs, and cat. Together, they enjoy running, hiking, cooking (and eating!) and are thrilled to call Arizona “home” again!

PROGRAM COORDINATOR



David Moreno
Family Medicine Program Coordinator

David Moreno is our full-time Program Coordinator. David earned his Bachelor's Degree in Business from the W.P. Carey School of Business at Arizona State University, as well as his Master's in Business Administration from Capella University. He previously worked with Banner Health for 5 years, where he was most recently a coordinator for the Orthopedic Surgery Residency Program, and for both the Hand Surgery and Orthopedic Sports Medicine Fellowships.

In his role as Family Medicine Program Coordinator, David utilizes his multiple skills to provide administrative support to our faculty and residents, oversee recruitment of new residents, manage new resident onboarding and orientation, and to provide oversight of the numerous schedules and administrative tasks within the residency program.

David is dedicated to making a positive impact on our program and is committed to serving others. In his spare time, he enjoys spending time with his wife, family, and friends, traveling, and enjoying the beautiful Arizona outdoors.