

HONORHEALTH FOUR PEAKS MEDICAL CENTERPGY 1 - Class of 2029



Muhammad Muneer, DO
Residency: Internal Medicine
Medical School: Kansas City University

Dr. Muneer grew up in a small town near the iconic Canadian Rocky Mountains.

Muhammad is passionate about Internal Medicine because there is nothing quite like the satisfaction of gathering clues and piecing a complex clinical puzzle together. Internal medicine also offers a great variety in patient presentations and overall pathology. While Dr. Muneer remains open to various subspecialties, he is particularly fond of gastroenterology, cardiology, infectious diseases, and critical care. He is drawn to HonorHealth for its commitment to strong clinical training, supportive culture, and emphasis on teamwork. HonorHealth also provides the perfect opportunity to care for a unique and diverse patient population. The Mesa area is especially appealing to him, given the population diversity and the balance it offers between a vibrant urban setting and access to the outdoors. Outside of medicine, Dr. Muneer enjoys biking, reading poetry, visiting museums, exploring exhibitions, and spending time with his wife and son. Oftentimes, he seeks out new cultural experiences through food, music, and travel.



Name: Michael Vu, DO
Residency: Internal Medicine
**Medical School: Arizona College of Osteopathic Medicine,
Midwestern University**

Dr. Vu grew up in the garlic-infused town of Gilroy, California.

Michael gravitated towards internal medicine because of the diverse patient populations and wide range of conditions. He came to Arizona with his family and stayed for medical school and residency because of the welcoming community here and incredible food. The beauty of the desert is a bonus. Honor Health Four Peaks is the ideal environment to gain experience in the daily workflow of a hospitalist while also learning about complex pathologies across different specialties. He appreciates the balance of a hospitalist but hopes to maintain an outpatient presence as a primary care physician.

Outside of medicine, Michael takes his time caring for his dogs, gaming, and keeping up with new movie theater releases.



Marissa Orosco, DO

Residency: Internal Medicine

Medical School: Burrell College of Osteopathic Medicine

Dr. Orosco grew up in a farming area in Buckeye, Arizona

Marissa quickly discovered her passion for Internal Medicine after being drawn to the diversity of patient cases and the overall emphasis on providing optimal patient care. Being able to establish meaningful relationships with her patients while helping them toward recovery is her favorite part of medicine. She loves inpatient medicine and has a sight on continuing inpatient service, yet she remains open-minded to the idea of pursuing a fellowship. Dr. Orosco was particularly drawn to HonorHealth Four Peaks as she experienced a strong sense of belonging after completing a rotation with their Internal Medicine program. She appreciated the warmth and compassion between the faculty and their patients. In her free time, Marissa enjoys time with her family and her pug, Nigel, traveling, and attending live concerts.



Name: Lea Wheeler, DO

Fellowship: N/A

Residency: Internal Medicine at HonorHealth Four Peaks

Medical School: A.T. Still University- KCOM

Dr. Wheeler grew up in St. Louis, Missouri.

Lea completed her undergraduate studies at the University of Wisconsin–Madison before earning her Medical Degree from A.T. Still University in Kirksville, Missouri. She enjoys the breadth of Internal Medicine and the challenge of caring for patients across a variety of clinical settings. Her clinical interests include hospital medicine and preventive care, and she remains undecided about pursuing a fellowship after developing an interest in many different specialties.

Outside of medicine, she enjoys traveling, hiking with her corgi, and singing karaoke. After completing clinical rotations at HonorHealth, she was drawn to the program's supportive culture, strong sense of community, and commitment to resident growth, making her decision to train here an easy one.



Loveth Igburuke, MD
Residency: Internal Medicine
Medical School: Avalon University School of Medicine

Dr. Loveth Igburuke is an incoming Internal Medicine resident with a deep commitment to patient-centered, holistic care. Her passion for Internal Medicine is rooted in its complexity and continuity, allowing her to thoughtfully manage multifaceted conditions while building long-term relationships with patients. Shaped by personal experiences with loss and navigating healthcare access, she is particularly driven by preventive care, with a focus on practical, patient-centered treatment plans.

She chose HonorHealth Four Peaks Medical Center after experiencing its strong sense of community, collaborative culture, and genuine investment in resident growth during her rotation. She was especially drawn to the program's emphasis on both clinical excellence and supportive training, which aligned with her values of consistency, service, and integrity. Outside of medicine, Dr. Igburuke enjoys music direction and songwriting, fitness, and community outreach. She is passionate about mentorship, health education, and serving underserved populations, and looks forward to contributing meaningfully to both her patients and the Arizona community.

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Ryland Savage, DO

Residency: Internal Medicine

Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Dr. Savage grew up in Draper, Utah.

He is passionate about Internal Medicine because it deals with all aspects of patient health, and he enjoys the dynamics of inpatient medicine. As a medical student Ryland was impressed by the HonorHealth system and the cohesion that he saw between doctors, nurses and other healthcare workers.

When Dr. Savage is not spending time with his three children and his wife, he enjoys swimming, pickleball, soccer, and disc golf.



Puja Patel, MD

Residency: Internal Medicine

Medical School: Avalon University School of Medicine

Dr. Patel grew up in the "Windy City", Chicago Illinois

Patel loves all aspects of internal medicine including inpatient and outpatient patient experiences. Puja's particular interest is serving the underserved. When she is not studying or traveling, she loves to volunteer at health fairs and work at community medical centers. Puja loves all things "Stairmaster", which includes hiking Piestewa Peak. She has also published several peer reviewed research papers in hopes to continue doing research during residency and beyond. Dr. Patel is passionate about spending time with her family.

After completing many clinical rotations at Honor Health FPMC, Puja realized how much she loves Internal Medicine and how much she enjoys working and learning from FPMC IM residency program. Choosing to do residency at FPMC was a very easy decision for Dr. Patel.



Rushabh Daulat, MD

Residency: Internal Medicine

Medical School: University Arizona School of Medicine, Tucson.

Dr. Daulat is originally from Glendale, Arizona.

Rushabh was drawn to Internal Medicine because it allows care for a diverse population with a holistic approach. Rushabh decided on Honor Health Four Peaks Medical Center IM Program because of the strong sense of community, supportive mentorship, and commitment to a growth mindset.

Outside of medicine he enjoys cooking, playing soccer, and exploring new places. One of the things Rush enjoys most about Arizona is the natural beauty it offers—within a few hours you can find yourself by a lake, in a forest, or out in the desert.



Karam Abi Karam, DO

Residency: Internal Medicine

Medical School: Kansas City School of Osteopathic Medicine

Dr. Karam Abi Karam grew up in a picturesque village, Baskinta in Lebanon.

Karam has always been drawn to building long-term relationships with his patients and being a consistent presence in their care, especially during their most vulnerable moments. Internal Medicine offers the perfect balance of clinical reasoning, continuity, and collaboration—with the flexibility to manage both acute and chronic conditions. He also enjoys hands-on procedures and the challenge of detecting disease in its early stages, which has inspired his interest in pursuing a fellowship in Gastroenterology.

During Karam's rotation with the HonorHealth Four Peaks IM residency, he immediately felt the strong sense of family and support among the residents and faculty. Everyone truly looks out for one another and celebrates each other's success—and that's exactly the kind of environment Dr. Abi Karam was looking for.

Dr. Abi Karam is a lover of long road trips with no GPS, hunting down speakeasies no one will admit exist, and happily losing track of time wandering the isles of Costco (even the seasonal section). Karam loves exploring restaurants! After first moving to Arizona in 2016, Karam knew he wanted to return after medical school.



Zohair Ahmed, DO

Residency: Internal Medicine

Medical School: Kansas City School of Osteopathic Medicine

Dr. Zohair Ahmed grew up in St. Louis, Missouri.

Zohair is passionate about internal medicine because it gives the opportunity to build meaningful, long-term relationships with patients and care for them during critical moments in their lives. Internal medicine offers the opportunity to think critically, manage diverse disease processes, and serve as an advocate for patients. Dr. Ahmed especially drawn to gastroenterology, as the gut plays a pivotal role in our overall health, mood, and well-being. Through internal medicine and a future fellowship in gastroenterology, he hopes to provide empathetic, patient-centered care that improves both quality of life and health outcomes.

HonorHealth Four Peaks was an easy choice for residency because of its strong commitment to resident education and mentorship. The program fosters a welcoming and collaborative environment, led by residents who support one another and contribute to a positive, team-oriented culture. Zohair was especially drawn to the approachability of the attending physicians and their dedication to teaching and guiding residents throughout their training.

When he is not in the hospital or studying Dr. Ahmed can be found at a local coffee shop or new restaurant with his wife. He loves to stay active through basketball, tennis, running, hiking, and lifting weights. Traveling to new places is another way Zohair likes to unwind.

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**Reshma Pinnamaneni, DO****Residency: Internal Medicine****Medical School: Midwestern University – Arizona College of Osteopathic Medicine**

Dr. Pinnamaneni's hometown is the dynamic Toronto, Canada

While it may sound cliché, Reshma loves that IM is truly a jack of all trades. Every day is very different and filled with a lot of learning. She likes thinking on her feet, the team-based approach, and Reshma surely loves talking about sodium. Seriously, there's nothing more rewarding than helping an acutely ill person feel better. Dr. Pinnamaneni loves the fast pace of hospital medicine. Cuddling her cat helps after a long day!

Resh grew up watching House and is truly grateful that there's not nearly as much garbage digging in internal medicine as that show depicts. She came to Arizona for school and loves the people, culture, and amazing weather (aside from July-September).

HonorHealth is a great institution. Honor Health Four Peaks is at that perfect intersection of academic and community medicine. When not at FPMC she can find cooking and enjoy new coffee shops.

**Jacob McGowan, DO****Residency: Internal Medicine****Medical School: Midwestern University – Arizona College of Osteopathic Medicine**

Dr. McGowan grew up in a small but vibrant community in Kearney, Nebraska

Jacob was drawn to Internal medicine because of the complexity and variety of cases in addition to the fast-paced environment of inpatient medicine that he finds engaging and energizing. Each patient presents a unique puzzle, demanding quick thinking and adaptability to provide the best possible outcome. Jacob finds the best way to unwind after a long day in the hospital is to hang out by the pool, needed in AZ.

HonorHealth Four Peaks provides Jacob with the opportunity to continue to grow and learn as a physician in training with the numerous resources and positive culture that it possesses. Dr. McGowan loves new foods, pickleball and hiking.



Nitin Khurana, MD

Residency: Internal Medicine

Medical School: Avalon University School of Medicine

Dr. Khurana grew up in scenic Rancho Cucamonga, CA

Nitin was raised in a multicultural home, which gave him a deep appreciation for diversity and connection early on. His passion for Internal Medicine began when caring for his terminally ill mother—an experience that profoundly shaped who Nitin is today. He will carry her legacy with him as he works towards becoming an excellent internist, driven by compassion, curiosity, and the desire to make a meaningful contribution in patient’s lives. Dr. Khurana loves to travel and explore new cultures. Nitin finds his purpose by helping others inside and outside the hospital.



Mandeep Sablok, MD

Residency: Internal Medicine

Medical School: Avalon University School of Medicine

Dr. Sablok grew up in lush Northern California.

Mandeep fell in love with Internal Medicine because it’s the Beyoncé of specialties! It’s dynamic, versatile, and always the main event. From managing complex patients in the ICU to helping someone optimize their blood pressure in clinic, IM lets Mandeep flex every diagnostic muscle and connect with patients across all walks of life. Once his day is done at the hospital he is probably at yoga! It’s a specialty that doesn’t just challenge him it invites him to be curious, creative, and compassionate every single day. When Dr. Sablok is relaxing you can find him learning about vineyard terroir. He hopes to one day host his own sommelier episode on Bravo. Dr. Sablok has felt at home with this program from the minute he stepped in. HonorHealth is where compassionate medicine meets rigorous training where you’re challenged, supported, and celebrated. It’s the kind of place where the attendings know your name, the learning is high yield and real world, and the community vibes are strong. If you’re looking for a program that brings the heart and the hustle, this is it. Mandeep loves to keep his co-residents laughing.



Dhruvkumar Patel, MD

Residency: Internal Medicine

**Medical School: Surat Municipal Institute of Medical
Education and Research**

Dr. Patel grew up on the banks of the Tapi River, Surat, Gujarat, India.

Dhruv loves Internal Medicine for its intellectual challenge and diversity of cases. Shadowing his father, an internist, during high school taught Dhruv to ask “why” and think critically. Dr. Patel’s internship in India and research experiences deepened his interest, showing him the value of effective communication, evidence-based care, and meaningful patient relationships. It is the field where he can grow the most and make a lasting impact. While medicine is his passion Dhruv enjoys spending his downtime cooking Indian food, playing chess, and PC gaming.