

**How did you hear about us?**

- Social media
- Friend
- Web search
- Hospital
- Physician or medical professional

**Patient Intake Form for Uterine Fibroids:**

**Patient Information**

- Name: \_\_\_\_\_
- Date of Birth: \_\_\_\_\_
- Contact Number: \_\_\_\_\_
- Email: \_\_\_\_\_

**Surgical History**

1. Have you had any previous abdominal or bowel surgeries? (yes/no)  
If yes, please specify procedure name, date, surgeon, and facility performed at:

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**Menstrual Cycle**

1. Age at first menstrual cycle: \_\_\_\_\_
2. Cycle Length (days between cycles): \_\_\_\_\_
3. Do your menstrual cycles occur monthly? (yes/no) If No, please specify:

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4. Do you bleed in between your menstrual cycles? (yes/no)
5. Duration of Menstrual Bleeding (days bleeding): \_\_\_\_\_
6. Are your cycles heavy? (yes/no)  
How often do you change pads/tampons?: \_\_\_\_\_
7. Are your menstrual cycles painful? (yes/no)
8. Have you missed work or school due to your menstrual cycle? (yes/no)

**If your Menstrual Cycles are Heavy, please check all that apply:**

- [ ] Clots in menstrual flow: Do you pass clots larger than a quarter size? (yes/no)
- [ ] Bleeding between periods
- [ ] Anemia symptoms (fatigue, dizziness)

- [ ] Need for blood or iron infusions (please specify): \_\_\_\_\_
- [ ] Other bleeding concerns (please specify): \_\_\_\_\_

**Bulk Symptoms (Please check all that apply)**

- [ ] Abdominal fullness or pressure
- [ ] Difficulty emptying bladder
- [ ] Urinary frequency
- [ ] Constipation/Bloating
- [ ] Pain during intercourse
- [ ] Back pain
- [ ] Other symptoms (please specify): \_\_\_\_\_

**Pregnancy History**

1. Number of pregnancies: \_\_\_\_\_
2. Number of live births: \_\_\_\_\_
3. Number of miscarriages: \_\_\_\_\_
4. Any history of pregnancy complications? (Yes/No) If yes, please specify:  
\_\_\_\_\_
5. Future pregnancy desires: \_\_\_\_\_

**Infertility**

1. History of infertility treatments? (Yes/No) If yes, please specify treatment(s) and number of cycles:
  - Medications: \_\_\_\_\_
  - IVF: \_\_\_\_\_
  - Other: \_\_\_\_\_
2. Cause of Infertility (please specify): \_\_\_\_\_

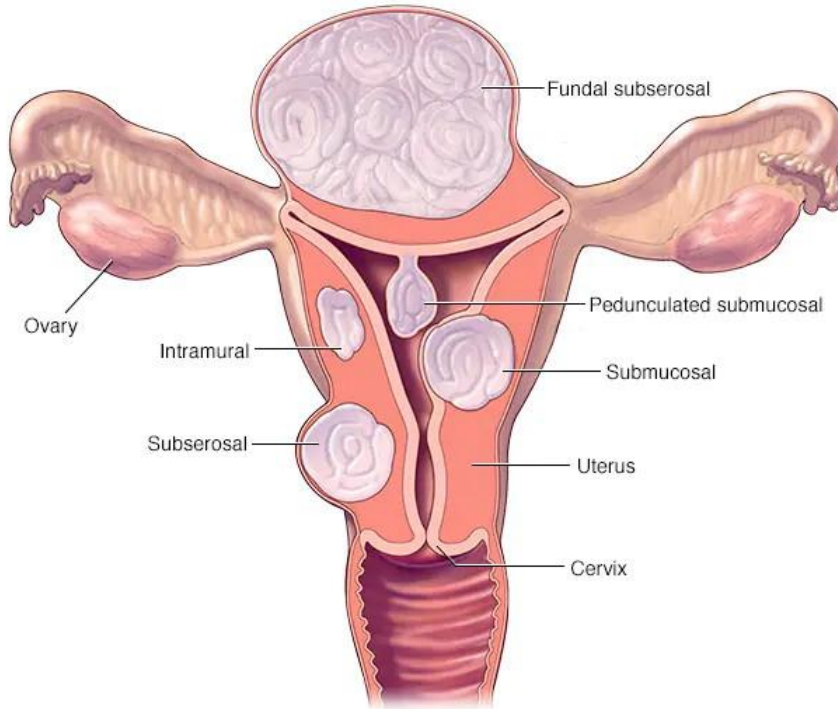
**Imaging Studies**

1. Have you had any imaging done related to uterine fibroids? (e.g., ultrasound, MRI) (yes/no) If yes, please provide details:
  - Type: \_\_\_\_\_
  - Date: \_\_\_\_\_
  - Results: \_\_\_\_\_

**Prior Treatments**

1. Have you received any treatments for uterine fibroids? (yes/no) If yes, please specify:
  - Medications: \_\_\_\_\_
  - Surgical interventions: \_\_\_\_\_
  - Other treatments: \_\_\_\_\_(Pelvic floor physical therapy, Acupuncture, Diets)

**Uterine Diagrams:**



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Additional Comments or Concerns:

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Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*Please complete and bring this with you to your fibroid consultation appointment.*