

HONORHEALTH®

John C. Lincoln Home Health



Helping you heal where you feel most at ease

There's no place like home when it comes to healing. Whether you're recovering after surgery or helping a loved one stay independent, our team is here to help you recover, build confidence and prepare for what's next.

Skilled nursing

- ✓ Physical assessments and education
- ✓ Medication management
- ✓ Intravenous therapy
- ✓ Tube feeding
- ✓ Pain management
- ✓ Wound, ostomy and catheter care
- ✓ Post-surgical support
- ✓ Diabetes management and education
- ✓ Help understanding a new diagnosis or condition

Physical therapy

- ✓ Improve mobility, strength and balance through:
 - Gait training
 - Transfer training
 - Neuromuscular re-education
 - Therapeutic exercise





Occupational therapy

- ✔ Motor skill training
- ✔ Adaptive equipment recommendations
- ✔ Activity training
- ✔ Muscle training and energy conservation

Speech and language therapy (as staffing permits)

- ✔ Alternative communication methods
- ✔ Voice and speech retraining
- ✔ Language restoration

- ✔ Cognitive retraining
- ✔ Oral and facial exercises
- ✔ Swallowing disorder treatment

Medical social services (as staffing permits)

- ✔ Community resource planning
- ✔ Referrals

Home health aides

- ✔ Personal care assistance
- ✔ Bathing
- ✔ Mobility assistance

We're here to help

Whether you're recovering after surgery or helping a loved one stay independent, our team can answer your questions and help you understand your options. Please call **480-882-4222** or visit **HonorHealth.com/homehealth**.