

Welcome from the Chief Residents

Welcome to the HonorHealth Four Peaks Internal Medicine Residency Program!

We are Dr. Mandeep Sablok and Dr. Nitin Khurana, and we are proud to serve as Chief Residents for the 2026-2027 Academic year. This program is especially meaningful to both of us because our journeys here began as medical students. We have grown within this hospital, learned from many of the same educators who now teach our residents, and experienced firsthand the supportive culture that makes this program so special.

Our residency offers the close-knit environment of a community-based program while maintaining the energy and opportunities of an academic institution. Located in Mesa, the hospital serves a diverse patient population and gives residents meaningful, hands-on experience from the beginning. Residents take an active role in patient care, clinical decision-making, procedures, and collaboration with specialists, allowing them to build confidence and independence throughout their training.

Education is central to the resident experience. Our curriculum includes board-focused didactics, morning report, case-based discussions, specialty lectures, and strong peer-to-peer teaching. Our collaboration with Arizona State University further supports opportunities in education, research, innovation, and professional development.

Residents are encouraged to pursue research, present their work, and participate in quality improvement projects. What makes these opportunities especially rewarding is the ability to take an idea, develop it, and see its impact within the hospital. Residents can also join hospital committees, contribute their perspectives, and help create meaningful changes in patient care, education, and hospital operations while still in training.

One of the greatest strengths of our program is its people. Our faculty are passionate educators who genuinely care about resident growth and success. That same support extends throughout the hospital, where nurses, pharmacists, therapists, case managers, coordinators, and staff work closely with residents and truly make them feel like part of a family.

Residency is challenging, but it should also be rewarding, memorable, and fun. Whether your future includes primary care, hospital medicine, fellowship, academics, informatics, research, or leadership, our goal is to help you build the knowledge, confidence, and skills needed to succeed.

We are excited to welcome you to our residency family and look forward to learning, growing, and celebrating alongside you.

Mandeep Sablok, MD

Nitin Khurana, MD

Chief Residents

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