FAMILY MEDICINE RESIDENCY PROGRAM

Residents

1st Year

Class of 2029



Mason Allen, DO

Hometown: Katy, TX
Medical School: Noorda College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
My favorite part of family medicine is the opportunity to build long-lasting relationships with patients and their families. I also enjoy the breadth and diversity of training, which allows me to explore different areas of medicine and discover how I want to practice after residency. Whether your interests are in ambulatory care, lifestyle medicine, procedures, or something else entirely, family medicine offers a place for just about everyone.

Hobbies outside of residency/How do you spend your time away from work?
I'm a big sports fan, especially when it comes to my Houston and BYU teams. I enjoy staying active, whether that means shredding the desert trails on my mountain bike or training for my next triathlon. Most of my free time, though, is spent with my wife trying to keep up with the endless energy of our three boys.

Why HonorHealth?
My family strongly encouraged me to explore residency programs in Arizona. When I had the opportunity to rotate here, I immediately noticed that this program has a truly unique culture of camaraderie—it genuinely feels like everyone is part of a family. The residents, faculty, and staff are incredibly supportive and invested in helping each other learn, grow, and succeed.

Fun Fact about living in Mesa/Arizona:
Arizona offers much more variety in outdoor activities than you might expect! Even during the hot summer months, cooler mountain climates are just a short drive away. And when winter arrives, there are even opportunities to enjoy activities you might not associate with Arizona, including skiing and snowboarding.



Wilson Lewis, DO

Hometown: Mesa, AZ
Medical School: A.T. Still – School of Osteopathic Medicine in Arizona

Passions in Family Medicine – why do you love the specialty?
I chose Family Medicine because I value building long-term relationships with patients and caring for individuals and families through every stage of life.

Hobbies outside of residency/How do you spend your time away from work?
Outside of medicine, I enjoy spending time with family, watching sports, and playing golf. These interests help me maintain balance and stay connected with the people and activities that are most important to me. I am passionate about serving patients, continuing to grow clinically and personally, and becoming a physician who makes a meaningful impact within the community.

Why HonorHealth?
I was especially drawn to HonorHealth Four Peaks because of its supportive culture, strong sense of community, and commitment to developing well-rounded physicians. During the interview process, it was clear that the residents and faculty genuinely support one another, and I appreciated the program's emphasis on both excellent clinical training and resident wellness. I believe the broad clinical exposure and collaborative learning environment will help me grow into a compassionate and capable family physician.

Fun Fact about living in Mesa/Arizona:
Mesa has 98 golf courses within a 15-mile radius of the city. A great place to live for an avid golfer like me.



Jade Maniscalco, DO

Hometown: Gilbert, AZ
Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
I love the wide variety that family medicine offers. I enjoy seeing patients of all ages, with all types of medical concerns. My favorite part of family medicine, however, is continuity of care. I value being able to spend time with and getting to know patients so that I can provide more individualized care to best meet their needs.

Hobbies outside of residency/How do you spend your time away from work?
I spend as much time as possible with my family – my husband, kids and our pets.

Why HonorHealth?
Growing up in Arizona, I had always had good experiences and heard such great things about HonorHealth. My little sister was even born at a HonorHealth hospital. Family is everything to me and I chose the Four Peaks Family Medicine Residency because they share my values, while also providing a supportive environment to learn and grow.

Fun Fact about living in Mesa/Arizona:
There are wild horses at Salt River!



Brandon Meyerhoff, DO

Hometown: Los Angeles, California
Medical School: Burrell College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
Family Medicine allows me to work with patients of all ages and with a variety of health care needs. I get to focus on health and well-being in the lives of my patients and work with them to live well and thrive.

Hobbies outside of residency/How do you spend your time away from work?
I spend time with my amazing family and friends as often as I can. We like to collect and play board games, cook, play sports (especially baseball and pickleball) and enjoy the sunshine out here in AZ.

Why HonorHealth?
The Family Medicine program at HonorHealth Four Peaks was an easy choice for me. They prioritize high-quality training and education in a workplace filled with supportive and friendly people. This program offers excellent work-life balance, which is important for personal wellness, and when we as physicians are healthy, we can pay it forward to our patients.

Fun Fact about living in Mesa/Arizona:
For being so close to a major metropolitan area, there is a pretty spectacular amount of nature all around. Theres's wildlife, hiking, and outdoor activities year-round. All of this with the convenience of the city nearby—but without all the traffic.



Brett Schill, DO

Hometown: Newcastle, UT
Medical School: Rocky Vista University

Passions in Family Medicine – why do you love the specialty?
My path to Family Medicine was driven by a desire to provide comprehensive, longitudinal care that treats the person rather than just the pathology. I am particularly drawn to Family Medicine because of the diagnostic variety and the unique opportunity it offers to build lasting partnerships with patients across all stages of life. Professionally, I am interested in the integration of whole-food nutrition and lifestyle interventions to improve health outcomes. I am passionate about empowering patients through clear communication and clinical frameworks that are both evidence-based and practical for everyday life.

Hobbies outside of residency/How do you spend your time away from work?
Outside of the clinic, I enjoy fitness, exploring the outdoors, fishing, cooking, and hands-on projects like automotive maintenance and home repairs. Most of all, I cherish spending quality time with my wife and our three young children.

Why HonorHealth?
What stood out most about HonorHealth was the welcoming environment and their hardworking and intelligent residents and staff. The Four Peaks Medical Center not only offers a robust clinical

training to make me a well-rounded primary care physician, but also an impressive support system along the path.

Fun Fact about living in Mesa/Arizona:
Love the diverse desert scenery and outdoor access to so many incredible areas.

2nd Year

Class of 2028



Madeline Schmidt, DO

Hometown: Fountain Hills, AZ
Medical School: A.T. Still – Kirksville College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
I love that I can take care of patients from all stages of life and get to be involved in such a wide variety of medicine & procedures! And it's the perfect specialty to focus my passion of lifestyle & preventative medicine for my patients.

Hobbies outside of residency/How do you spend your time away from work?
I enjoy hiking, country line dancing with my husband, finding new places to read a good book, and spin classes!

Why HonorHealth?
The supportive culture of the faculty and residency program will provide me with great training so I can be the doctor my patients need me to be.

Fun Fact about living in Mesa/Arizona:
The Superstition Mountains are just around the corner!



Catalina O'Toole, DO

Hometown: Long Beach, CA
Medical School: Idaho College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
From the miracle of pregnancy and the joy of newborns to the complexities and wisdom of the elderly, family medicine offers a unique opportunity to care for patients across every stage of life. I am deeply passionate about continuity of care and the meaningful relationships built over time with patients and their families. One of the aspects I look forward to most is integrating nutrition, lifestyle medicine, and osteopathic principles to support whole-person health.

Hobbies outside of residency/How do you spend your time away from work?
Scenic walks & hikes, trying local coffee shops & restaurants, going to country concerts, spending quality time with my favorite people

Why HonorHealth?
I love that HonorHealth offers comprehensive, community-based training with a strong osteopathic foundation.

Fun Fact about living in Mesa/Arizona:
Gilbert is home to Agritopia, a one-of-a-kind neighborhood with farm-to-table dining, local shopping, and a small-town feel (right in the middle of the desert)! It's a hidden gem that makes Arizona living feel extra special.



Kyle Schultz, DO

Hometown: Mesa, Arizona
Medical School: A.T. Still – School of Osteopathic Medicine in Arizona

Passions in Family Medicine – why do you love the specialty?
I love family medicine because of the continuity of care it offers, allowing me to build long-term relationships with patients and their families. I enjoy being part of their journey, supporting them through both routine care and challenges. My personality thrives in this specialty, as I enjoy connecting with people at all stages of life and making a meaningful impact on their health and well-being.

Hobbies outside of residency/How do you spend your time away from work?
I have a strong passion for sports, especially baseball. Whether I'm watching, playing, or teaching my son how to hit and throw, it's something I truly love. Go D-backs!

Why HonorHealth?
I chose HonorHealth because of the strong camaraderie among residents and the teaching style of the attendings, which aligns well with my learning preferences. I believe the program's supportive environment will help me grow both personally and professionally.

Fun Fact about living in Mesa/Arizona:
From 2023 to 2024, the Arizona Diamondbacks experienced the largest attendance increase of any MLB team! This is likely due to their World Series appearance in 2023 and their rising young talent. Snakes alive!



Chad Thompson, DO

Hometown: Yucaipa, CA
Medical School: Noorda College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
I love the variety Family Medicine offers—from treating a wide range of conditions to building meaningful relationships with patients. Every visit is a chance to meet someone new and learn something different, which keeps each day exciting and fulfilling.

Hobbies outside of residency/How do you spend your time away from work? I'm passionate about sports and staying active. I grew up playing baseball, basketball, and football, and still enjoy anything competitive. When I'm not moving, I'm spending time with family and friends, reading, or getting into a good TV series.

Why HonorHealth?
During my interview, I immediately felt the family-like atmosphere. That sense of closeness and support was exactly what I was looking for, and it made my decision an easy one.

Fun Fact about living in Mesa/Arizona:
One of the coolest things about living in Arizona—especially in the Mesa area—is how many people come from all over the country. It makes for a really interesting mix of backgrounds and experiences.



Madison Uli, DO

Hometown: Peoria, Arizona
Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
I have always viewed medicine as a tool that we use so our patients have more quality time with their loved ones and their personal passions. Family medicine is the specialty where I can help my patients improve their daily lives and also get to hear about exciting life developments. Whether it be stories of finding a new love for tennis or attending their daughter's first dance recital, I love being a part of my patient's village!

Hobbies outside of residency/How do you spend your time away from work?
I love all things creative, traveling, and spending time with my husband! I love shopping and am often on the hunt for a new designer piece or thrifting fabric to sew something "new to me". My husband and I both enjoy traveling and trying celiac friendly foods across the globe!

Why HonorHealth?
Growing up in Arizona I have been on the patient side of HonorHealth and also rotated with the program during medical school. In both these two very different experiences I always felt comfortable, respected, and happy - which are qualities I looked for in a residency!

Fun Fact about living in Mesa/Arizona:
I plan to be based out of Phoenix for the rest of my life because I absolutely adore our weather, dining scene, shopping, and pace of life here. I think our state has a fantastic emphasis on physical activity from pilates, hiking, or even disc golf there is something here for everyone!

3rd Year

Class of 2027



Hannah Carlson, DO

Hometown: Surprise, AZ
Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
I love the variety in Family Medicine and the opportunity to care for patients at every age and stage of life. No two days are quite the same, and there is always something new to learn. I also really value the role we get to play as educators and advocates for our patients and the opportunity to build relationships with them over time.

Hobbies outside of residency/How do you spend your time away from work?
Outside of residency, I enjoy spending time with my husband and our one-year-old daughter, playing music, volunteering, and working on creative projects. I've loved art and design for as long as I can remember and am usually finding something new to create or a new skill to learn.

Why HonorHealth?
I chose HonorHealth because of the people. I felt welcomed by the residents and faculty from the time I rotated here as a medical student, and that has continued throughout residency. I've also appreciated the opportunities to get involved, pursue new ideas, and make my residency experience my own.

Fun Fact about living in Mesa/Arizona:
One of my favorite things about Arizona is how much there is to do within a short drive. Whether you want a weekend in the mountains, a concert or sporting event, or just somewhere new to eat, there is almost always something to do.



Emily Carver, DO

Hometown: The Woodlands, TX
Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?

I chose FM because I love having relationships with my patients and the a[illegible] areas of medicine including presentative care, managing chronic diseas[illegible] office procedures.



Hobbies outside of residency/How do you spend your time away from work?
Hanging out with my dogs, trying new restaurants, & cooking/baking.

Why HonorHealth?
I chose my program because of the priority placed on clinic and training excellent outpatient primary care physicians because this aligns with my career goals. I also love the class size of 5 residents- it allows me to be close with all of my co-residents! The food is great as well!

Fun Fact about living in Mesa/Arizona: There's such great food and a lot of outdoor activities.

Jeremy Dost, DO

Hometown: Denver, Colorado
Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
What draws me to family medicine is the opportunity to form meaningful, long-term relationships with patients. I appreciate the continuity of care and the privilege of being part of someone's health journey over time. I also enjoy the breadth of the specialty—being a "jack of all trades" allows me to see and treat a wide variety of conditions across all ages and stages of life, which keeps every day interesting and fulfilling.

Hobbies outside of residency/How do you spend your time away from work?
Outside of medicine, I enjoy playing golf, watching my favorite sports teams (go Nuggets and Broncos!), hiking, kayaking, exploring local breweries with friends, and spending quality time with my wife Hailey and our family.

Why HonorHealth?
I chose HonorHealth because the Mesa program stood out for its strong sense of community and supportive culture. The faculty and residents have a close-knit relationship, and the attendings genuinely care—not just about your growth as a physician, but also about you as a person. From the moment I joined, I felt welcomed into an environment that encourages learning, connection, and success.

Fun Fact about living in Mesa/Arizona: One of my favorite local spots is the Salt River—just a 30-minute drive away! It's a great place to unwind by tubing or kayaking with friends, and if you're lucky, you might even spot wild horses along the riverbanks.

Gabrielle Hawes, DO

Hometown: Cornwall, Ontario, Canada
Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
Family Medicine allows me to treat a wide range of conditions across all ages and life stages which keep my work dynamic and intellectually rewarding.



Hobbies outside of residency/How do you spend your time away from work?
I enjoy spending time with my two English bulldogs, Piggy, and Mr. BooBoo, as well as spending time with my new baby. I enjoy hiking, squash and cooking.

Why HonorHealth?
The Family Medicine program at HonorHealth Four Peaks Medical Center is filled with kind and supportive people. The program prioritizes a great work life balance and positive work culture.

Fun Fact about living in Mesa/Arizona: Mesa is one of the few US cities where you can kayak through the desert! The nearby Salt River offers stunning paddling routes with use of wild horses, red rock, formations, and Sonoran Desert landscape.

Joseph Ruiz, DO

Hometown: Phoenix, AZ
Medical School: Midwestern University – Arizona College of Osteopathic Medicine

Passions in Family Medicine – why do you love the specialty?
I love family medicine because it offers the unique opportunity to build lasting relationships through continuity of care, make a meaningful difference in each patient's life, and grow both personally and professionally. It also aligns with my long-term vision of opening my own clinic and launching a non-profit organization to provide medical aid to underserved communities through medical missionary trips.



Hobbies outside of residency/How do you spend your time away from work?
Outside of residency, I enjoy exploring new coffee shops, going on road trips in search of adventure, and spending quality time being the best dad I can be. I also love reading, discovering inspiring new music, and hunting for Funko Pops to grow my collection.

Why HonorHealth?
Choosing HonorHealth was the best decision for me because of its unwavering support, dedication to equipping residents with the medical knowledge and practical skills needed to provide the highest quality care, and the wealth of opportunities it offers for personal and professional growth.

Fun Fact about living in Mesa/Arizona:

A fun fact about living in Arizona is the incredible access to the state’s diverse and unique landscapes—from the iconic saguaro studded Sonoran Desert, to the lush pine forests of Flagstaff, and the breathtaking majesty of the Grand Canyon. In just a few hours' drive, you can experience vastly different climates and scenery, making Arizona a paradise for outdoor lovers and adventure seekers.