Kelly Chavez-Allen PT, CHT, CLT-LANA  
Clinical faculty  
Faculty lecturer

Dr. Chavez-Allen graduated from the University of Arizona with a bachelor’s of science in physiological sciences. She received a doctor of physical therapy degree in 2001 from Northern Arizona University in Flagstaff, AZ. Early in her career Kelly developed a passion for treating upper extremity injuries, leading her to become a certified hand therapist (CHT) in 2007 through the Hand Therapy Certification Commission.

Kelly began working at HonorHealth in 2011 as a hand therapist and a faculty member of the HonorHealth Orthopaedic Residency Program. Kelly is a member of several professional organizations, the American Physical Therapy Association, the Hand Therapy Section, and the American Society of Hand Therapists. Kelly excels at fabricating splints and treating patient with traumatic injuries, chronic pathologies and post-operative patients. Outside of work she enjoys spending time with her husband and daughters.

Jodi Barnum PT, DPT, OCS  
Faculty lecturer

Dr. Barnum is a faculty member of the HonorHealth Orthopaedic Residency Program and a board-certified orthopedic clinical specialist. She obtained a bachelor’s degree in biology at Towson University in Baltimore, MD, and her doctorate in physical therapy at NAU in Flagstaff, AZ. She completed the Shirley Sahrmann long-term course on movement system impairment syndromes and Chris Power’s long-term course on functional biomechanics of the lower quarter.

Jodi also completed a course on instrumented assisted soft tissue mobilization. Her treatment approach utilizes manual therapy and IASTM but relies heavily on diagnosing and correcting movement dysfunctions, postures and lower extremity biomechanics that can contribute to pain and injury. She is also able to provide running and return-to-sport evaluations using a specialized treadmill with pressure plates and high-speed video cameras.

Julia Bucher-Bass PT, DPT, OCS  
Faculty lecturer

Julie earned her doctorate of physical therapy from Northern Arizona University in Flagstaff and then became a board-certified orthopedic clinical specialist (OCS). Her clinical interests include evaluation and treatment of all spinal
disorders. She has done extensive continuing education in manual therapy, including all courses from the North American Institute of Orthopedic Manual Therapy and Maitland Australian Physiotherapy Seminars. Julie has served as an adjunct professor at A.T. Still's University as a resident adviser. She is certified in dry needling and is an ASTYM provider.

**Dianne Carpenter PT, DPT, FAAOMPT**

**Faculty lecturer**

Dr. Carpenter began her educational career in Boston where she graduated with honors from Boston College with a bachelor of arts in communications with a health science concentration. Dianne attended Boston University's Sargent College where she earned her master's of science in physical therapy in 1998. She went on to work for Boston Medical Center while completing her transitional doctor of physical therapy degree from Boston University.

In 2003, Dianne relocated to Arizona where she began her orthopedic and manual therapy training with The Manual Therapy Institute. She completed her COMT and later went on to complete her fellowship training at Scottsdale Healthcare in 2013. Dianne joined HonorHealth in 2015 with an interest in working with students during their clinical rotations and mentoring residents. Her clinical interests are spine and extremity dysfunctions in the orthopedic patient. She's an active member of both the APTA and AAOMPT. She lives in Goodyear, Arizona, with her husband, son and two dogs.

**Joseph R. Cohen, DDS, FACD, FAHS**

**Guest clinician**

**Guest lecturer**

Dr. Cohen is a graduate of the University of Arizona, Tucson, and received his dental training at the University of Tennessee. He received his orofacial pain training at UCLA. He is founder of Southwest Orofacial Pain Group (formerly Southwest Pain Management Associates), an orofacial pain management clinic in Arizona. His practice focuses on orofacial pain management including migraine, tension headaches, atypical tooth pain, trigeminal neuralgia, obstructive sleep apnea and temporomandibular joint disorders.

He is past president and fellow of the American Academy of Orofacial Pain and American Board of Orofacial Pain and is a fellow of the American Headache Society. He is on the part-time faculty at the Arizona School for Dentistry and Oral Health, where he is director of the Orofacial Pain and Dental Sleep Medicine Program. He also teaches part time for UCLA Orofacial and Dental Sleep Medicine Residency. He has also been appointed by the American Dental Association as one of a few site visitors for the Commission on Dental
Accreditation (CODA) to assist in credentialing the two-year CODA-approved programs for orofacial pain and dental sleep medicine. He frequently lectures nationally and internationally.

**Michelle Cornwell PT, MPT**  
**Faculty lecturer**

Michelle graduated from Northern Arizona University in Flagstaff with a bachelor’s of science in exercise science and earned her master’s degree in physical therapy there as well. Her credentials include advanced certification of competency in vestibular rehabilitation.

Michelle’s clinical expertise involves treating patients suffering from neurological and vestibular disorders. Treatment focus includes, but is not limited to, unilateral/bilateral vestibular loss, benign paroxysmal positional vertigo, vestibular migraine, post-concussive syndrome and general imbalance. Michelle enjoys regular exercising, cake decorating and spending time with her husband and two boys.

**Lacey Frankland PT, DPT, OCS, SCS**  
**Faculty lecturer**

Dr. Frankland graduated from Indiana State University with a bachelor’s of science in athletic training. She then obtained her doctorate in physical therapy from Washington University in St. Louis, MO. Lacey began her career in private practice in Phoenix and then joined HonorHealth in 2015. She is a board-certified orthopedic clinical specialist and a board-certified sports clinical specialist. Lacey is certified in dry needling and instrument assisted soft tissue mobilization techniques.

She is a member of the American Physical Therapy Association, Sports Section, and is a certified athletic trainer. She specializes in movement system impairment diagnoses and treatment approach for various orthopedic injuries. Her clinical interests include the knee and shoulder and working with the athletic population. Outside of work, Lacey enjoys hiking, cycling, watching sports, spending time with friends, and trying new restaurants/hikes around the Valley.

**Griffin Lee PT, DPT, OCS, FAAOMPT**  
**Head mentor**  
**Faculty lecturer**

Dr. Lee attended Arizona State University in Tempe, AZ, where he received a bachelor’s of science in kinesiology. He earned his doctor of physical therapy degree from Duke University. He completed the Scottsdale Healthcare
Orthopaedic Residency program and a fellowship program in manual therapy through The Manual Therapy Institute. Griffin is a board-certified clinical specialist. He is an APTA-certified clinical instructor, certified in dry needling, and trained in instrument assisted soft tissue mobilization. Griffin's clinical interests include evaluation and treatment of lumbar and cervical spine disorders, including headaches. He is a member of the APTA, the Orthopaedic Section, and the American Academy of Orthopaedic Manual Physical Therapist.

**Amanda Gallow, PT, DPT, SCS**
**Faculty lecturer**

Dr. Gallow attended the University of Dayton where she received her bachelor’s degree in pre-physical therapy. She earned her doctor of physical therapy degree from The Ohio State University. Amanda went on to the complete the University of Wisconsin Hospital and Clinics’ sports physical therapy residency program. She is a board-certified specialist in sports physical therapy.

Her interests include evaluation and treatment of athletes of any age with a specific interest in treating runners and post-operative ACL reconstructed patients. She is an APTA certified clinical instructor and certified in dry needling of the upper extremity. Amanda is a member of the APTA, the Sports Section and Running SIG.

**Peer Himler PT, DPT, OCS, CSCS, FAAOMPT**
**Faculty lecturer**

Dr. Himler is an HonorHealth staff physical therapist. He earned his bachelor’s degree in exercise physiology at the University of Arizona, Tucson, and his doctorate in physical therapy at Northern Arizona University in Flagstaff. Peer furthered his education with a fellowship in orthopedic manual therapy through evidence in motion and has been trained in manual therapy using the Maitland Principles with a blend Norwegian and Australian mobilization/manipulation techniques.

His treatment approach has a strong foundation in the Maitland test retest method using clinical reasoning and current best evidence practice. He also utilizes PNF and dry needling in his daily practice.

**Jennifer Hinsberger PT, DPT, CSCS, OCS, PMA-CPT**
**Clinical faculty**
**Faculty lecturer**

Jennifer earned her bachelor’s of science degree from University of Arizona, Tucson, in nutritional sciences and exercise physiology, and her master’s of
physical therapy from Wichita State University, Wichita, Kansas. Jennifer has been treating orthopedic and sports injuries since 1996. She is certified as a strength and conditioning specialist through the National Strength and Conditioning Association and is nationally certified in Pilates training through the Pilates Method Alliance. She focuses on movement impairments and postural corrections to improve the economy of motion, reduce pain and improve function.

Jennifer utilizes manual skills to treat joint and soft-tissue restrictions and neuromuscular re-education to improve clients’ coordination and strength. Jennifer values each client and encourages reaching for optimal outcomes. She lectures in the HonorHealth Orthopaedic Residency with special focus on hip pathology, sacroiliac dysfunction and movement impairment syndromes.

Jennifer has been part of the American Physical Therapy Association House of Delegates, representing the physical therapy voice of Arizona with the goal of improving the profession. She also has served on the organization’s House of Delegates. Outside of work, she enjoys cycling, swimming and functional training. She also enjoys travelling for fencing tournaments and mixed martial arts tournaments with her husband and two children.

**Margaret Klausing PT, DPT, MSCI, OCS, CCI**  
Director of Orthopaedic Residency Program at HonorHealth  
Faculty lecturer

Dr. Klausing graduated from Washington University in St. Louis with her doctorate in physical therapy and a master’s in the science of clinical investigation. She completed the Scottsdale Healthcare Orthopedic Residency Program in 2013 and obtained her board certification as an orthopedic specialist in 2014. Maggie is well versed in the movement system impairment approach and utilizes manual interventions as well to facilitate recovery for individuals with various orthopedic conditions.

Maggie is a member of the American Physical Therapy Association and Arizona Physical Therapy Association. She is also an active member of the American Board of Physical Therapy Specialties Academy of Content Experts in the field of orthopaedics. Maggie is director of the Orthopedic Residency Program and serves as center coordinator for clinical education for HonorHealth Outpatient Therapy. In her free time, she enjoys swimming, yoga, going to concerts and spending time with her husband, Jonathan, and their three pets.

**Alyson N. Lowrey, PT, DPT, OCS**  
Clinical faculty  
Faculty lecturer
Dr. Lowrey earned a bachelor of arts in psychology from the University of New Mexico, Albuquerque. She then attended the University of New Mexico School of Medicine, earning her doctor of physical therapy degree. She then completed the HonorHealth Orthopaedic Residency program and became a board-certified orthopedic specialist. She is an APTA certified clinical instructor and is certified in dry needling. Alyson’s clinical interests include evaluation and treatment of lumbar and cervical spine disorders, foot and ankle disorders, and clinical instruction. She is a member of the American Physical Therapy Association and the Orthopedic Section.

**Shannon Richardson, PT, DPT, CSCS, OCS**

**Faculty lecturer**

Dr. Richardson graduated from the University of Nevada, Las Vegas, with a bachelor’s of science in kinesiological sciences and sports and fitness management. After several years working in the corporate fitness world, he earned a doctor of physical therapy degree at Midwestern University in Glendale, AZ. While in graduate school, he earned certification as a strength and conditioning specialist. After graduation, he completed Kaiser Permanente’s orthopaedic residency in Los Angeles, Calif., and then earned board certification as an orthopaedic specialist.

He continues to work in the orthopaedic outpatient setting, treating patients with everything from neck to ankle injuries. He enjoys being active and playing sports, but now spends most of his free time with his wife and their twins.

**Kylie Scott PT, DPT, OCS, CMPT**

**Clinical faculty**

**Faculty lecturer**

Dr. Scott earned a bachelor’s of science in physical education and a doctor of physical therapy from Northern Arizona University in Flagstaff. After working for five years in private practice in the Phoenix area, she joined Scottsdale Healthcare in 2010 with a focus in orthopedics. She is a faculty member of the HonorHealth Orthopedic Residency Program and is a board-certified orthopedic clinical specialist through the American Board of Physical Therapy Specialists.

Kylie has furthered her education by pursuing a manual therapy certification through North American Institute of Manual Therapy and has completed Level 3 certification, working towards full COMT certification. She is a member of the American Physical Therapy Association and Arizona Physical Therapy Association.
Kylie takes a special interest in treating spine patients including lumbar, thoracic and cervical, and is the primary physical therapist at HonorHealth Spine Group Arizona. Outside of work, Kylie enjoys hiking, running and spending time with her husband Robert and their dog, MacDaddy.

Benjamin Stern MS, DPT
Faculty lecturer

Dr. Stern earned his master’s in exercise physiology from Western Washington University in Bellingham, Wash., and his doctorate in physical therapy from Duke University in Durham, N.C. In addition to helping coach a local high school soccer team, working with local golfers, performing research and occasionally writing articles for ESPN Rise, Ben takes special interest in active individuals of all levels.

He has published articles in multiple journals and books, including “Orthopedic Physical Examination Tests: An Evidence-Based Approach,” the British Journal of Sports Medicine and JAMA. Ben has written multiple grant proposals, and his research has been funded by the National Institutes of Health. He has also been awarded a patent. His area of research interests include diagnostic accuracy and outcomes research.

Cindy Wissink-Ghost PT, MPT
Faculty lecturer

Cindy obtained her bachelor’s degree in special education and rehabilitation from the University of Arizona in Tucson and her master’s in physical therapy from the University of Southern California in Los Angeles. She has worked for HonorHealth Outpatient Therapy Services for more than 20 years. Cindy has furthered her education with continuing education in the area of manual therapy and is completing her training to obtain her fellowship in manual therapy through The Manual Therapy Institute.

She has worked full time in the outpatient orthopedic setting for most of her career. She has served as a clinical instructor for therapy students of all levels and was a lab instructor in the A.T. Stills physical therapy program early in her career.

Derrick Sueki, PT, PhD, DPT, GCPT

Dr. Sueki earned his doctorate in physical therapy from the University of Southern California. He completed the Post Graduate Certificate Program in physical therapy at the University of South Australia with a special emphasis in manipulative therapy and pain mechanisms. In 2016, he successfully defended
his Ph.D. dissertation studying associative learning and the role of memory, trauma and injury on pain, cardiovagal and motor responses.

Derrick is an assistant professor in the department of physical therapy at Azusa Pacific University in southern California and a faculty member in the department of physical therapy at Mount Saint Mary’s University. Dr. Sueki is a chief author and editor of two orthopedic textbooks and has authored numerous works in texts and peer-reviewed journals. He serves as chair for the Orthopedic Specialty Council and serves on the California State Physical Therapy Association’s Research Council. Since 2001, he has been a primary therapist for the Association of Volleyball Professionals and current serves as its southern California medical coordinator.

He is a board-certified clinical specialist in orthopedic physical therapy and a fellow of the American Academy of Orthopedic Manual Physical Therapists. He has spoken at the national, state and regional levels about the science and management of pain, as well as the mechanisms underlying manual therapy.