

# STROKE

## BY THE NUMBERS



Every four minutes someone dies from stroke, the **fifth leading cause of death** in the U.S.



EACH YEAR NEARLY  
**800,000**  
people experience a new or recurrent stroke.

Stroke is the **leading cause of adult disability** in the U.S.

A stroke happens every **40 seconds**.

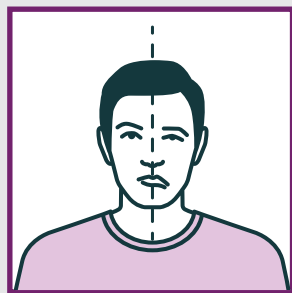


Up to **80 percent** of strokes can be prevented.

Source: Stroke.org. (National Stroke Association)

Use **F-A-S-T** to identify stroke symptoms.

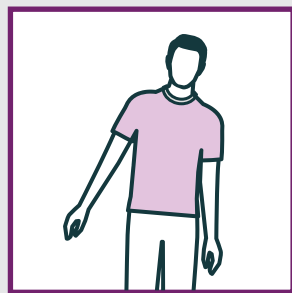
**F**



### FACE

Does your face droop on one side or is it numb? Is your smile uneven? Can you smile and show all your teeth?

**A**



### ARM

Is an arm numb? Are the arms equally strong? Can you raise both arms and hold them up? Are they at equal height?

**S**



### SPEECH

Is it slurred or garbled? Can you speak in normal sentences? Say a simple sentence and see if you understand.

**T**



### TIME

Don't waste it! If you or someone you love has any symptoms of stroke, **call 911** immediately!

### Other stroke symptoms:

- Numbness or weakness of the face, arm or leg.
- Difficulty speaking or understanding; sluggish speech.
- Blurred vision or trouble seeing in one or both eyes.
- Unexplained dizziness, confusion or loss of balance or coordination.
- Sudden or severe headache with no known cause.

**HONORHEALTH**

HonorHealth.com

HonorHealth has three award-winning Primary Stroke Centers. Primary Stroke Centers have earned certifications that demonstrate a commitment to excellence in providing care that can significantly improve outcomes for stroke patients.

Scottsdale Osborn Medical Center | John C. Lincoln Medical Center | Deer Valley Medical Center

Learn more at [honorhealth.com/stroke](http://honorhealth.com/stroke).

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