



### NAIL SERVICES

- Spa Manicure - \$25
- Gel Manicure - \$35
- Gel Manicure Removal - \$5
- Healthy Dip - \$45 (Powder Dip Gel Manicure)
- File, Buff and Polish, Hands or Feet - \$15
- Nail Full Set (Acrylic, Silk, Gel) - \$55
- Nail Fills - \$30
- Repairs - \$5
- Nail Art - \$5
- Acrylic Removal - \$25



- Deluxe Pedicure with Warm Stone Massage - \$60
- Spa Pedicure - \$55
- Express Pedicure - \$35
- Paraffin Hand or Foot Treatment - \$10

### WAXING SERVICES

- Lip, Brow, or Chin - \$15
- Lip and Brow - \$25
- Lip, Brow and Chin - \$40
- Full Face - \$45
- Lash or Brow Tint - \$15



- Full Leg - \$60
- Half Leg - \$45
- Full Leg & Bikini - \$75
- Bikini - \$30
- Brazilian Bikini - \$55
- Full Arm - \$30
- Half Arm - \$20
- Underarm - \$20
- Buttock, Back, or Chest - \$45
- Ear or Nose wax - \$10

Please ask about any other waxing areas of your needs

### EYELASHES

- Lash Extensions Full Set - \$140
- Lash Extensions Half Set - \$75
- 2 Week Lash Fill - \$50
- 3 Week Lash Fill - \$75
- Latisse Lash Growth Formula - \$175
- Lash Removal - \$45
- Lash Lift - \$50
- Lash Tint - \$15

### WELLNESS AND FITNESS

- One Day Pass - \$5
- Full Body Composition - \$5
- Monthly Membership - \$20

### ESSENTIAL TOUCH PACKAGES

The Pregnancy Touch ..... \$180  
Prenatal Massage, Express Facial and Spa Pedicure

Build Your Own ..... \$15 Off  
Choose 3 one-hour treatments and receive \$15 off your total bill

The Perfect Touch ..... \$215  
Essential Touch Massage, Essential Touch Facial, Spa Manicure and Spa Pedicure

The Ultimate Touch ..... \$295  
Jojoba Body Polish, Warm Stone Massage, Essential Touch Facial and Spa Manicure and Pedicure

\* Ask us about our Seasonal Monthly Specials.

### WELCOME TO HONORHEALTH, YOUR PARTNER IN CARE

HonorHealth was formed by a merger between Scottsdale Healthcare and John C. Lincoln Health Network. HonorHealth's mission is to improve the health and well-being of those we serve. The healthcare system encompasses:

#### Five acute-care hospitals:

- HonorHealth Deer Valley Medical Center.
- HonorHealth John C. Lincoln Medical Center.
- HonorHealth Scottsdale Osborn Medical Center.
- HonorHealth Scottsdale Shea Medical Center.
- HonorHealth Scottsdale Thompson Peak Medical Center.

#### Specialized patient care:

- Breast Health and Research Center.
- Greenbaum Specialty Surgical Hospital.
- Heart and Vascular Institute.
- HonorHealth Virginia G. Piper Cancer Care Network, Medical Group.
- Piper Surgery Center.
- Rehabilitation Hospital.
- Research Institute.
- Sonoran Health and Emergency Center.
- Virginia G. Piper Cancer Center.
- Virginia G. Piper Pediatric Center of Excellence - Children's Emergency Center.
- Extensive specialty care physician practices, outpatient treatment and surgery centers, medical imaging and much more.

#### Foundation and community services:

- Adult Day Healthcare.
- Desert Mission Food Bank.
- HonorHealth Foundation.
- Lincoln Learning Center.
- Neighborhood Renewal Center.
- Neighborhood Outreach Access to Health.

Together, we can make quality care more personal and accessible. Learn more at HonorHealth.com.



# HonorWellness

### ESSENTIAL TOUCH

### Wellness Center and Boutique

HONORHEALTH®

HONORHEALTH®



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Whether you're experiencing the stress of an illness or injury or seeking a respite from your day-to-day pressures, HonorHealth's Essential Touch Wellness Center offers a calm place to refresh and restore yourself.

You can enjoy a range of healing therapies – from massages and pedicures to facials and body wraps, among other services – to give you a sense of serenity and rejuvenation. HonorHealth offers these services both to patients as in-room treatments and in our wellness center.

Our Boutique offers a variety of quality health and medical products. Specialty items for pregnant women and new mothers include breast pumps, pump rental and supplies, nursing bras, as well as infant necessities.

**All proceeds go to support Women's & Children's Services. No gratuity is accepted.**

## MASSAGE

Essential Touch Therapeutic Massage  
Light to medium pressure

30 minutes - \$55  
60 minutes - \$80  
75 minutes - \$90  
90 minutes - \$100

(Series available)

Chair Massage  
\$1 per minute (Maximum 20 minutes)  
Reflexology (30 minutes) - \$55  
Parent Infant Massage Instruction - \$60

## SPECIALTY MESSAGES (60 minutes)

Hot Stone Massage - \$100  
Pre/Post Natal - \$85  
Deep Tissue - \$90  
Lymphatic Drainage - \$80  
Fascia Toning (75 min) - \$100  
Fascia Toning Add-On - \$15  
(1-2 areas only)  
Cupping Add-On - \$15



## FACIALS

Essential Touch Signature Facial (60 minutes) - \$80  
Essential Express Facial (30 minutes) - \$55  
Deep Pore Treatment Facial (60 minutes) - \$85  
Back Refresher Facial - \$80

## ANTI-AGING & SPECIALTY FACIALS (60 minutes) \$100

Caviar & Pearl, Youth Timeless  
Luma Firm Lighten, Brighten, & Tighten  
Vita C Quench Oxygenating  
Anti Free Radical Moisturizing  
Rosacea Relief  
Make-Up Application - \$50



## BODY TREATMENT THERAPIES

Seasonal Body Wrap (60 minutes) - \$90  
Jojoba Body Polish (30 minutes) - \$65



## AIRBRUSH TANNING

Single session - \$25  
Series of five - \$100  
Upper or lower body only - \$12

## PHYSICIANS CHOICE PEELS (30 minutes) \$100

Acne Corrective  
Pigment Control  
Smoothing Anti Aging  
(Series Available)

## MICRODERMABRASION (30 - 45 minutes)

Face - \$95  
Face & Neck - \$105  
Face, Neck & Décolleté - \$130  
Microderm add on to Peel or Facial - \$40  
(Series Available)  
Dermaplane - \$65  
Dermaplane add-on to peel or facial - \$40

## ESSENTIAL TOUCH WELLNESS CENTER FEATURING ANTI-AGING MENU

Botox Rejuvenation	.....	\$10 per unit
Juvederm XC Plus Rejuvenation	.....	\$525 first syringe \$950 for 2
Voluma	.....	\$750 first syringe \$1400 for 2
Volbella	.....	\$350 first syringe \$625 for 2
Vollure	.....	\$625 first syringe \$1200 for 2
PCA Skin Care		
Physicians Choice Corrective Peels	.....	\$100

*HonorHealth Employees, Volunteers and Physicians receive 10% off all services*

Please call **480-323-3655** or visit [HonorHealth.com/spa](http://HonorHealth.com/spa) to book your appointment.  
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