



HonorWellness

ESSENTIAL TOUCH

Wellness Center and Boutique

HONORHEALTH™



OUR ESSENTIAL TOUCH PACKAGES

If you're looking for a well-rounded pampering experience, Essential Touch Wellness Center offers packages that incorporate specific therapies that complement one another.

While you enjoy your Essential Touch package, you'll also have unlimited use of our fitness center, an assigned locker, a robe and sandals to wear and complimentary fruit and beverages.

Our packages include:

Build Your Own

Choose three one-hour treatments and receive \$15 off your total package.

The Pregnancy Touch

Prenatal Massage
Express Facial
Spa Pedicure

The Perfect Touch

Essential Touch Massage
Essential Touch Facial
Spa Manicure Spa Pedicure

The Ultimate Touch

Jojoba Body Polish
Warm Stone Massage
Essential Touch Facial
Spa Manicure & Spa Pedicure Treatment

Seasonal and Special Occasion Packages
Please call for the latest specials.

Learn more about Essential Touch packages by calling 480-323-3655.



ESSENTIAL FACE

- **Essential Touch Facial (30/60 minutes):** This revitalizing, deep pore cleansing facial will be personalized to meet your skin's specific requirements. Leaving your skin smooth and replenished, this treatment rehydrates the skin by using natural plant extracts and essential oils, bringing balance to the skin. This facial can be customized for men or teens.
- **Essential Radiance Caviar & Pearl Timeless Facial (60 minutes):** This opulent anti-aging treatment lavishes your skin with pure caviar extract, pearl extract and a revolutionary blend of phyto extracts called Escutox. Improving wrinkles, elasticity and texture, this luxurious mask increases skin oxygenation and suppleness while reducing signs of aging. Hard lift-off mask for ultimate rejuvenation.
- **Relief (RS2 Facial Treatment): Single or series of six (60 minutes):** This unique facial treatment uses ingredients that provide healing, soothing and decongesting effects for all skin types with such problems as dilated capillaries, acne and rosacea. The treatment is rich in green tea and licorice to give the skin an immediate feeling of relief, comfort and coolness. This facial will deliver visible results to control blotchiness and reduce skin irritation.
- **Deep Pore Cleansing Treatment: Single or series of six (60 minutes):** Designed especially for clogged, congested and acneic skin. A unique combination of enzymes and steam help to exfoliate and remove dull surface skin cells. A complete line with botanicals, glycolic and salicylic acids helps reduce future breakouts, control oil production and heal the skin. Recommended for adult and teen acne-prone skin.
- **Essential Youth (90 minutes):** Service Includes Pevonia Anti-Free Radical Facial. This deluxe anti-aging facial is especially designed for mature skin. The treatment utilizes heat-specific properties to promote rapid absorption of active ingredients. A gentle exfoliation will smooth and refine the skin's texture.
- **Essential Express (25 minutes):** This is a wonderful introduction to professional skin care and its many benefits. You'll leave feeling clean and refreshed.
- **Vita C Quench Oxygenating Facial (60 minutes):** A radiant facial that incorporates the potency of Vitamin C (25 percent) and pure seaweed to refine, reduce fine lines and counteract aging. Created to accelerate cellular renewal, your skin will be brighter, firmer and reveal its true youthful brilliance.



- **Luma Firm Lighten, Brighten, Tighten Facial (60 minutes):** Formulated with the latest freeze-dried technology, this treatment delivers a combination of skin-repairing, firming and brightening agents for immediate absorbency within the skin. The skin emerges plump, tight and smooth.

ESSENTIAL ENHANCERS (ADD TO ANY ESSENTIAL FACE TREATMENT):

- **Lacto Skin Renewal Peel:** The 30 percent Lactic Acid Peel leaves the skin with a smoother texture, minimized wrinkles and age spots. Skin emerges hydrated with a radiant, healthy glow. Recommended for all skin types including acne-sensitive and skin with slightly sensitive tendencies.
- **Microdermabrasion:** This resurfacing treatment smoothes fine lines and wrinkles, lightens epidermal hyper-pigmentation and clarifies acne-prone skin.
- **Micro Retinol Peel:** Featuring an unsurpassed formula, this high-performance treatment combines a deep-cleansing, potent yet gentle peel and Micro-Retinol™ treatment to recapture smoother, denser and younger-looking skin instantly.
- **Physician's Choice Peels (30 minutes):**
 - Acne corrective
 - Pigment control
 - Smoothing anti aging
(Series available)
- **Makeup application:** Let us help you get ready for a party or special event. Our aestheticians offer makeup application using Bare Escentual products. Light, medium or evening application is available. Color matching services are available for new clients; scheduled appointments are preferred.

Please ask about waxing.

Anti-Aging

- Latisse Lash Growth Formula, \$175 (5ml kit).
- Botox, \$10 per unit.
- Juvederm Ultra Plus XC, \$525 per syringe, \$950 for 2.
- Juvederm Voluma XC, \$750 per syringe, \$650 for 2nd syringe.

Call 480-323-3655 to schedule your appointment.



ESSENTIAL MASSAGE

- **Essential Touch Massage (60 or 90 minutes):** This light- to medium-pressure massage uses traditional movements to promote relaxation and reduce stress. Aromatherapy oils may be used to provide additional therapeutic benefits. The ultimate in relaxation.
- **Deep tissue (60 minutes):** Therapeutic treatment designed to address deep muscles and tissue structures. This treatment works on specific muscle tissues and is more detailed.
- **Reflexology (30 minutes):** The reflex zones of the feet affect the levels of stress, wellness and energy in the body. This treatment has been designed to relax the entire body, relieve tension and reduce fatigue.
- **Warm stone (60 minutes):** This ancient healing therapy has been revered for its healing energies. Through the use of gentle pressure with smooth, warm stones, your body is relaxed and rejuvenated. This therapy is a great stress reliever.
- **Essential Express (30 minutes):** Short on time, but need to regroup and relax? Essential Express massage is for the person on the go who needs to relax and rejuvenate. This light to medium massage will revitalize your spirit and renew your soul.
- **Chair massage:** A quick and easy way to de-stress, this is a great way to get an efficient massage during a lunch hour or over a break.
- **Lymphatic drainage (60 minutes):** This advanced massage technique moves the skin over the underlying tissues using repetitive and circular movements. The therapist uses the lymph system itself to cleanse the body, reduce any swelling and strengthen the immune system.
- **Prenatal/postpartum maternity massage (60 minutes):** Designed to provide relief for the mother and mother-to-be, it improves circulation, provides pain relief, increases blood flow and reduces stress. Special bolsters provide a relaxed and comfortable experience.
- **Infant massage (60 minutes):** Both moms and dads are invited to experience a one-on-one, interactive session to help you learn the proper techniques of baby massage. Pamper your baby and discover the benefits. Reduce stress, relieve colic symptoms, improve bonding and increase circulation.



ESSENTIAL BODY THERAPIES

- **Jojoba Body Polish (30 minutes):** A gentle body exfoliation treatment designed to help remove accumulations of dull surface skin cells and improve circulation while leaving the skin soft and revitalized. A great add-on to any massage.
- **Seaweed Body Mask & Vichy Shower (60 minutes):** A true gift from the sea all the way from France. Experience a true European Spa treatment that is detoxifying, firming and relaxing. Rich in minerals, vitamins and enzymes with a light scent of sandalwood. Recommended for all skin types, except very sensitive.
- **Aromatic Moor Body Wrap & Vichy Shower (60 minutes):** A rejuvenating body treatment that starts with an exfoliation and is followed with a luxurious application of aromatic organic black mud rich in vitamins and minerals. Encourages the release of toxins and soothes tired and fatigued muscles. Aromatic essential oils and vitamins leave your skin supple and smooth.
- **Seasonal body wrap & scrub (60 minutes):** Drenched with papaya and pineapple, this tropical wrap is also enriched with crème fraîche natural butter, calcium, a high content of Vitamin A, pomegranate extract, and other anti-aging ingredients such as collagen polypeptides (smoothing) and elastin polypeptides (firming). The luscious crème fraîche formula is applied all over your body for a glorious sensory escape. As you're enveloped by the scent of vanilla and enticing tropical fruits, your skin is deeply nourished and rejuvenated, revealing an astonishing decrease in body crepiness and wrinkles.
- **Airbrush tanning:** Offered as single session or series of five. Keep your skin safe from the sun's harmful rays.
- **Back refresher:** A full facial for the back includes cleansing, exfoliation, extractions, nutrient applications and moisturizing.

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ESSENTIAL HANDS & FEET

- **Spa manicure (30 minutes):** Our manicure energizes and lifts the spirits. With a blend of Vitamins E and C and aloe vera, our manicure provides you with important anti-aging and moisturizing nutrients.
- **Spa pedicure (60 minutes):** Our pedicure contains a variety of relaxing natural elements from the ocean. Quartz crystals, natural beach sand, kelp and mineral salts do more than just exfoliate, nourish and smooth the feet – they leave the spirit radiant and glowing.
- **Deluxe pedicure (75 minutes):** This not only exfoliates and smooths your feet, it also moisturizes and relaxes them. The treatment starts with a paraffin hand treatment while you receive a pedicure. A hand massage follows as you receive a paraffin treatment on your feet. Warm stones and oil are used to massage lower legs and feet. The last step is a polish of your selection.
- **Nail art (15 minutes):** Free hand design, decals, bling.
- **Paraffin hand & foot treatment (15 minutes):** This highly moisturizing treatment relaxes and rehydrates the hands and feet with a warm wax masque. It leaves your hands and feet feeling soft and revitalized.
- **Acrylic nail, gel manicure (45 minutes):** An excellent alternative if you're looking for a durable and long-lasting nail treatment. Our experienced nail technicians offer a wide range of nail care services from creative nail art designs on acrylic to full manicure and pedicure spa. We use high-quality OPI nail polish and other well-known products to meet your needs.

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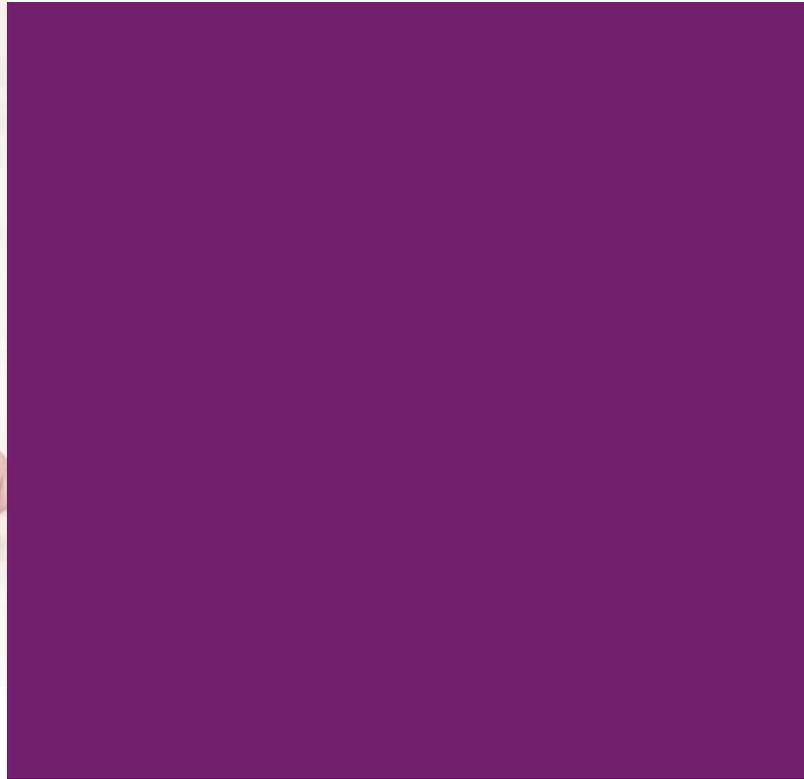


ESSENTIAL WAXING

Essential Touch has a secret. We offer personal waxing service in a quiet, comfortable and totally confidential environment.

- Brow.
- Lip.
- Chin.
- Brow shaping.
- Brow/lip/chin.
- Bikini.
- Underarm.
- Half arm.
- Full arm
- Full leg & bikini.
- Half leg.
- Full leg.
- Back.
- Chest.
- Brazilian bikini.

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ESSENTIAL MOM-TO-BE

- **Prenatal/postpartum massage (60 minutes):** Designed to provide relief for the mother and mother-to-be. Improves circulation, provides pain relief, increases blood flow and reduces stress. Special bolsters are used for a relaxed and comfortable experience.
- **Infant Massage (60 minutes):** Moms and dads are invited to experience a one-on-one, interactive session on the proper techniques of baby massage. Pamper your baby and discover the benefits. Reduce stress, relieve colic symptoms, improve bonding and increase circulation.
- **The Pregnancy Touch Package:**
 - Prenatal massage.
 - Express facial.
 - Spa pedicure.

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