

Worksheet: Choosing the Right Health Insurance Plan

Are you already seeing HonorHealth doctors or specialists? Or have you identified HonorHealth doctors and specialists you'd like to see? Write their contact information here:

Doctor Name	Office Address	Office Phone

What benefits are important you?

What prescription medications do you take that must be paid for or covered by your health insurance?

Brand Name	Generic Name	Dosage

How much money can you afford to spend out-of-pocket each year?

Do you have children younger than age 26 who need to be covered?

Dependent Name	Date of Birth

Next Steps

Now, it's time to do your research

Take a look at the health insurance plans that are available to you and give yourself enough time to prepare before the next open enrollment period. For many plans, open enrollment is in the fall.

- If you are employed, your employer may offer several levels of insurance coverage. Study them all for the best fit for you and your family.
- If you are on Medicare, you will be choosing between Medicare supplement plans and Medicare Advantage plans. Many options are available.
- If you are purchasing insurance through the Affordable Care Act, you will be choosing from a wide array of plans.

Carefully review each insurance company's summary of benefits. Take a look at a number of plans before you make your decision.

Use the Internet to review health insurance plans, state-sponsored public marketplace/exchanges and brokers. Make a list to compare benefits, providers and out-of-pocket costs among insurance plans to find the one that is right for you.

For more information on the plans that HonorHealth accepts, [click here](#).